

DR. PRASHANT PURANIK

Lead Consultant - Reconstructive Oncology & Microsurgery,
Department of Plastic Reconstructive & Cosmetic Surgery

Qualification

MBBS | MS | M. Ch | DNB (Plastic surgery) | Fellowship in reconstructive oncology | ICRETT fellow in breast surgery | Visiting fellow in supermicrosurgery | Microsurgery fellow for advanced reconstruction

Overview

Dr. Prashant Puranik is a highly experienced plastic and reconstructive surgeon in Old Airport Road and Kanakapura Road, Bengaluru, with over 18 years of specialised experience in reconstructive, microsurgical, and aesthetic procedures. He is currently practising as Lead Consultant – Reconstructive Oncology & Microsurgery in the department of Plastic, Cosmetic & Reconstructive Surgery at Manipal Hospital, Old Airport Road and Manipal Hospital, Kanakapura Road. With expertise in complex reconstructive surgery and aesthetic procedures, he is recognised as one of the best plastic surgeons in Old Airport Road for advanced reconstructive and cosmetic surgical care. Dr. Puranik completed his MBBS, followed by an MS in General Surgery, and later pursued training in plastic surgery with M.Ch and DNB in Plastic Surgery. To further advance & refine his subspecialty expertise, he completed several prestigious fellowships, including a Fellowship in Reconstructive Oncology from Tata Memorial Hospital, Mumbai. He has also undertaken international fellowships and training in breast surgery

in Chelmsford, UK, supermicrosurgery in Tokyo, Japan, and advanced microsurgical reconstruction training in Taiwan. These advanced global training experiences have helped him develop strong expertise in complex reconstructive techniques and microsurgery. Over the course of his career, Dr. Puranik has successfully performed more than 5000 surgical procedures. His clinical expertise includes reconstructive oncology, microsurgical reconstruction, aesthetic & reconstructive breast surgery, facial plastic surgery, and body contouring procedures. He is particularly skilled in complex reconstructive surgeries for cancer patients, including head and neck reconstruction, breast reconstruction, and limb salvage procedures using advanced microsurgical techniques. Dr. Puranik also specialises in procedures such as lymphoedema surgery, facial palsy surgery, aesthetic surgery and complex reconstructive surgeries following trauma. His approach focuses on restoring both function and aesthetics, helping patients regain confidence and improve their quality of life. By combining meticulous surgical precision with an artistic understanding of form and symmetry, he ensures natural and functional outcomes in both reconstructive and cosmetic procedures. In addition to his clinical practice, Dr. Puranik is actively involved in academic research and surgical education. He has authored chapters in leading medical textbooks related to reconstructive surgery and has published research in reputed medical journals. He frequently participates as faculty and speaker at national and international conferences on plastic surgery and reconstructive microsurgery. Dr. Puranik is a member of several professional organisations, including the Association of Plastic Surgeons of India, Indian Association of Aesthetic Plastic Surgeons, Breast Reconstruction and Aesthetic Surgeons Association, Indian Society of Reconstructive Microsurgeons, and the Karnataka Association of Plastic, Reconstructive and Aesthetic Surgeons. His academic contributions have also been recognised through awards such as the Kilner Essay Award at APSICON. Fluent in Kannada, English, Hindi, and Marathi, Dr. Prashant Puranik focuses on clear

communication and patient-centred care throughout the surgical journey. With his extensive experience, advanced training in microsurgery, and commitment to achieving functional and aesthetic excellence, he continues to be regarded as one of the best plastic surgeons in Manipal Old Airport Road and Kanakapura Road for complex reconstructive and aesthetic surgical procedures.

Fellowship & Membership

- Member Of the Association Of Plastic Surgeons Of India
- Member Of the Indian Association Of Aesthetic Plastic Surgeons
- Member Of the Breast Reconstruction And Aesthetic Surgeons Association
- Member Of the Indian Society Of Reconstructive Microsurgeons
- Member Of the Karnataka Association Of Plastic, Reconstructive & Aesthetic Surgeons

Field of Expertise

- Reconstructive & Aesthetic Breast Surgery
- Facial Plastic Surgery
- Lymphoedema Surgery
- Head And Neck Reconstructive Surgery
- Microsurgery
- Facial Palsy Surgery
- Aesthetic Surgery
- Body Contouring
- Reconstructive Aspect Of Limb Salvage Surgeries

Languages Spoken

- Kannada

- English
- Hindi
- Marathi

Awards & Achievements

- Kilner Essay Award - APSICON 2017
- APSI cleft quiz - APSICON 2012

Talks & Publications

- Authored Text book chapters:
- Text book of Oncoreconstruction – First Edition 2018 Chapter
- Preoperative preparation in free flap reconstruction
- Principles and practice of assisted reproductive technology: Second edition 2019: Chapter 76 – Genitoplasty 1025- 1043
- A- Z of flaps: Mastering reconstructive surgery. Fibula flap for head & neck – Chapter 11. 130 - 141
- A- Z of flaps: Mastering reconstructive surgery. Ulnar artery flap – Chapter 19. 194 – 204
- Principles and practice of assisted reproductive technology: third edition 2022: Genitoplasty
- Publications:
- Modified facelift approach for posterior segmental mandibulectomy: a blend of oncology and cosmesis. Rao V, Subash A, Sinha P, Prasad R, Majumdar K, Puranik P. Eur Arch Otorhinolaryngol. 2020 Apr;277(4):1205-1210.
- Achieving optimal leg position for fibula flap harvest: Jaiswal, D; Shankhdhar, V; Prabha, Y; Prashant, Puranik; Rajendra G, Ramani. C. Indian Journal of Plastic Surgery; 2016. Jan-Apr; 49(1): 128–130
- Peroneal Muscle eversion technique for fibula flap. Jaiswal,

Dushyant; Prabha, Yadav; Shankhdhar, Vinay Kant; Prashant, Puranik; Rajendra, Gujjulannavar; Solanki, Raghuvirsinh. Indian Journal of Plastic Surgery: 2015. Jan – April. 48 (1). 95

- Tracheo-oesophageal puncture site closure with sternocleidomastoid musculocutaneous transposition flap. Dushyant J, Prabha Y, Vinay K, Rajendra G, Prashant Puranik. Indian J Plast Surg. 2015. Sep-Dec; 48(3): 278–282
- Anthropomorphic and perforator analysis of the anterolateral thigh flap in the Indian population. Sakthipalan, Prabha Y, Vinay K, Jaiswal D, Puranik Prashant. Indian J Plast Surg. 2013 Jan-Apr; 46(1): 59–68.
- A unique method of Hepatico-Jejunostomy for post Cholecystectomy CBD injury: case report of 2 cases (V. M. Uppin, I. V. Uppin, R. B. Patil, Prashant Puranik: Journal Of Scientific Society: 2005 (1,2) 11-13)
- Sacro-coccygeal teratoma in adults: a rare case report with review of literature (V .M. Uppin, A. C. Pangi, Sanjay Karpoor, Prashant Puranik: Journal Of Scientific Society: 2005 (1,2) 70-71)
- Ectopia vesicae in adult: Cystectomy with continent W pouch urinary diversion (V .M. Uppin, R. B. Nerli, Prashant Puranik, Amol Mutkekar: Journal Of Scientific Society: 2005 (3,4) 96-98)"