



DR. MUGDHA SHAHI

Consultant - Fetal Medicine

Qualification

MBBS | DNB (OBG)

Overview

Dr. Mugdha Shahi is a highly skilled and experienced Consultant in Foetal Medicine, currently practising at Old Airport Road in Bengaluru, India. With a passion for providing comprehensive care to expectant mothers and their unborn babies, Dr. Shahi specialises in various aspects of foetal medicine, ranging from early pregnancy scans to complex interventions. Dr. Shahi's journey in the field of medicine began with her completion of her MBBS (Bachelor of Medicine, Bachelor of Surgery), followed by DNB (Diplomate of National Board) in Obstetrics and Gynaecology. Eager to expand her knowledge and expertise in foetal medicine, she pursued a Fellowship in Foetal Medicine and Foetal Therapy at Mediscan Systems in Chennai. Furthermore, she obtained extra qualifications and memberships with prestigious organisations, including the Foetal Medicine Foundation (FMF) in the UK, the International Society of Ultrasound in Obstetrics and Gynaecology (ISUOG), and the Society of Foetal Medicine India. Dr. Shahi is the best perinatologist in Bangalore. With various talent sets, Dr. Shahi presents an intensive variety of services in the area of foetal medicine. She excels in conducting dating and early pregnancy scans, which play a crucial role in estimating gestational age and assessing the well-being of the embryo. Additionally, she specialises in first-trimester screening (NT), performing anomaly scans to detect any structural abnormalities in the developing foetus. Dr. Shahi's expertise extends to conducting foetal echocardiography, a detailed examination of the foetal heart to identify potential cardiac issues. Moreover, Dr. Shahi is adept at performing interval growth and Doppler scans, enabling her to monitor the growth and blood flow within the foetus throughout the pregnancy. Her proficiency also extends to conducting 3D and 4D scans, providing expectant parents with a more detailed and realistic view of their unborn child. Additionally, Dr. Shahi offers her services for second opinions and the monitoring of high-risk pregnancies, including twin and multiple pregnancies. In cases where intervention is required, Dr. Shahi is well-versed in various invasive procedures. These include amniocentesis and chorionic villus sampling, both of which involve obtaining samples for genetic testing. She is also experienced in multi-foetal reductions, a procedure that selectively reduces the number of fetuses in multiple pregnancies to improve outcomes. Furthermore, she possesses the skills to perform intrauterine transfusions, radiofrequency ablation, and interstitial laser procedures for complicated twin pregnancies, ensuring the best possible care for both the mother and the babies. Alongside her clinical expertise, Dr. Shahi is committed to providing pre-pregnancy and genetic counselling. By offering guidance and support, she empowers couples to make informed decisions regarding their reproductive health and assists in identifying any potential genetic risks. Dr. Mugdha Shahi is fluent in English, Hindi, and Marathi, enabling her to effectively communicate with patients from diverse backgrounds and provide personalised care. Her compassionate approach and dedication to excellence make her a trusted and respected professional in the field of foetal medicine. With her vast knowledge, skilful techniques, and commitment to the well-being of both mother and child, Dr. Shahi continues to positively impact the lives of numerous families on their journey to parenthood.

Fellowship & Membership

- Fellowship in Fetal Medicine and Fetal Therapy – Mediscan Systems, Chennai
- Fetal Medicine Foundation, FMF, UK
- International Society of Ultrasound and Obstetrics and Gynaecology (ISUOG)
- Society of Fetal Medicine India

Field of Expertise

- Dating / early pregnancy scans, first trimester screening (NT), anomaly scans, fetal echo cardiography, Interval growth and Doppler scans, 3D and 4D scans
- Second opinions, monitoring for high risk pregnancies and twins, multiple pregnancies
- Invasive procedures: Amniocentesis, Chorionic villous sampling, multifetal reductions, Intra uterine transfusions, radio frequency ablation & interstitial laser for complicated twins
- Pre-pregnancy and genetic counselling

Languages Spoken

- English
- Hindi
- Marathi