

DR. S VIJAY

Consultant - Psychiatry

Qualification

MBBS | MD (Psychiatry)

Overview

Dr. S. Vijay is an eminent psychiatrist in Tamil Nadu, currently practising as a Consultant - Psychiatry at Manipal Hospital Salem. With a solid educational foundation and extensive professional experience, he is dedicated to advancing the field of psychiatry through innovative diagnostic skills and comprehensive patient care. Dr. S. Vijay's areas of interest include understanding the Juvenile Jigsaw in Child Psychiatry, Forensic Psychiatry, and the management of Psychiatric Disorders. His holistic approach to patient care, combined with his research and teaching experience, makes him a valuable asset to the medical community. He is the Best Psychiatrist in Salem. Dr. Vijay completed his MBBS at the PES Institute of Medical Sciences and Research (PES IMSR), Kuppam, followed by an MD - Psychiatry from Chettinad Hospital and Research Institute (CHRI), Chennai. His training provided him with a robust foundation in psychiatric principles and practices, enabling him to excel in both clinical and academic roles. In his professional journey, Dr. Vijay has served as a post-graduate resident in the Department of Psychiatry at CHRI, managing the psychiatric outpatient department and ward. He was actively involved in teaching MBBS and

postgraduate students, sharing his knowledge and expertise to foster the next generation of medical professionals. He also served as a Senior Resident in the Department of Psychiatry at Meenakshi Medical College and Hospital, Kanchipuram. Dr. Vijay has actively participated in numerous research programs and clinical studies, enhancing the understanding of psychiatric conditions and their management. His thesis “A Study of Marital Adjustment and Quality of Life in Patients with Depressive Disorder and Alcohol Dependence Syndrome”, explores the complex interplay between mental health and quality of life. His work has been published in internationally indexed journals, including a notable article titled “MedicalStudents Experience & Perceptions After Completion of Clinical Posting During Their Curriculum”, in the International Archives of Integrated Medicine in April 2016. As a top psychiatrist in Salem, Dr. Vijay is dedicated to providing compassionate, patient-centred care while advancing the field of psychiatry through research and education. His commitment to education extends to presenting papers and posters at various conferences, clinical society meetings, and Continuing Medical Education (CME) programs.

Field of Expertise

- Martial Counselling
- Schizophrenia
- Suicide Prevention
- Stress Management
- Bipolar Disorders
- Anxiety Disorders
- Psychotherapy
- Child & Adult Psychiatry
- Alcohol Deaddiction

Languages Spoken

- Tamil
- English