



## **DR. UTKARASH MISHRA**

Consultant - Nephrology

### **Qualification**

MBBS | MD (General Medicine) | DM (Nephrology)

### **Overview**

Dr. Utkarash Mishra is a consultant specialist serving in the Department of Nephrology at Bhagwan Mahavir Manipal Hospitals, Ranchi. With over 9 years of experience in the field, Dr. Mishra completed his MBBS and subsequently earned an MD in General Medicine from Vardhaman Mahavir Medical College and Safdarjung Hospital, New Delhi, India. He later completed his DM at Christian Medical College, Vellore. Carrying immense expertise in the field of Nephrology, Dr. Mishra can carry out the diagnosis and management of many acute and chronic kidney diseases. These include glomerular disease, diabetic nephropathy, electrolyte and acid-base disorders, and autoimmune conditions affecting the kidney. Dr. Mishra also carries extensive procedural proficiency. He is known to perform over 800 renal biopsies and more than 800 Central Venous Catheter Placements for Dialysis. He has also carried out over 500 tunnelled jugular Catheter Insertions. Moreover, he is skilled in Peritoneal Dialysis Catheter Placement and has managed complex dialysis care, including Haemodialysis, Peritoneal Dialysis, and Continuous Renal Replacement Therapy (CRRT). His experience also includes managing arteriovenous

(AV) fistula and graft-related complications and performing Plasmapheresis and other Extracorporeal therapies. He also provides Pre- and Post-Transplantation care for kidney transplant patients. Dr. Mishra is also involved in Critical Care Nephrology and closely collaborates with multiple specialities to treat complex renal and systemic conditions. Beyond his exceptional credentials, Dr. Mishra is well-regarded for his significant contributions to the field of Nephrology. His exemplary service in academia and research is widely recognised, especially in the field of medical education. Dr. Mishra has also published numerous articles in peer-reviewed journals. He also served as the person in charge of the postgraduate academic schedule for three years at his alma mater, and is also a part of ongoing randomised controlled trials at the institution. Dr. Mishra consistently dedicates himself to learning and acquiring expertise in various other fields. He has completed several accredited courses, such as the Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS) from the American Heart Association (AHA). He also completed other basic courses conducted by the National Medical Council, as well as the Indian Council of Medical Research (ICMR). Fluent in English and Hindi. Dr. Mishra has earned the trust and admiration of patients through his patient-centric approach. His experience is a blend of academic excellence, clinical acumen, and steadfast dedication. Driven by a passion for innovation and learning, Dr. Mishra is committed to shaping the future of Nephrology.

### **Field of Expertise**

- Acute and Chronic Kidney Disease Management
- Hypertension and Electrolyte Disorder Management
- Diabetic Nephropathy Treatment
- Glomerular and Tubulointerstitial Disease Management
- Autoimmune Kidney Diseases
- Haemodialysis and Peritoneal Dialysis

- Kidney Transplant Evaluation and Post-transplant Follow-up
- Critical Care Nephrology and ICU Renal Support
- Emergency Renal Disorder Management
- Kidney Biopsy
- Central Venous Catheter Placements—Jugular and Femoral Approach
- Arteriovenous Fistula/Graft Management
- Peritoneal Dialysis Catheter Placement
- Continuous Renal Replacement Therapy (CRRT) Management
- Plasmapheresis and Extracorporeal Therapies

### Languages Spoken

- English
- Hindi

### Talks & Publications

- Mohindra R, Mishra U, Mathew R, Negi NS, Red Cell Distribution Width (RDW) Index as a Predictor of Severity of Acute Ischemic Stroke: A Correlation Study, Adv J Emerg Med, 12/01/19, 4, 2, e24, 10.22114/ajem.v0i0.257, 32322792, PMC7163261
- Elias John E, Roy S, Sundar Raj Mani S, Joseph Eapen J, Mishra U, Varughese S, Rare Case of Renal-limited Dual Anti-neutrophil Cytoplasmic Antibody-associated Vasculitis: double trouble! , EJCRIM, 2022, 9, 10.12890/2022\_003365
- Rare Mycobacterial Infections in Kidney Transplant Recipients, Second author, Case series, Indian Journal of Transplant, Accepted for publication, 7389
- Fearsome Four Fungal Infections in Renal Transplant Recipients, Second author, Original study, Indian Journal of Microbiology Research, Accepted for Publication, In production,

### IJN\_502\_2024

- Retrospective analysis of the outcomes of Mycophenolate therapy in retarding the progression of Immunoglobulin A Nephropathy (REMISSION IgA), Third author, Original study, Indian Journal of Microbiology Research (Accepted for Publication; In production)
- Dissertations
- Co-Relation of Red Cell Distribution Width With Severity of Ischemic Stroke, MD General Medicine, 2018
- Retrospective Analysis of Pneumonia in Renal Allograft Recipients—Ten Years of Experience in a Tertiary Care Centre in India, DM Nephrology