



DR. VYJAYANTHI BONANTHAYA

HOD & Consultant - Psychiatry

Qualification

MBBS | MD

Overview

Dr. Vyjayanthi Bonanthaya is a well-regarded psychiatrist who are the Head of the Department (HOD) and a consultant. According to her essential qualifications and skills, she is committed to providing thorough care and therapy for individuals suffering from various mental diseases. Dr Bonanthaya earned her MBBS, laying the groundwork for her medical career. She went on to get an MD after furthering her specialisation in psychiatry. Due to her intensive training, She has a thorough awareness of the intricacies of mental health and the abilities required to identify and treat psychiatric problems accurately. As a member of the Indian Psychiatric Society, Dr Bonanthaya stays connected with the latest developments in the field. This membership reflects her commitment to continuous learning and staying updated with advancements in psychiatric research and treatment modalities. She ensures that her patients receive the most current and evidence-based care by staying well-informed. Dr Bonanthaya's emphasis on a bio-psycho-social treatment paradigm is one of its distinctive qualities. She adopts a holistic approach to patient care since she knows that biological, psychological, and social aspects

impact mental health. She creates treatment programmes that integrate both pharmaceutical therapies and psychological modalities by addressing the relationship between these factors. This all-encompassing approach seeks to facilitate long-term healing and enhance general functioning. Dr. Bonanthaya is multilingual, speaking English, Kannada, Hindi, and Malayalam. Because of her linguistic diversity, she can successfully interact with patients from various backgrounds, ensuring they feel heard, understood, and comfortable during therapy. Clear and honest communication is crucial in the doctor-patient relationship, and Dr Bonanthaya works hard to build strong bonds with her patients. Dr. Bonanthaya, as HOD, not only offers direct patient treatment but also controls the operation of the mental department. She works with a diverse team of specialists to ensure that patient care is thorough and integrated. She encourages excellence in patient care and helps the professional development of her colleagues by cultivating a supportive and collaborative atmosphere. Dr Vyjayanthi Bonanthaya is a well-known psychiatrist who combines her skills, competence, and caring attitude to provide her patients with a superior treatment. She aspires to positively touch the lives of those dealing with mental health challenges via her passion for lifelong learning, belief in a holistic approach to therapy, and strong communication abilities. Her commitments to psychiatry are essential, and she remains a priceless resource for her patients and the medical community.

Fellowship & Membership

- Member of Indian Psychiatric Society.

Field of Expertise

- Adult Psychiatric disorders such as Schizophrenia Bipolar

disorder

- Depressive disorders
- Anxiety disorders
- Somatoform disorders
- Follows a Bio-psycho-social approach in managing the disorders with equal importance given to psychotherapeutic interventions

Languages Spoken

- English
- Kannada
- Hindi
- Malayalam