



## DR. PREM S PAIS

Consultant - Internal Medicine

### Qualification

MBBS - St. John's Medical College, Bangalore | MD (Medicine) Maulana Azad Medical College, Delhi

### Overview

Dr. Prem S. Pais is a highly regarded Internal Medicine Consultant at Manipal Hospital Old Airport Road in Bangalore. In the field of preventing and managing cardiovascular and infectious diseases, he has dedicated his 53 years and is currently one of the renowned experts in his field. His areas of expertise include infectious diseases, anxiety, respiratory diseases, urinary issues, blood disorders, diabetes, digestive issues, neurological problems, abdominal pain, chronic back pain, rheumatology issues, and hypothyroidism. Dr. Prem S. Pais has served as a professor and dean of medicine at St. John's Medical College in Bangalore. Some prominent positions held by Dr. Prem S. Pais include chairperson of the Scientific Advisory Committee of the NCD Division at ICMR, Delhi, and a member of the Scientific Advisory Board of ICMR, Delhi. Furthermore, Dr. Pais was associated with the International Editorial Board for Davidson Textbook of Medicine as an international fellow at McMaster University in Hamilton, Canada. He is a foremost general physician in Old Airport Road, Bangalore. Dr. Pais's contributions and achievements are incredible and are just a glimpse of how well he has served his field. He has received various fellowships and memberships in prestigious medical associations, including the Indian Medical Association, the Association of Physicians of India, the Indian Society of Critical Care, and the Cardiological Society of India. He is a Life Member of IMA, API, CSI, ISCCM, and RSSDI. His invaluable expertise and skills in preventing and managing cardiovascular and infectious diseases have significantly impacted the lives of countless patients, providing them with effective treatments and better outcomes. At Manipal Hospitals, Dr. Prem S. Pais continues to excel as a renowned specialist consultant in internal medicine. As a healthcare professional committed to innovation and research, Dr. Pais has been featured in reputed journals for his exceptional contributions to the field of medicine. Some renowned publications like PubMed have Dr. Prem S. Pais as an author in various publications. The documented work includes cardiovascular diseases, coronary artery disease in Indians: characteristics, clinical practice patterns, and outcomes of strokes in India, lowering cholesterol, blood pressure, or both to prevent cardiovascular events. He has worked and documented large numbers of cases to bring more good to the patient's outcome. Dr. Prem S. Pais, being in the field of medicine, has always been updating his knowledge and constantly upscaling his skills. With the depth of knowledge and expertise he possesses, he has a significant impact on the healthcare industry and the lives of those he treats.

### Fellowship & Membership

- Indian Medical Association, Association of Physicians of India
- Cardiological Society of India
- Indian Society of Critical Care

## Field of Expertise

- Prevention and management of cardiovascular disease infectious disease

## Languages Spoken

- English
- Kannada
- Hindi
- Urdu

## Awards & Achievements

- Former Dean and Professor of Medicine, St. John's Medical College, Bangalore
- Chair Scientific Advisory Committee, NCD Division, ICMR, Delhi
- Member, Scientific Advisory Board, ICMR, Delhi
- International Editorial Board for Davison textbook of Medicine, International Fellow, McMaster University, Hamilton, Canada