



MS. GEETHANJALI SHEKAHR SHRIYAN (PT)

Junior Executive - Physiotherapist

Qualification

Master of Physiotherapy (Cardiopulmonary Physiotherapy) | Bachelor of Physiotherapy (BPT)

Overview

Ms. Geethanjali Shekahr Shriyan is a highly skilled physiotherapist in Old Airport Road, Bangalore. She is currently practising as a Physiotherapist / Junior Executive – Physical Medicine & Rehabilitation at Manipal Hospitals, Old Airport Road, Bangalore, bringing expertise in cardiopulmonary rehabilitation, complex post-surgical recovery, and transplant physiotherapy to patients requiring comprehensive rehabilitative care. With extensive training in Cardiopulmonary Physiotherapy, she specialises in evidence-based care for individuals recovering from heart, lung, and liver conditions, as well as those undergoing major surgical interventions. Her qualifications include a Bachelor of Physiotherapy (BPT) followed by a Master's in Cardiopulmonary Physiotherapy, backed by academic achievements such as securing 2nd Rank at RGUHS in Cardiovascular and Pulmonary Sciences in 2025, underlining her academic diligence and clinical excellence. Ms. Geethanjali holds expertise across a wide range of rehabilitation domains, including Cardiac Rehabilitation, Pulmonary Rehabilitation, and Liver Rehabilitation, making her a strong choice among the best physiotherapists in Old Airport Road, Bangalore, for

cardiopulmonary and transplant-focused recovery. She is adept at designing structured rehabilitation protocols to help patients regain endurance, improve respiratory function, enhance circulation, and optimise long-term recovery. Her specialised knowledge in managing patients post-heart and lung transplantation allows her to support patients with highly individualised exercise progression, respiratory care, secretion mobilisation, functional strength rebuilding, and post-transplant conditioning. Additionally, she is trained in Post-Abdominal Surgery Rehabilitation, helping patients recover after procedures such as hernia repair, gastrointestinal surgery, or major abdominal operations by focusing on early mobilisation, postural training, and circulation optimisation to prevent complications. Her skills also cover Plastic Surgery Rehabilitation, where she focuses on improving functional movement, scar management, edema control, and recovery through structured therapeutic techniques. She extends her expertise to Post-Amputation Rehabilitation, ensuring patients receive guidance on prosthetic adjustment, balance retraining, muscle reconditioning, and restoration of independence. She uses clinical tools such as Kinesio Taping to support muscle activation, pain modulation, orthopaedic stability, and tissue healing, enhancing patient outcomes in both musculoskeletal and cardiopulmonary conditions. Ms. Geethanjali is certified in Basic Life Support (BLS), demonstrating her preparedness for emergency care situations. Her contributions to clinical research and knowledge dissemination include paper presentations at Kruptacon 2021 and Garden City Conference 2024, earning her a Gold Medal for excellence in scientific presentation at Kruptacon 2021. These recognitions reflect her dedication to academic growth and innovation in physiotherapy practice. Additionally, she has published a copyright-protected “St John's Pulmonary Rehabilitation Protocol,” highlighting her expertise in structured lung rehabilitation and clinical protocol advancement. Fluent in English, Hindi, Kannada, and Tulu, she provides personalised patient communication and culturally sensitive care, helping patients understand their recovery

journey while ensuring compliance with therapy goals. With deep commitment to quality rehabilitative care, she promotes functional restoration, independence, and long-term well-being. Her well-rounded experience and patient-focused approach make her one of the best physiotherapists in Old Airport Road, Bangalore, particularly for cardiopulmonary rehabilitation and transplant recovery. With strong clinical insight, compassionate care, and structured rehabilitation planning, she is recognised as a trusted specialist among the best physiotherapists in Old Airport Road, Bangalore for comprehensive physical medicine and rehabilitation care.

Field of Expertise

- Cardiac Rehabilitation.
- Pulmonary Rehabilitation.
- Liver Rehabilitation.
- Post-abdominal surgery rehabilitation.
- Plastic surgery rehabilitation.
- Heart & lung transplantation specialist.
- Post amputation rehabilitation.

Languages Spoken

- English
- Hindi
- Kannada
- Tulu

Awards & Achievements

- Certified in BLS.
- Kinesiotaping.

- Gold Medal in paper presentation in Kruptacon 2021.
- RGUHS ranked 2nd in Cardiovascular and Pulmonary Sciences 2025.
- Published Copyright on "St John's Pulmonary Rehabilitation Protocol.

Talks & Publications

- Paper presentation at Kruptacon 2021.
- Paper presentation at Garden City Conference 2024.