

MR. KISHORE HAJARIYA

Senior Physiotherapist and Executive - Physical Medicine and Rehabilitation

Qualification

BPT | MPT (Neurology)

Overview

Mr. Kishore Hajariya is a highly skilled physiotherapist in Bangalore, currently serving as a Senior Physiotherapist and Executive - Physical Medicine and Rehabilitation at Manipal Hospital Old Airport Road, Bangalore. With a Bachelor's and Master's degree in Physiotherapy (Neurology) from RGUHS, Karnataka, and professional registration as a Member of the Indian Association of Physiotherapists, he brings extensive clinical expertise and a deep understanding of neurological recovery to his practice. His approach combines advanced neurophysiological principles with patient-centred care, ensuring that every individual receives a treatment plan tailored to their unique challenges and goals. Mr. Kishore's professional journey is rooted in a passion for restoring function and independence to individuals affected by neurological conditions. His postgraduate specialisation in neurology has equipped him with in-depth knowledge of the brain, spinal cord, and peripheral nervous system, knowledge that he applies daily in the assessment and rehabilitation of patients with conditions such as stroke, traumatic brain injury, spinal cord injury, multiple sclerosis, Parkinson's disease, and other neurodegenerative disorders.

His therapeutic methods focus on promoting neuroplasticity, retraining movement patterns, and improving motor control to help patients regain balance, coordination, and strength. At Manipal Hospital Old Airport Road, Mr. Kishore plays a vital role in the multidisciplinary rehabilitation team, collaborating closely with neurologists, neurosurgeons, occupational therapists, and speech-language pathologists. His clinical expertise allows him to design and implement individualised therapy programmes that address both the physical and cognitive dimensions of neurological recovery. He places strong emphasis on functional retraining, enabling patients not only to move better but also to perform daily tasks with improved confidence and autonomy. One of Mr. Kishore's key areas of focus is neurorehabilitation, where he combines manual therapy, task-oriented exercises, balance training, and sensory integration to achieve measurable improvements in mobility and quality of life. His sessions are known for being structured yet empathetic, helping patients overcome frustration and regain trust in their bodies. His hands-on approach, complemented by the use of advanced therapeutic modalities, ensures that recovery is progressive, sustainable, and holistic. Beyond inpatient and outpatient rehabilitation, Mr. Kishore actively engages in early intervention programmes for patients with acute neurological conditions, aiming to prevent complications such as muscle stiffness, postural deformities, and secondary weakness. His proactive care model is built around early mobilisation and patient education, empowering individuals and families to take an active role in the recovery process. As a Member of the Indian Association of Physiotherapists (MIAP), Mr. Kishore upholds the highest standards of ethical and professional practice. His ability to communicate fluently in English, Hindi, Kannada, and Bengali allows him to interact effectively with patients from diverse backgrounds, ensuring that care remains inclusive and culturally sensitive. His dedication to continuing education keeps him abreast of global advancements in neurological rehabilitation, from motor relearning strategies to robotic-assisted

physiotherapy and cognitive-motor interventions. This commitment to lifelong learning reflects his belief that physiotherapy is a constantly evolving field, one that demands adaptability, compassion, and scientific precision in equal measure. Throughout his career, Mr. Kishore has been recognised for his patient-focused approach and his ability to motivate individuals to achieve meaningful recovery milestones. His calm demeanour and clinical insight inspire confidence among patients and colleagues alike, making him a respected figure within the rehabilitation team at Manipal Hospital Old Airport Road. By integrating evidence-based techniques with empathy-driven care, Mr. Kishore Hajariya continues to transform lives through his work in neurological physiotherapy, helping patients rebuild not only their physical capabilities but also their sense of self and independence. His contribution stands as a testament to Manipal Hospital's commitment to excellence in comprehensive neurological rehabilitation and restorative care.

Fellowship & Membership

- MIAP (Member of Indian Association Physical Therapists)Reg No: L-42727

Field of Expertise

- Neurological rehabilitation

Languages Spoken

- English
- Hindi
- Bengali
- Kanada