

DR. SANGESHWARAN

Consultant - Internal Medicine

Qualification

MBBS | DA | MD(General Medicine) | CCEBDM (Diab)

Overview

Dr. C. Sangeshwaran is an experienced internal medicine specialist in Tamil Nadu, currently practising as a Consultant - Internal Medicine at Manipal Hospital Salem. Dr. Sangeshwaran has 23+ years of overall experience and 9 years as a specialist, diagnosing and treating a broad spectrum of adult health conditions. His comprehensive approach combines clinical expertise with compassionate care, ensuring patients receive accurate diagnoses, personalised treatment plans, and holistic management of chronic and acute medical conditions. Dr. Sangeshwaran completed his MBBS from Stanley Medical College in 2002. He went on to specialise with a Diploma in Anaesthesiology (DA) from Madurai Medical College in 2005 and an MD - Internal Medicine from Madras Medical College in 2013. He further specialised in diabetes care with a Certificate Course in Evidence-Based Diabetes Management (CCEBDM) from the Public Health Foundation of India in 2016, enhancing his ability to manage complex diabetic cases with evidence-backed strategies. Dr. Sangeshwaran’s clinical interests span across diabetology, cardiology, and toxicology. He is particularly known for his expertise in managing diabetes and its complications, helping

patients prevent long-term damage through glucose control, lifestyle counselling, and medication optimisation. His systematic care for patients with type 1 and type 2 diabetes includes screening for neuropathy, nephropathy, and retinopathy, as well as comprehensive patient education on managing diet, insulin, and stress. Dr. Sangeshwaran manages various general medical conditions, including infectious diseases, respiratory illnesses, gastrointestinal disorders, and endocrine imbalances. He is known for his meticulous diagnostic skills and thoughtful, clear communication, ensuring patients understand their condition and treatment journey. In cardiology, Dr. Sangeshwaran provides skilled management for hypertension, ischaemic heart disease, congestive heart failure, and arrhythmias. He follows a preventive care model that includes regular risk assessments, cardiac screenings, and medication titration, empowering patients to reduce cardiovascular risks. His toxicology experience includes providing critical care and emergency management for poisoning cases and drug overdoses. Dr. Sangeshwaran’s structured approach helps stabilise patients quickly and supports their full recovery while minimising long-term organ damage. He is a member of the Indian Medical Association and the Association of Physicians of India, maintaining strong professional ties and a commitment to continuous learning. He has also contributed to patient education through public health discussions, including a talk on the safety of the COVID-19 vaccine during the pandemic. Dr. Sangeshwaran’s compassionate approach, professional integrity, and dedication to patient care make him a valued physician among both patients and peers. His calm demeanour and deep knowledge reassure patients navigating complex medical issues. He aims to empower individuals to lead healthier lives through preventive care, education, and evidence-based treatments. Dr. Sangeshwaran speaks English and Tamil, which allows him to communicate seamlessly and comfortably with a diverse patient population.

Fellowship & Membership

- Member of IMA & Association of Physician of India

Field of Expertise

- Diabetology
- Toxicology
- Cardiology

Languages Spoken

- Tamil
- English

Awards & Achievements

- Won 1st Prize in World Anaesthesia day quiz competition - 2004 Madurai Medical College, Madurai

Talks & Publications

- Is Corona Vaccine safe? - Dr.Sangeshwaran, Consultant - Internal Medicine, Manipal Hospitals, Salem. Click Here