



DR. MEENA MUTHIAH

Consultant - Obstetrics & Gynaecology

Qualification

MBBS | DNB

Overview

Dr. Meena Muthiah is a well-known Consultant in Obstetrics and gynaecology at Manipal Hospitals Old Airport Road, Bangalore. She has more than 30 years of total expertise and 23 years as a specialist in surgery (open and minimally invasive) for Fibroids, Endometriosis, and other common gynaecological conditions. She has specialised in Vaginal Surgeries, Urogynecology and Colposcopy. Her current fields of interest are Vulvovaginal Rejuvenation and Cosmetic and Functional Gynaecology, which include Genitourinary Syndrome of Menopause (GSM), recurrent Vulvovaginal Infections, Urinary Incontinence, and Cosmetic Restoration following caesarean section and Episiotomy Scars. Additionally, apart from routine Obstetrics, she deals with Medical, Genetic, and Haematological abnormalities in pregnancy. The doctor also provides aid to pregnant women both before and after delivery, offering women intimate health solutions. In her academic career, Dr. Meena Muthiah completed her MBBS from Madurai Medical College in 1993 and graduated with a DNB in Obstetrics and Gynaecology from Manipal Hospital in Bangalore in 2000. She is a Gold Medalist in OBG and Gynae during Undergraduation. She has served as

a dissertation guide for trainees in the DNBE programme. She currently serves as a DNBE examiner. She has taken part in newspaper interviews that will run in PR Newswire, Healthwise, and Amar Ujala. She is a member of the Federation of Obstetric and Gynecological Societies of India (FOGSI) and the Bangalore Society of Obstetrics and Gynecology (BSOG). PMOS counselling and evidence-based management start with a focus on improvement in metabolic health, lifestyle & symptom regulation.

Fellowship & Membership

- BSOG - Bangalore Society of Obstetrics & Gynaecology.
- FOGSI - Federation of Obstetric and Gynaecological Societies of India.

Field of Expertise

- Obstetrics
- Medical, genetic & hematological disorders in Pregnancy
- High-Risk Pregnancy and Social Obstetrics
- Gynaecology
- Colposcopy
- Vaginal Surgeries
- Urogynaecology
- Minimal Invasive Surgery

Languages Spoken

- Kannada
- English
- Hindi
- Tamil

Awards & Achievements

- Gold medalist in final MBBS.
- Guide for dissertation for DNBE trainees to date.

Talks & Publications

- Several presentations at Regional and National conferences.
- Manipal Hospital Bangalore Organizes Well Women Health Check for Bangalore City Police and CRPF on International Women's Day. [Click Here](#)
- Know from the experts: Is vaccination safe for pregnant women? Know what WHO has to say. - Dr. Meena Muthiah, Senior Consultant-Gynecologist, Manipal Hospital, Old Airport Road. [Click Here](#)
- Know About Post-COVID Complications In Women - Dr. Meena Muthiah, Consultant – Obstetrics & Gynaecology, Manipal Hospitals, Old Airport Road. [Click Here](#)
- Dr. Meena Muthiah on Bodily Changes During Pregnancy: Expert Lists Changes Nobody Tells You About | Only My Health. [Click Here](#)
- What are the risks and complications of cervical cancer during pregnancy? Here's information from a specialist doctor. [Click Here](#)