



MISS. MAMUNI BEHERA

Senior Occupational Therapist - Physical Medicine and Rehabilitation

Qualification

BOT | MOT (Paediatrics)

Overview

Miss. Mamuni Behera is a highly skilled occupational therapist in Bangalore, currently practising as a Senior Occupational Therapist - Physical Medicine and Rehabilitation at Manipal Hospital Old Airport Road, Bangalore. With a strong foundation in neurodevelopmental therapy (NDT) and hand therapy, she brings years of dedicated experience in helping both children and adults overcome physical, neurological, and developmental challenges that affect daily functioning. Her expertise lies in enabling individuals to regain independence, improve fine and gross motor skills, and achieve a better quality of life through structured, evidence-based rehabilitation. Miss. Behera holds professional qualifications in occupational therapy and has undergone advanced training in Neurodevelopmental Therapy (NDT), a globally recognised approach to treating neurological and developmental conditions in both children and adults. Her work primarily focuses on facilitating motor control, improving balance, coordination, and promoting adaptive behaviour in individuals with conditions such as cerebral palsy, developmental delay, autism spectrum disorder, and post-stroke impairments. Her deep

understanding of developmental milestones and motor learning allows her to create targeted therapy plans that are both functional and engaging for her patients. At Manipal Hospital Old Airport Road, Miss. Behera plays an integral role within the Physical Medicine and Rehabilitation Department, where she works closely with physiotherapists, neurologists, orthopaedic specialists, and paediatricians to deliver holistic rehabilitation. She has significant experience in hand therapy, designing personalised rehabilitation programmes for patients recovering from injuries, fractures, or surgeries involving the upper limb. Her interventions focus on restoring fine motor skills, dexterity, and grip strength, often using customised splints and therapeutic exercises to achieve optimal outcomes. Beyond her clinical expertise, Miss. Behera is also proficient in developmental and handwriting assessment — a niche area within paediatric occupational therapy that focuses on identifying difficulties in visual-motor integration, hand-eye coordination, and writing ergonomics. She works closely with parents, teachers, and caregivers to provide guidance and structured home-based programmes, ensuring continuity of care beyond the clinical setting. Her empathetic approach and clear communication make therapy sessions both motivating and meaningful for young patients and their families. Fluent in Hindi and Bengali, Miss. Behera ensures that her interactions with patients are not only clinically sound but also emotionally supportive, enabling a culturally sensitive and comfortable environment for individuals from diverse backgrounds. She is also certified in Basic Life Support (BLS), reflecting her commitment to safety and professional excellence in clinical practice. Her approach to therapy is deeply person-centred — viewing each patient not merely through the lens of diagnosis, but as an individual with unique strengths, goals, and aspirations. Whether working with a child struggling with motor delays or an adult relearning daily activities post-neurological injury, Miss. Behera's interventions are guided by compassion, patience, and precision. She blends clinical knowledge with creativity — using play-based therapy for children and

task-oriented retraining for adults to promote sustained functional improvement. Over the years, her dedication to rehabilitation has earned her respect from both her peers and patients. She continues to expand her expertise through ongoing learning and professional development in developmental therapy, sensory integration, and hand function rehabilitation, ensuring her practice remains aligned with global best standards in occupational therapy. Through her work at Manipal Hospital Old Airport Road, Miss. Mamuni Behera exemplifies the hospital's commitment to restoring health, independence, and dignity for every patient, making her an invaluable member of the rehabilitation team.

Fellowship & Membership

- AIOTA

Field of Expertise

- S I Therapy
- NDT, Hand Therapy
- Developmental Therapy
- Early Intervention, Oromotor Stimulation

Languages Spoken

- English
- Hindi
- Bengali
- Odia
- Kanada

Awards & Achievements

- BLS

Talks & Publications

- Health talks
- Handwriting Assessment