

DR. MOHAMMED ZAIDH A

Consultant - Accident & Emergency Care

Qualification

MBBS | MEM

Overview

Dr. Mohammed Zaidh A is a highly accomplished Consultant - Emergency Medicine currently practising at Manipal Hospital Salem. With over 11 years of clinical experience across leading tertiary-care hospitals and intensive care units in India, he is recognised for his expertise in managing critically ill patients, trauma resuscitation, emergency procedures, and critical care. He holds an MBBS and a Master's in Emergency Medicine (MEM) from George Washington University, USA, and is certified in Advanced Trauma Life Support (ATLS) by the American College of Surgeons, while also serving as a BLS and ACLS Instructor accredited by the American Heart Association. His extensive training and internationally recognised certifications have established him as a trusted emergency physician with a strong focus on evidence-based, patient-centred emergency care. Throughout his career, Dr. Zaidh has managed a broad spectrum of medical and surgical emergencies, including polytrauma, stroke, STEMI, sepsis, toxicology cases, respiratory emergencies, and critically ill ICU patients. He possesses advanced expertise in difficult airway management, point-of-care ultrasound (POCUS), mechanical

ventilation, haemodynamic monitoring, and emergency procedures such as endotracheal intubation, central venous access, bronchoscopy, pleural drainage, chest drain insertion, lumbar puncture, and ultrasound-guided vascular interventions. During his residency at Aster Medcity, Kochi, he performed more than 500 advanced airway interventions and played a key role in critical care management and multidisciplinary emergency response. He has also successfully established an emergency department from the ground up by designing workflows, implementing treatment protocols, and training healthcare teams. Beyond his clinical practice, Dr. Zaidh is deeply committed to advancing emergency medicine through education, research, and leadership. As the Executive Founder of the Salem Emergency Physician Association (SEPA), he actively organises continuing medical education (CME) programmes, ultrasound workshops, medico-legal conferences, and public Basic Life Support awareness initiatives to strengthen emergency care delivery in the region. He has served as faculty and speaker at several national and regional academic forums and has contributed to research on the safety of intravenous thrombolysis in acute ischaemic stroke patients receiving antiplatelet therapy. With a strong emphasis on protocol-driven care, continuous learning, and capacity building, Dr. Zaidh remains dedicated to improving emergency medical services while mentoring the next generation of emergency physicians.

Field of Expertise

- Trauma & Acute Care
- Emergency Medicine
- Critical Care Management
- Resuscitation & Advanced Life Support
- Airway Management
- Point-of-care Ultrasound (POCUS)
- Acute Cardiovascular Emergencies

- Clinical Toxicology & Envenomation
- Emergency Medical Education & Training

Languages Spoken

- English
- Tamil
- Hindi
- Malayalam

Awards & Achievements

- Leadership and Communication Workshop – Aster MIMS, Calicut (Dec 2023).
- Executive Founder, Salem Emergency Physician Association (SEPA) – driving EM education and community engagement across Salem and Tamil Nadu.
- Organizer, SONO ED 25 – Hands-on Ultrasound Workshop (SEPA at VIMS, Salem, Sept 2025).
- Organiser, JURICON-ED 26 – CME on Medico-Legal Considerations in Emergency Medicine (SEPA & Shanmuga Hospitals, Jan 2026).
- Set up a full Emergency Department from scratch at MBMM Hospital, Kothamangalam (2023).

Talks & Publications

- "Safety of Intravenous Thrombolysis for Acute Ischemic Stroke in Patients Receiving Antiplatelets at Stroke Onset"
- Acute Management of Trauma in Emergency Conditions – KMCH Hospital, Coimbatore (March 2023)

- Tox Shox 2023 – Toxicology Workshop, PS Mission Hospital / Aster Medcity, Kochi
- Faculty & Speaker, CME on Fundamentals of Emergency Medicine and Critical Care (Kauvery Hospital, Salem, May 2025).
- SKS Vascular Update – SKS Hospital (Feb 2025)
- JEEVAN Thanjavur Conference (Aug 2025)
- Speaker, Public BLS Awareness Program (IMA, Kallakuruchi, Jan 2026).