

DR. SHEETHAL SEETHARAM

Consultant – Internal Medicine

Qualification

MBBS | DA (Anesthesiology) | MD (Internal Medicine)

Overview

Dr. Sheethal S is a clinically adept and detail-oriented physician in Internal Medicine with focused expertise in managing complex medical conditions and acute care scenarios. She is currently practising as a Consultant – Internal Medicine at Manipal Hospital Old Airport Road, Bangalore, bringing comprehensive clinical experience in the evaluation, diagnosis, and management of a wide spectrum of adult medical disorders. With qualifications including MBBS, DA (Anaesthesiology), and MD in Internal Medicine, Dr. Sheethal S combines a strong foundation in core medicine with procedural precision and critical care insight. Her background in anaesthesiology further strengthens her ability to manage medically unstable patients and perform essential bedside interventions with accuracy and confidence. Dr. Sheethal S is a consultant physician with expertise in managing routine medical ailments as well as complex clinical conditions. Her areas of expertise include respiratory illnesses such as asthma, COPD, and infections; cardiovascular and metabolic conditions including hypertension, dyslipidemia, and metabolic syndrome; haematological conditions such as anaemia; thyroid disorders; and

gastrointestinal concerns including constipation, diarrhoea, and infections. She is also experienced in managing systemic infections and sepsis. Additionally, she is skilled in handling critically ill patients and is trained in ICU management. In her clinical practice, she routinely manages non-communicable diseases such as hypertension, diabetes, thyroid disorders, and chronic respiratory conditions, along with common gastrointestinal ailments and systemic infections. Her approach to care involves detailed clinical assessment, appropriate use of diagnostic investigations, and structured treatment planning tailored to individual patient profiles. Her expertise in managing such conditions contributes to her recognition as one of the best internal medicine doctors in Old Airport Road for comprehensive medical care. Dr. Sheethal S is also experienced in the management of infectious diseases, sepsis, and haematological conditions such as anaemia, where early diagnosis and timely intervention play a critical role. She adopts a methodical and evidence-based approach to identifying underlying causes and guiding patients through appropriate treatment pathways, ensuring both immediate care and long-term disease control. Her consistent outcomes in managing these conditions further position her among the best internal medicine doctors in Bangalore for integrated and patient-focused care. Her clinical capabilities extend to a range of critical care procedures, including endotracheal intubation, central and arterial line placement, thoracocentesis, paracentesis, lumbar puncture, and bone marrow aspiration and biopsy. These procedural skills allow her to manage both stable and critically ill patients effectively, particularly in hospital and intensive care settings. In addition to her clinical work, Dr. Sheethal S has contributed to academic research with studies focusing on pulmonary hypertension in hypothyroid patients and the clinical and neurophysiological evaluation of Guillain-Barré syndrome (GBS). These contributions reflect her continued engagement with evidence-based medicine and evolving clinical practices. Fluent in English, Kannada, and Hindi, she ensures clear and effective communication with patients from diverse

backgrounds, helping them understand their condition and treatment options with clarity.

Fellowship & Membership

- Membership - Member at IMA Mysore
- Life member - ISA

Field of Expertise

- Endotracheal Intubation
- Central Lines
- Arterial Lines
- Thoracocentesis
- Paracentesis
- Bone marrow Aspiration and Biopsy
- Lumbar Puncture

Languages Spoken

- English
- Kannada
- Hindi

Talks & Publications

- Study of Pulmonary Hypertension in Hypothyroid Patients.
- Study of clinical features and Nerve conduction study in GBS.