

DR. MANGALA DEVI K R

Consultant – Obstetrics & Gynaecology

Qualification

MBBS | MS - OBG | Diploma in Reproductive Medicine | Certified IVF Specialist | MBA (Hospital and Health Systems)

Overview

Dr. Mangala Devi K R is a highly accomplished and trusted obstetrician and gynaecologist in Old Airport Road with advanced expertise in reproductive medicine and high-risk pregnancy care. She is currently practising as a Consultant – Obstetrics & Gynaecology – at Manipal Hospital Old Airport Road, bringing over 20 years of extensive clinical experience in women's health, fertility treatment, and comprehensive obstetric care. With a strong academic background that includes an MBBS and an MS in Obstetrics & Gynaecology, along with a Diploma in Reproductive Medicine from Kiel, Germany, certification as an IVF specialist from NUHS, and an MBA in Hospital and Health Systems, Dr. Mangala brings a well-rounded and deeply informed approach to patient care. Over the course of her career, she has cared for thousands of women through fertility journeys, pregnancy, and childbirth. Her expertise spans the full continuum of obstetric care—from pre-conception counselling and antenatal monitoring to labour management and postnatal support. She is particularly experienced in managing high-risk pregnancies, including conditions such as gestational diabetes, hypertensive disorders, thyroid-related

complications, and recurrent pregnancy loss. Her ability to anticipate complications and intervene at the right time contributes to improved maternal and neonatal outcomes. Her work in this space establishes her as one of the best gynaecologists in Old Airport Road, particularly for high-risk obstetrics and fertility-related concerns. Dr. Mangala also has extensive experience in infertility evaluation and treatment, including ovulation induction, intrauterine insemination (IUI), and IVF-based assisted reproductive technologies. Her training in reproductive medicine allows her to manage complex infertility cases, including PCOS-related infertility, unexplained infertility, and recurrent implantation failures. She integrates evidence-based protocols with personalised care plans, ensuring that each patient receives treatment tailored to their clinical needs. In gynaecological practice, she manages a wide spectrum of conditions affecting women across different life stages. She also performs laparoscopic procedures for both infertility and gynaecological conditions, enabling minimally invasive and recovery-focused treatment. Her emphasis on preventive healthcare includes cervical and breast cancer screening, as well as long-term hormonal and reproductive health guidance. Beyond clinical practice, Dr. Mangala is actively involved in academic and professional leadership. She serves as the President of the Bangalore Society of Obstetrics and Gynaecology (BSOG) and Secretary of the Karnataka Chapter of the Indian Fertility Society. She has also authored the book All About IVF and regularly contributes to scientific discussions through CME programmes and conferences, addressing key topics such as recurrent pregnancy loss, PCOS, fertility preservation, and high-risk obstetrics. Her clinical approach is grounded in calm decision-making, detailed counselling, and patient reassurance. She is known for creating a supportive environment where women feel informed and confident throughout their treatment journey. Fluent in English, Kannada, Telugu, Tamil, and Hindi, she communicates effectively with a diverse patient base, ensuring clarity at every stage of care. At Manipal Hospital Old Airport Road, Dr. Mangala Devi K R continues to

deliver comprehensive, evidence-based women's healthcare. Her combined expertise in obstetrics, gynaecology, and reproductive medicine positions her among the best gynaecologists in Old Airport Road for both routine and complex women's health needs.

Fellowship & Membership

- Diploma In Reproductive Medicine (Kiel, Germany)

Field of Expertise

- Management of Normal and High-Risk Pregnancies
- Safe Labour and Delivery Management
- Comprehensive Antenatal and Postnatal Care
- Infertility Evaluation and Treatment
- IVF and Assisted Reproductive Technologies (ART)
- Ovulation Induction and PCOS Management
- Recurrent Pregnancy Loss Management
- Management of Menstrual Disorders and Hormonal Imbalances
- Treatment of Fibroids, Ovarian Cysts and Abnormal Uterine Bleeding
- Laparoscopy in Infertility and Gynaecological Conditions
- Preventive Women's Healthcare, Including Cervical and Breast Cancer Screening

Languages Spoken

- English
- Kannada
- Telugu
- Tamil
- Hindi

Awards & Achievements

- Dr. Mangala currently serves as the President of the Bangalore Society of Obstetrics and Gynaecology (BSOG) and Secretary of the Karnataka Chapter of the Indian Fertility Society. Published a book, "All About IVF"
- Topper in Anatomy
- 1st Prize, Quiz on Medical Disorders in Pregnancy – KSOGA Conference (2005)
- 1st Prize, SDPP on Fibroid in Pregnancy

Talks & Publications

- Academic & Scientific Speaking Engagements (CME / Conferences)
- Invited Speaker and Panellist at Multiple Scientific CME Programs
- Clinical Quandaries in Managing the Obese Couple With Infertility
- Secondary Infertility
- IVF vs Tubal Recanalisation
- Vulvovaginal Atrophy
- Laparoscopy in Infertility
- Epigenetics and Cryopreservation
- ESHRE Guidelines on Recurrent Pregnancy Loss (RPL)
- Debate: Surrogacy vs Uterine Transplant
- AI Tracking Tools for Surveillance of High-Risk Mothers
- Mitochondria and Ovarian Ageing
- Ovulation Induction
- Hyperemesis Gravidarum
- Postpartum Hypothyroidism
- Micronutrients for Women’s Health

- Unexplained Recurrent Pregnancy Loss
- Teenage Pregnancies and the POCSO Act
- Platelet-Rich Plasma (PRP) in Reproductive Health
- PCOS and Infertility
- Management of GERD in Pregnancy
- Immunisation in Pregnancy
- Male Factor Infertility and IUI
- Fibroid in Pregnancy
- Premature Ovarian Failure