

DR. NIDHI JHA

Associate Consultant – Internal Medicine

Qualification

MBBS | MD - General Medicine

Overview

Dr. Nidhi Jha is a highly skilled and dedicated Internal Medicine specialist in Ranchi with a proven track record in delivering exceptional patient care. Renowned for her comprehensive patient assessments and sharp diagnostic reasoning, she excels in managing both acute and chronic medical conditions. Dr. Jha demonstrates proficiency in interpreting laboratory tests and imaging, ensuring precise diagnoses, alongside meticulous prescription management and medication safety protocols. Committed to infection control and antimicrobial stewardship, she performs common medical procedures with precision, including Arterial blood gas (ABG) analysis, central line assistance, lumbar puncture, and suturing. Her distinguished career includes serving as a junior resident at Rajendra Institute of Medical Sciences (RIMS), Ranchi; a medical officer at St Stephen's Hospital, Delhi, and Shyamal Hospital, Patna; and completing her internship at Government Medical College, Nagpur. Academically accomplished, Dr. Jha holds an MD in General Medicine from RIMS, Ranchi, Jharkhand, and an MBBS from Dr. V.M. Government Medical College, Solapur, Maharashtra. Her thesis, "A Study on Serum Potassium in Medical ICU Patients and Its

Correlation with SOFA Score," underscores her research acumen. She is certified by ICMR in Biomedical Research and holds BLS and ACLS certifications recognised by the National Medical Commission (NMC), India. Dr. Jha's accolades reflect her excellence: 1st Prize in Poster Presentation at GASTROCON 2024; 3rd Prize at BAPICON 2024; 1st Prize in Case Presentation at Hemophilia Society, Ranchi; 1st Prize in Symposium on Organ Donation at Dr. V.M.M.C., Solapur; and 2nd Prize in Symposium at AFMC, Pune. With her blend of clinical expertise, academic rigour, and innovative contributions, Dr. Nidhi Jha continues to elevate patient outcomes and advance medical practice.

Field of Expertise

- Comprehensive evaluation and management of adult medical conditions
- Diagnosis and treatment of acute and chronic illnesses
- Diabetes, hypertension, and lifestyle disease management
- Infectious diseases and fever evaluation
- Respiratory disorders including asthma and COPD
- Gastrointestinal and liver disorders
- Thyroid and other endocrine disorders
- Renal diseases and electrolyte imbalance management
- Anemia and hematological conditions
- Critical care and Medical ICU management
- Emergency medicine and acute care
- Preventive healthcare and routine health check-ups
- Geriatric care and long-term disease management

Languages Spoken

- Hindi
- English

- Marathi

Awards & Achievements

- Poster Presentation – GASTROCON 2024
- Poster Presentation – BAPICON 2024
- Case Presentation – Hemophilia Society, Ranchi
- Symposium on Organ Donation – Dr. V. M. Medical College, Solapur
- Symposium – Armed Forces Medical College (AFMC), Pune

Talks & Publications

- Thesis: A Study on Serum Potassium Levels in Medical ICU Patients and Its Correlation with SOFA Score