

DR. RITIKA

Consultant - Ophthalmology

Qualification

MBBS | MS (Ophthalmology) | Fellowship in Vitreoretina (FMRF)

Overview

Dr. Ritika is a highly accomplished Ophthalmologist and Vitreoretina Specialist currently practising at Bhagwan Mahavir Manipal Hospitals in Ranchi. She brings a formidable academic foundation to her practice, having earned her MBBS from the prestigious Rajendra Institute of Medical Sciences (RIMS), Ranchi, in 2009. She subsequently completed her MS in Ophthalmology from the Institute of Medical Sciences, Banaras Hindu University (BHU). To further specialise her clinical expertise, she completed a prestigious fellowship in vitreoretina in 2019 from the world-renowned Sankara Nethralaya in Chennai. Beyond her clinical practice, Dr. Ritika is deeply committed to academic advancement and research within her field. She has actively participated in numerous professional conferences through both poster and paper presentations. Her valuable academic contributions are further highlighted by her role as a co-author in various noteworthy medical publications. In her daily practice, Dr. Ritika strictly adheres to the core principles of Manipal Hospitals: clinical excellence, patient centricity, and ethical practices. She possesses a proven ability to perform flawlessly under pressure, making her highly reliable during

complex surgical interventions. Known as an exceptional listener, she ensures her patients fully understand their diagnosis and surgical procedures, building absolute confidence in their customised course of treatment. Furthermore, she strictly maintains utmost confidentiality while handling all sensitive patient data. The consistently positive feedback shared by her patients serves as a powerful testament to her outstanding professional conduct, compassionate nature, and the impactful work she performs daily. Her blend of advanced surgical skill, research-driven knowledge, and patient-first values makes her a trusted expert in eye care.

Fellowship & Membership

- Fellowship in Vitreoretinal Diseases (Surgical Retina & Vitreoretina), Sankara Nethralaya, Chennai.

Languages Spoken

- English
- Hindi

Awards & Achievements

- Contributed clinical images for Imaging in Ocular Adnexal Trauma.

Talks & Publications

- Presentation Pattern and Management Outcomes of Ocular and Periocular Dermoid Cyst – International Journal of Ocular Oncology and Oculoplasty (2016).

- Role of Ultra-widefield Imaging in Eales' Disease: A Case Series – Ocular Immunology and Inflammation (2020).
- Association of Thr715Pro P-Selectin Gene Polymorphism in Diabetic Retinopathy in the North Indian Population: A Prospective Clinical Study – Nepalese Journal of Ophthalmology.
- "The Importance of Wound Exploration and Amblyopia Management" – Pediatric Grand Rounds (2018).
- "A Curious Case of Retinitis" – Uvea Department Meeting (2018).
- "Hemodynamic Influence of Cilioretinal Artery in Diabetic Macular Edema" – VRSI Conference (2018).
- Retina Interest Group Case Presentation (2019).
- "Diagnostic Dilemma in Retinal Imaging" – Retina Imaging Conference (2019).
- "Morning Glory Disc and Moya Moya Disease" – Pediatric Grand Rounds (2018).
- "The Importance of Primary Wound Repair" – Ocular TraumaCON (2018).
- "Gene Sequencing: Its Importance in the Understanding and Future Care of Patients with Retinitis Pigmentosa" – Pediatric Retina Summit (2019).