



## **MR. SAMRAT DEY (PT)**

Junior Executive - Physiotherapist

### **Qualification**

BPT | MPT ( Orthopaedic and Musculoskeletal Sciences)

### **Overview**

Mr. Samrat Dey is a highly skilled physiotherapist in Bangalore. He is currently practising as a Physiotherapist / Junior Executive – Physical Medicine and Rehabilitation at Manipal Hospitals, Old Airport Road, Bangalore, providing specialised rehabilitative care built on strong clinical knowledge, structured therapy planning, and patient-centred musculoskeletal management. With a robust academic foundation, he has completed BPT, followed by MPT (Orthopaedic and Musculoskeletal Sciences), equipping him with advanced skills in diagnosis, functional assessment, and therapeutic treatment planning for a wide range of orthopaedic and neuromuscular disorders. He further enhanced his clinical practice by undertaking a Fellowship in Orthopaedic Manual Therapy (FIMT), making him proficient in evidence-based manual therapy techniques, soft tissue mobilisation, and joint-specific rehabilitation. His work emphasises movement correction, pain reduction, postural restoration, and enhancing long-term musculoskeletal health. With expertise in Orthopaedic Manual Therapy, Kinesio Taping, Dry Needling, Geriatric Rehabilitation, Neurological Rehabilitation, Vestibular Rehabilitation, Fracture Rehabilitation, Joint

Replacement and Ligament Reconstruction Rehabilitation, Manual Lymphatic Drainage, and Sports Injury Rehabilitation, he is recognised for his detailed and structured approach to functional recovery. This expertise, combined with strong clinical reasoning, highlights him among the best physiotherapists in Bangalore for musculoskeletal and neuro-rehabilitation. Throughout his clinical career, Mr. Samrat has shown a keen interest in post-operative physiotherapy, orthopaedic mobility restoration, and injury prevention. He has actively participated in specialised hands-on workshops, including the Management in Intensive Care Unit, Breast Cancer Rehabilitation and Manual Lymphatic Drainage, Evidence-Based Functional Testing for Musculoskeletal Disorder and Sports Injury, and Lumbopelvic Mobilisation Techniques, which have strengthened his approach to precise movement correction, post-operative recovery, and functional rehabilitation. He is also a Certified Orthopaedic Manual Therapist (FIMT), Certified Dry Needling Practitioner (FIMT), Certified Kinesio Taping Practitioner (FIMT), and Certified BLS, highlighting his commitment to advanced emergency response and clinical safety. His work in Neurological Rehabilitation focuses on movement restoration, neuromotor coordination, and functional balance improvement for patients recovering from neurological injuries and disorders. In Geriatric Rehabilitation, he helps elderly patients enhance mobility, manage chronic conditions, and strengthen joint function to maintain independence. In Vestibular Rehabilitation, his structured therapy methods help individuals recover from dizziness, vertigo, balance disorders, vestibular dysfunction, and postural instability. Fluent in English, Bengali, Assamese, Hindi, and Kannada, he communicates effectively with patients across varied linguistic backgrounds, enhancing comfort, understanding, and cooperation during therapy sessions. His academic excellence is reflected in securing 2nd position in poster presentation at Physio Academia, ADTU, and his participation in the 1st Conference of the Indian Association of Physiotherapist Women Cell, demonstrating his active involvement in physiotherapy

research and academic engagement. At Manipal Hospitals Old Airport Road, Bangalore, he contributes significantly to comprehensive rehabilitation care by guiding patients through stepwise recovery — from pain management and mobility training to strength restoration and functional independence. With his expertise in Orthopaedic Manual Therapy, Sports Injury Rehabilitation, and Manual Lymphatic Drainage, he continues to build a strong reputation as one of the best physiotherapists in Bangalore, known for precision, dedication, and compassionate patient care.

### **Fellowship & Membership**

- Fellowship in Orthopaedic Manual Therapist (FIMT)

### **Field of Expertise**

- Orthopaedic Manual Therapy.
- Kinesio Taping.
- Dry Needling.
- Geriatric Rehabilitation.
- Neurological Rehabilitation.
- Vestibular Rehabilitation.
- Fracture Rehabilitation.
- Joint Replacement and Ligament Reconstruction Rehabilitation.
- Manual Lymphatic Drainage.
- Sports Injury Rehabilitation.

### **Languages Spoken**

- English
- Bengali
- Assamese

- Hindi
- Kannada

### **Awards & Achievements**

- Certified Orthopaedic Manual Therapist ( FIMT).
- Certified Dry Needling Practitioner ( FIMT).
- Certified Kinesio Taping Practitioner (FIMT).
- Hands-on workshop on management in the intensive care unit.
- Attended the 1st Conference of the Indian Association of Physiotherapist Women's Cell.
- Hands-on workshop on Breast Cancer Rehabilitation and Manual Lymphatic Drainage.
- Hands-on workshop: Evidence-Based Functional Testing for Musculoskeletal Disorders and Sports Injury.
- Hands-on workshop on Lumbopelvic Mobilisation Techniques.
- Certified BLS.
- Secured 2nd position in poster presentation in Physio Academia, ADTU.