

DR. NITTI KAPOOR KAUSHAL

Consultant - Neurology

Qualification

MBBS | MD | DM

Overview

Dr. Nitti Kapoor Kaushal graduated from Dayanand Medical College and Hospital, Ludhiana, Punjab in 2007 and then completed her post-graduation from Government Medical College, Patiala, Punjab in 2012. She then pursued a D.M. from Dr. S. N. Medical College, Jodhpur, Rajasthan in 2018. She has penned several articles for National Journals and is currently working as a consultant with the Department of Consultant - Neurology at Manipal Hospitals Patiala. Dr. Nitti has more than 10 years of experience and her areas of expertise include the treatment of Stroke, Epilepsy, Parkinson's Disease, Headache, Dementia, Neuro-infections, Movement disorders, Neuromuscular disorders, Botox Therapy, EEG, Nerve conduction studies, VEP, BAER, RNST and performing EMG's. Dr. Nitti Kapoor is regarded as the best neurologist in Patiala, known for her skills and vast experience. She is a patient listener, who educates, and counsels her patients so that they can make informed and confident decisions. Her positive reviews are a testament to her professional, sincere and compassionate conduct. Dr. Nitti believes in the vision of Manipal Hospital and abides by the mottos that motivate its medical staff, which are: patient-centricity, ethical

practices and clinical excellence. She maintains the confidentiality of the patient's data and transparency while communicating with the patients. Dr. Nitti can fluently communicate in Hindi, English and Punjabi, and has treated patients from diverse geographical and cultural backgrounds. She has appeared on various media platforms and shared medically accurate information on various topics. She has appeared on Navbharat Times Life for an editorial video opportunity on World Alzimer's Day, she shared her thoughts with The Times of India (Digital) on 'Can COVID increase the risk of seizures and stroke in patients?' and with Hindustan Times on 'How ice cream can give you a headache and how to prevent it?'. Dr. Nitti always aims to offer customised treatment plans and also collaborates with other medical departments if the case demands a multidisciplinary treatment approach.

Field of Expertise

- Stroke
- Epilepsy
- Parkinson Disease
- Headache
- Dementia
- Neuro-infections
- Movement disorders
- Neuromuscular disorders
- Botox Therapy
- Trained in reporting EEG, Nerve conduction studies, VEP, BAER, RNST and Performing EMGs

Languages Spoken

- Hindi

- English
- Punjabi

Talks & Publications

- Manipal Hospitals Patiala | World Parkinson's Day.Click Here
- Editorial Video Opportunity | Patiala Manipal Hospitals | Navbharat Times Life | World Alzheimer's Day.Click Here
- Dr. Nitti Kapoor Kaushal on Can COVID increase the risk of seizures and stroke in patients? | The Times of India (Digital). Click Here
- Dr. Nitti Kapoor Kaushal on How ice cream can give you a headache; experts on symptoms of brain freeze, prevention tips Hindustan Times. Click Here
- MH Patiala | Navbharat Times Life | Exclusive Article. Click Here
- Coverage Update: MH Patiala | Navbharat Times (Digital) | National Epilepsy Day. Click Here