



## **MS. SOROKHAIBAM BITARANI DEVI (PT)**

Junior Executive - Physiotherapist

### **Qualification**

Bachelor of Physiotherapy (BPT) | Master of Physiotherapy  
(Musculoskeletal Science)

### **Overview**

Ms. Sorokhaibam Bitarani Devi is a highly skilled physiotherapist in Bangalore. She is currently practising as a Physiotherapist / Junior Executive – Physical Medicine & Rehabilitation at Manipal Hospitals Old Airport Road, Bangalore, bringing clinical expertise in musculoskeletal, orthopaedic, geriatric, and sports injury rehabilitation. With a strong academic background, including BPT – Assam Down Town University and MPT – Krupanidhi College (Master's in Musculoskeletal Science), she has developed a robust clinical foundation in functional recovery, manual therapy, and patient-centric rehabilitation. Known for her precision-based treatment approach and compassionate patient interactions, she is widely regarded of the best physiotherapists in Bangalore, especially for individuals requiring long-term recovery and strength restoration. Her core expertise includes Orthopaedic Manual Therapy, where she applies advanced mobilisation techniques, soft tissue manipulation, and structured movement therapy to relieve pain and improve mobility. She is also proficient in Kinesio Taping, which supports joint stability, muscle function, injury prevention, and post-surgical rehabilitation. With specialised skills in Dry Needling, she

provides targeted treatment for myofascial pain, muscular stiffness, and movement restriction, helping patients achieve faster recovery. Her knowledge of Geriatric Rehabilitation enables her to design therapy programs focused on balance training, mobility improvement, fall prevention, and muscle strengthening for elderly patients, helping them regain functional independence and confidence in daily activities. She has significant experience in Fracture Rehabilitation, where she supports patients through their post-casting and post-surgical recovery journey by restoring joint flexibility, neuromuscular coordination, and functional mobility. Her competence in Joint Replacement and Ligament Reconstruction Rehabilitation includes rehabilitation after hip replacement, knee replacement, ACL reconstruction, and shoulder surgeries, where she systematically restores strength, flexibility, and gait function. Her skills in Sports Injury Rehabilitation involve treating ligament injuries, tendon issues, muscular strains, and movement imbalances using hands-on therapy, corrective exercises, and functional training concepts. Ms. Sorokhaibam has further strengthened her expertise through specialised certifications, including Certified Course in Manual Therapy (FIMT), Kinesiotaping, Course on Lumbopelvic Mobilisation Technique, Course on Management in Intensive Care Unit, Course on Breast Cancer Rehabilitation, IAPWC (Indian Association of Physiotherapist Women Cell), and Hands-on Workshop Evidence-Based Functional Testing for Musculoskeletal Disorder and Sports Injury. These practical training experiences enable her to plan and execute tailored rehabilitation strategies across different patient populations, from post-operative individuals to sports professionals. Fluent in Kannada, English, Hindi, Meiteilon, and Bengali, she communicates effectively with patients from diverse backgrounds, ensuring clarity, comfort, and active participation during treatment. She is committed to delivering physiotherapy that is evidence-based, structured, empathetic, and outcome-oriented. Her ability to blend clinical expertise with personalised care has earned her trust among families and patients seeking supportive physiotherapy recovery.

Through her work, she continues to contribute to advanced rehabilitation services at Manipal Hospitals Old Airport Road, Bangalore, making her a recognised professional amongst the best physiotherapists in Bangalore for comprehensive physiotherapy and rehabilitation care. Her commitment to patient well-being, recovery-focused care, and functional rehabilitation further reinforces her reputation as one of the best physiotherapists in Bangalore, especially for musculoskeletal, orthopaedic, and post-operative rehabilitation.

### **Field of Expertise**

- Orthopaedic Manual Therapy.
- Kinesio Taping.
- Dry Needling.
- Geriatric Rehabilitation.
- Fracture Rehabilitation.
- Joint Replacement and Ligament Reconstruction Rehabilitation.
- Sports Injury Rehabilitation.

### **Languages Spoken**

- English
- Hindi
- kannada
- Meiteilon
- Bengali

### **Awards & Achievements**

- Certified Course in Manual Therapy ( FIMT).
- Kinesiotaping.
- Course on lumbopelvic mobilisation technique.

- Course on management in the intensive care unit.
- IAPWC (indian association of Physiotherapists Women's cell).
- Course on breast cancer rehabilitation.
- Hands-on workshop on evidence-based functional testing for musculoskeletal disorders and sports injury.