

**DR. MERWIN SAMUEL A**

Consultant - Rheumatology

**Qualification**

MBBS | MD | DM (Clinical Immunology & Rheumatology)

## Overview

Dr. Merwin Samuel A is an experienced rheumatologist in Salem. He is currently practising as a Consultant – Rheumatology at Manipal Hospital Salem. Dr. Samuel is a dedicated and highly skilled physician with a strong focus on autoimmune and inflammatory conditions, delivering personalised care that integrates the latest advancements in clinical immunology and rheumatology. Dr. Merwin Samuel A journey in medicine began with an MBBS degree from Christian Medical College, Vellore, where he demonstrated outstanding clinical aptitude, winning the P Kutumbiah Prize in Clinical Medicine in 2014. Following this, he pursued a postgraduate degree in General Medicine (MD) at the renowned Government Stanley Medical College, Chennai, where he honed his skills in managing complex medical cases. His commitment to advancing his expertise led him to a superspecialisation in Clinical Immunology and Rheumatology (DM) at Madras Medical College, Chennai, equipping him with advanced knowledge and techniques to diagnose and manage intricate autoimmune and rheumatological disorders. He has served as a Duty Medical Officer, providing frontline patient care and managing a broad spectrum of medical conditions.

Later, as a Senior Resident in General Medicine, he refined his skills in handling complex internal medicine cases, which laid a strong foundation for his transition into rheumatology. He also contributed to medical education as an Assistant Professor of General Medicine, and subsequently as an Assistant Professor of Rheumatology, mentoring students and trainees while simultaneously conducting research. These roles allowed him to develop a holistic understanding of patient care that bridges both clinical expertise and academic insight. Dr. Merwin Samuel A specialises in the diagnosis and management of autoimmune disorders, inflammatory conditions, and connective tissue diseases, including rheumatoid arthritis, systemic lupus erythematosus, vasculitis, and scleroderma. He is particularly adept at tailoring treatment plans to individual patient needs, using both conventional and cutting-edge therapies. His approach combines meticulous clinical evaluation, evidence-based decision-making, and compassionate patient engagement, ensuring that every treatment plan is personalised and comprehensive. In addition to his clinical practice, Dr. Merwin Samuel A  is actively involved in research and academic pursuits. He has presented papers and posters at national and international conferences and has published in respected journals, reflecting his commitment to advancing medical knowledge in rheumatology and immunology. His achievements, including top prizes in prestigious quizzes such as the Dr. Yellapragada Subbarao Memorial International Quiz and SZIRACON Quiz, further underscore his dedication to continual learning and excellence in the field.

### Field of Expertise

- Rheumatoid Arthritis
- Ankylosing Spondylitis
- Psoriatic Arthritis
- Systemic Lupus Erythematosus
- Systemic Sclerosis

- Sjogren's Disease
- Inflammatory Myositis
- Vasculitis
- Gout
- Osteoarthritis

## Languages Spoken

- English
- Tamil