

DR. SARMISHTHA CHAKRABARTI

Consultant - Psychiatrist

Qualification

MBBS | DPM | MRCPsych(U.KFRCPsych (U.K)

Overview

Dr. Sarmishtha Chakrabarti is a distinguished Consultant Psychiatrist with nearly three decades of experience in the field of mental health. Based in Kolkata, she has earned a reputation for her expertise in general psychiatry, child and adolescent psychiatry, women's mental health, and addiction psychiatry. Her clinical practice is guided by evidence-based treatment, compassionate patient care, and a holistic understanding of mental well-being. Over the years, she has treated a wide range of conditions, including depression, anxiety, bipolar disorder, substance abuse, and trauma-related disorders. She is the best psychiatrist in Kolkata. Dr. Chakrabarti's educational background is both impressive and international. She completed her MBBS from the University of Calcutta in 1996, followed by a Diploma in Psychological Medicine (DPM) from the Royal College of Surgeons and Physicians of Ireland in 2003. She was awarded the MRCPsych by the Royal College of Psychiatrists, London, in 2005 and later received her Fellowship (FRCPsych) from the same institution in 2019. She is also a Fellow of the American Psychiatric Association, an acknowledgement of her significant contributions to psychiatry on a global scale. Fluent in

English, Bengali, and Hindi, Dr. Chakrabarti connects well with patients across diverse backgrounds. She is actively involved in public education and has been featured in health media, such as her recent article in Prabhat Khabar highlighting the link between stress and chronic illness. As a member of the Royal College of Psychiatrists, she regularly participates in national and international conferences and training programs. Dr. Chakrabarti continues to set high standards in psychiatric care, blending scientific insight with empathetic communication, and is widely respected among her peers and patients for her integrity, professionalism, and dedication to mental health advocacy.

Fellowship & Membership

- Child and Adolescent Psychiatry
- Women mental health and addiction psychiatry

Field of Expertise

- English
- Bengali
- Hindi

Talks & Publications

- Dr. Sarmistha Chakraborty in a exclusive story on Stress can be the cause of major illness in Prabhat Khabhar.Click Here