

DR. NAGMA BANSAL

Consultant Rheumatology

Qualification

MBBS | MD | DNB | Rheumatology

Overview

Dr. Nagma Bansal did her MBBS from Government Medical College, Amritsar. She did her post-graduation in Medicine from Government Medical College, Patiala and she topped the university in the M.D. final examination. Dr. Bansal did a senior residency in the Department of Rheumatology and Clinical Immunology, KGMU, Lucknow. Subsequently, she did DNB Rheumatology at the prestigious Sir Ganga Ram Hospital, New Delhi (2014-2017). During this, she dealt with a variety of rheumatology patients and administered intra-articular injections and biologicals. She has presented papers at various international and national conferences like American College of Rheumatology 2015 and the Asia Pacific League Against Rheumatism 2015. She has 4 international publications and 3 chapters in 2 textbooks to her credit. Some of her noteworthy works are: ‘Validity of Simplified Ankylosing Spondylitis Disease Activity Scores (SASDAS) in Indian Ankylosing Spondylitis Patients’ in 2017 and ‘Prostate Involvement in granulomatosis with Polyangitis: a rarity’ in 2015. She is currently working as a consultant at the Department of Rheumatology at Manipal Hospital Patiala. Dr. Nagma’s areas of expertise include the

treatment of Rheumatoid Arthritis, Ankylosing Spondylitis, Connective Tissue Disorders, SLE, Psoriatic Arthritis, Vasculitis, and Immunological disorders and long-standing fever/ joint pains/ back pains. She ensures that her patients are aware of every aspect of the procedure they have opted for and if not, then she educates them about it and answers all the concerns they may have. Dr. Nagma is a renowned rheumatologist in Patiala, known for her pragmatic and holistic treatment approach. She can effectively communicate in Hindi, English and Punjabi and has treated patients from diverse geographical and cultural backgrounds. Dr. Bansal has garnered positive reviews from her patients for her compassionate behaviour and customised approach. She thoroughly reviews the reports and if required consults the experts from other departments to create a treatment plan that works on holistic healing.

Field of Expertise

- Rheumatoid Arthritis Ankylosing Spondylitis connective tissue disorders SLE Psoriatic Arthritis Vasculitis Immunological disorders and long standing fever/ joint pains/ back pains.

Languages Spoken

- Hindi
- English
- Punjabi

Talks & Publications

- Validity of Simplified Ankylosing Spondylitis Disease Activity Scores (SASDAS) in Indian Ankylosing Spondylitis Patients.-Bansal N, Duggal L, Jain N. J Clin Diagn Res. 2017 Sep;11(9): OC06-OC09.

- Prostate involvement in granulomatosis with polyangiitis: a rarity. 2015 May 12. Doi: 10.1111/1756-185X.12606. (Epub ahead of print).