



## **DR. RATNAVALLI SUBBARAO**

Consultant - Neurology

### **Qualification**

MBBS | MD | DM | Fellowship in Cognitive Neurology

### **Overview**

Dr. Ratnavalli Subbarao is a highly experienced neurologist in Bangalore with over 20+ years of clinical expertise. She is currently practising as a Consultant in neurology at Manipal Hospital Old Airport Road. An expert in cognitive neurology and dementia, Dr. Ratnavalli specializes in managing memory disorders, Parkinson's disease, stroke, epilepsy, and headaches. She made history by establishing India's 1st Memory Clinic in 1998 and has since led the multidisciplinary Cognitive Neurology Clinic at Manipal Hospital, where she has evaluated over 1000+ patients from across the country. Her work has significantly advanced the understanding and management of neurodegenerative disorders and cognitive impairments. Dr. Ratnavalli earned her MBBS from Kasturba Medical College and went on to complete her MD in General Medicine from Jagadguru Jayadeva Murugarajendra Medical College, Davangere. She further specialized by obtaining a DM in Neurology from Christian Medical College, Vellore, and later pursued a Commonwealth Fellowship in Cognitive Neurology from the American Academy of Neurology in Cambridge, UK. Her academic excellence is reflected in her earning the prestigious research grant under the

Cognitive Science Research Initiative by the Department of Science and Technology in 2015, recognizing her valuable contributions to the field. Dr. Ratnavalli is also actively involved in academic and professional communities. In 2014, she spearheaded the introduction of the DNB Neurology course at Manipal Hospital Old Airport Road, significantly enhancing the training of future neurologists. She is a life member of the Bangalore Neurological Society, the Indian Stroke Association, and the Neurological Society of India. In 2020, she was elected as a Steering Committee Member of the Alzheimer's Association PIA-Cognition, further cementing her leadership in dementia care. She has also co-organized national conferences and organized the World Federation of Neurology teaching course in Cognitive Neurology in 2012, reflecting her commitment to continuous professional development and education. Her scholarly contributions include a highly cited first-author paper - 'The Prevalence of FTD (frontotemporal dementia)', which has garnered several citations in the Neurology journal. Over the years, she has contributed significantly to the study and treatment of many neurological illnesses, concentrating in particular on uncommon and complex cases involving the nervous system and the human brain. Dr. Ratnavalli is also involved in community outreach programs apart from clinical practice, which is proven by her commendable work for NGOs like Nightingale Medical Trust to spread awareness about dementia and stroke. Fluent in English, Hindi, and Kannada, Dr. Ratnavalli communicates effectively with a diverse patient population, ensuring that every patient receives comprehensive care and a clear understanding of their treatment options.

### **Fellowship & Membership**

- Fellow of American Academy of Neurology, 2019

### Field of Expertise

- Cognitive Neurology and Dementia
- Memory disorders, Parkinson's disease
- Stroke
- Epilepsy
- Headache

### Languages Spoken

- English
- Kannada
- Hindi

### Awards & Achievements

- Started the first memory clinic in India, 1998.
- Head of the multidisciplinary Cognitive neurology clinic (CNC), 2007-till date. >1000 patients evaluated referrals from all over India.
- Commonwealth Fellowship in cognitive neurology, Unit of Cambridge, UK 1999-2000.
- Elected Steering committee member of PIA-Cognition, Alzheimer's association, 2020.
- Initiated the DNB course in Neurology at Manipal Hospital as Head in 2014.
- Co-organized the 8th conference of the ARDSI, India at Bangalore.
- Organized the World Federation of Neurology (WFN) teaching course in Cognitive Neurology, 2012
- Awarded research grant under the cognitive science research initiative (CSI) by Department of Science & Technology (DST),

2015.

- Gandhi Research Fellowship award 2016, UK.
- First author paper 'The prevalence of FTD' in Neurology journal, 2002- ~1000 citations.
- Works closely with NGOs like Nightingales Medical trust to improve public awareness of dementia and stroke.

### **Talks & Publications**

- Reviewer for various National and International journals.