

DR. THOMAS JOSEPH KISHEN

Consultant - Spine Surgery, Spine Care

Qualification

MBBS | DORTHO | DNB (Ortho) | FRCS (Edinburgh, UK)

Overview

Dr. Thomas Joseph Kishen is a highly accomplished and esteemed spine surgeon currently associated with the Manipal Hospitals, Old Airport Road, Bengaluru, India, as a Consultant in Spine Surgery and Spine Care. Dr. Kishen completed his MBBS from Mangalore University, Karnataka, India in 1996; his Diploma in Orthopaedics from Kasturba Medical College, in 1999; and his DNB in Orthopedics/Orthopedic Surgery from the DNB board, New Delhi, in 2001. He obtained the prestigious FRCS (Edinburgh, UK) qualification, which further solidified his expertise. To enhance his skills and information, he embarked on diverse fellowships, inclusive of a Fellowship in Spine Surgery in Australia. He additionally finished touring fellowships at renowned institutions together with the Seoul Spine Institute in South Korea and Washington University School of Medicine in St. Louis, Missouri, USA. Dr. Thomas is the best spine specialist in Bangalore. Dr. Thomas Joseph Roy Kishen is a valued member of several professional organisations, including the Association of Spine Surgeons of India, the Indian Orthopaedic Association, and the Bangalore Orthopaedic Society. These affiliations showcase his commitment to staying updated with the latest advancements in his field and steering collaboration with fellow experts. Dr. Kishen specialises in both surgical and non-surgical treatments for various spinal disorders, including disc

surgery and spinal fusions. He is proficient in performing spinal injections, spinal tumour surgeries, as well as scoliosis and kyphosis surgeries. With his complete skill set, he can cope with a wide range of spinal conditions and offer the most advantageous care to his patients. His fluency in a couple of languages, such as Malayalam, English, Kannada, Tamil, and Hindi, enables him to effectively communicate and connect with patients from numerous backgrounds. Dr. Kishen prioritises clear and open communication to make sure his patients have intensive expertise of their condition and the remedy alternatives available. Throughout his career, Dr Kishen has obtained several accolades for his extraordinary contributions to the sector of orthopaedics. He was provided with the Dr. Balu Sankaran Gold Medal for accomplishing the Diplomate of the National Board Exam in Orthopaedics in 2001. He also received the Professor M.V. Daniel Gold Medal for his extraordinary patience and care from the PSG Institute of Medical Sciences in Coimbatore in 2000. In addition, he was honoured with the Dr. Prem Ananda Nayak Award for being the Best Outgoing D'Ortho Student from MAHE University, Manipal in 1998. His research paper earned him the award (ASSI-Depuy Best Spine Research) at the ASI conference in Bangalore in 2005. Dr. Thomas Joseph Roy Kishen is not only a skilled surgeon but also an avid speaker and author. He has delivered talks on various topics related to spine care and surgery. Some of his services include fracture treatment, neck and spine biopsy, kyphoplasty, wrist problems/disk slip treatment, spinal deformity correction, herniated disc and spinal diseases treatment, scoliosis correction, percutaneous vertebroplasty for compression fracture, column traumatology, spine injury treatment, musculoskeletal pain management, joint dislocation treatment, and spinal disc surgery.

Fellowship & Membership

- Fellowship in Spinal Deformity Surgery (Australia)
- Fellowship in Spine Surgery (Australia)

- Visiting Fellowship in Seoul Spine Institute with Prof Se Il Suk. South Korea. January 2008
- Visiting Fellowship in Barnes Jewish Hospital, St Louis Children's Hospital and Shriners Hospital with Dr. Lawrence Lenke, Washington University School of Medicine, St. Louis, Missouri, USA. September 2008
- Association of Spine Surgeons of India
- Indian Orthopaedic Association, Bangalore
- Bangalore Orthopaedic Society

Field of Expertise

- Surgical and Non-Surgical treatment of Spinal Disorders including Disc Surgery and Spinal Fusions at all levels of the spine from the neck to the lower back
- Spinal Injections
- Spinal Tumour Surgery
- Scoliosis and Kyphosis Surgery

Languages Spoken

- English
- Malayalam
- Kannada
- Tamil
- Hindi

Awards & Achievements

- Dr. BaluSankaran Gold Medal for `standing first in India in the Diplomate of the National Board Exam` in Orthopaedics for the year 2001.
- Professor M.V. Daniel Gold Medal for `Exemplary Commitment to Patient Care` for the year 2000 from PSG Institute of Medical Sciences, Coimbatore.
- Dr. Premananda Nayak Award for the `Best Outgoing D`Ortho Student` from MAHE University, Manipal for the year 1998

- ASSI-Depuy Best Spine Research Award at the ASI conference at Bangalore in January 2005 for the paper titled 'Is single-stage posterior column shortening a safe and reliable procedure in active spinal tuberculosis.

Talks & Publications

- Osteoporosis and kyphotic deformity: A very real risk for post-menopausal women - Dr. Thomas Joseph Kishen, Consultant - Spine Surgery, Spine Care, Manipal Hospitals, Old Airport Road. [Click Here](#)
- Manipal Hospital Old Airport Road: Dr. Thomas Joseph Kishen on It's all in the back: Managing lower back pain for better sleep | Happiest Health. [Click Here](#)