DR. DINESH IYER

Consultant – Orthopaedic Spine Surgery

Qualification

MBBS | MS (Ortho) | FNB (Spine) | FESS (Korea) | FRSS (MAHE)

Overview

Dr. Dinesh Iyer is a highly skilled and accomplished Orthopaedic Spine Surgeon with specialised expertise in minimally invasive and advanced spine care. He is currently practising as a Consultant – Orthopaedic Spine Surgery, bringing a strong foundation in orthopaedics along with super-specialised training in spine surgery. With qualifications including MBBS, MS (Orthopaedics), FNB (Spine), along with international fellowships such as FESS (Korea) and FRSS, Dr. Dinesh Iyer combines global exposure with evidence-based clinical practice to deliver comprehensive spine care. Over the course of his career, he has developed significant expertise in managing a wide range of spinal disorders, from degenerative conditions to complex spinal deformities. His core areas of interest include Minimally Invasive Spine Surgery (MISS), spine endoscopy, and deformity correction. He is particularly known for performing advanced minimally invasive procedures that reduce surgical trauma, enable faster recovery, and improve overall patient outcomes. His proficiency in spine endoscopy allows for precise and targeted treatment of spinal conditions, making procedures safer and more effective. Dr. Dinesh Iyer is also experienced in treating

complex spine conditions such as herniated discs, spinal stenosis, spondylolisthesis, and spinal deformities. His approach focuses on accurate diagnosis, conservative management wherever possible, and surgical intervention only when necessary. By combining modern surgical techniques with personalised treatment plans, he ensures optimal functional recovery and long-term spine health for his patients. In addition to his clinical expertise, Dr. Dinesh Iyer has been actively involved in academic and research activities. He has presented his research at multiple national and international platforms, contributing to advancements in spine surgery and orthopaedic care. His academic excellence is further reflected in his achievement of the Gold Medal at the AIIMS-CGIOA Open Orthopaedic Quiz (2021), highlighting his strong knowledge base and dedication to the field. He is also an active member of prestigious professional organisations, including AO Spine and the Association of Spine Surgeons of India, which keeps him aligned with the latest advancements and best practices in spine care globally. Dr. Dinesh Iyer is known for his patient-centric approach, focusing on clear communication, detailed counselling, and reassurance throughout the treatment journey. Fluent in English, Hindi, Tamil, Kannada, and Gujarati, he is able to effectively connect with patients from diverse backgrounds, ensuring clarity and comfort at every stage of care. With his expertise in minimally invasive techniques, advanced spine procedures, and comprehensive patient care, Dr. Dinesh Iyer continues to deliver high-quality, evidence-based treatment for a wide spectrum of spine conditions. His commitment to precision, innovation, and patient well-being positions him as a trusted specialist in orthopaedic spine surgery.

Fellowship & Membership

- AO spine
- Association of Spine surgeons of India
- Asia Pacific Orthopaedic Association (APOA)

- Indian Orthopaedic Association

Field of Expertise

- MISS
- Spine Endoscopy
- Spine Deformity

Languages Spoken

- English
- Hindi
- Tamil
- Kannada
- Gujarati

Awards & Achievements

- Gold Medal AIIMS-CGIOA Open Orthopaedic Quiz 2021

Talks & Publications

- Has presented his research in multiple national and international forums, including APOA, ASSICON, EUROSPINE Congress and OTA. "Risk Factors Of Inaccurate Screw Placement In Robotic Spine Surgeries – When And Why Do Robots Make Errors & How To Overcome Them?" at ASSICON 2026, Pune, Maharashtra (22nd - 25th Jan 2026).
- "What is the impact of using Surgical Robots for Adult Spinal Deformity Surgeries in the Early operative period? A Comparative Analysis of Inpatient and 30 day post-discharge

outcomes” at ASSICON 2026, Pune, Maharashtra (22nd -25th Jan 2026).

- "Prevalence, Types And Radiological Features Of Thoracolumbar Transitional Vertebra - a CT Based Cross-Sectional Study Of The Indian Population” at APOA 2026, Jaipur, Rajasthan (4th-7th Feb 2026).
- "Are patients with cervical OPLL more prone to neuromonitoring signal changes? A study of 100 patients of degenerative cervical myelopathy undergoing posterior decompressive surgery" in ASSICON 2024 MUMBAI, (18th -20th Jan, 2024)
- "Is the use of short cephalomedullary nails a risk factor for thigh pain and re-fractures?" in Orthopaedic Trauma Association (OTA) Annual Conference, 2021, Texas, USA (20th - 23rd Oct 2021).
- "Comparative analysis of instrumented vs. non-instrumented anterior decompression in Thoracolumbar tuberculosis" in EUROSPINE 2021, Vienna (6th - 8th Oct 2021)
- "Results of joint preservation surgery in high-grade giant cell tumors around knee joint: A single institution experience of 25 cases" in British Orthopaedic Oncology Society (BOOS) Annual conference 2021, Bristol (8th Oct 2021)
- "Are short cephalomedullary nails really a cause of thigh pain and re-fractures?" in APOA 2021, Malaysia (29th-31st July 2021).
- "Biological Stabilisation Vs Mechanical Fixation: Do we always require instrumentation in anterior decompression surgeries for Thoracolumbar Spinal Tuberculosis?" in APOA 2021, Malaysia (29th - 31st July 2021).
- Outcome Analysis of Anterior Decompression in Potts Paraplegia - at UP ORTHOCON 2018, 16th-18th Feb 2018, Allahabad, U.P.