



## **MR. VEERAVENKATESAPANDIYAN**

Lead Physiotherapist / Senior Executive

### **Qualification**

BPT | MBA (International Business)

### **Overview**

Mr. Veeravenkatesapandiyan is a highly skilled physiotherapist in Bangalore. He is currently practising as the Lead Physiotherapist and Senior Executive - Physical Medicine and Rehabilitation at Manipal Hospitals Old Airport Road, Bangalore, bringing extensive experience and clinical expertise in cardiac, pulmonary, and orthopaedic rehabilitation. With a strong foundation in evidence-based practice, Mr. Veeravenkatesapandiyan has dedicated his career to restoring mobility, improving functional independence, and enhancing the quality of life for patients recovering from critical illnesses, surgeries, and injuries. His work reflects a holistic approach, focusing not just on symptom relief but on long-term recovery, strength, and prevention of recurrence. A Bachelor of Physiotherapy (BPT) graduate with an MBA in International Business, Mr. Veeravenkatesapandiyan combines clinical proficiency with strong leadership and organisational skills, ensuring seamless rehabilitation care within multidisciplinary teams. As a Lifetime Member of the Indian Association of Physiotherapists (IAP - L-27358), he remains committed to professional development and upholding high standards of physiotherapy practice. His areas of

clinical expertise span cardiac and pulmonary rehabilitation, critical care/MICU and ITU management, acute orthopaedic injury care, ligament reconstruction and fracture rehabilitation, and replacement surgery rehabilitation. Mr. Veeravenkatesapandiyan's proficiency also extends to dry needling, ergonomic assessments, and speech and swallow rehabilitation, showcasing his wide-ranging capabilities across various rehabilitation needs. As a Certified Dry Needling Practitioner (CDNP) and ergonomic specialist, he applies advanced manual therapy and trigger point release techniques to reduce pain and muscle tension, particularly for patients with complex musculoskeletal and postural disorders. His clinical excellence has been recognised through multiple accolades, including being a Manyata Award Finalist in Clinical Excellence (2017 & 2018), underscoring his dedication to high-quality, patient-centred physiotherapy care. Beyond hospital-based practice, Mr. Veeravenkatesapandiyan is deeply involved in sports and community rehabilitation. He has served as the Team Physiotherapist for the 7th Youth National Athletic Championship (2010), where he contributed to athlete conditioning, recovery, and injury prevention. Fluent in English, Tamil, Telugu, Kannada, Hindi, and Malayalam, he ensures clear and empathetic communication with patients from diverse linguistic backgrounds. Through his compassionate care, multidisciplinary collaboration, and focus on evidence-based interventions, Mr. Veeravenkatesapandiyan continues to make a meaningful difference in the lives of his patients, helping them regain mobility, confidence, and independence after illness or injury.

### **Fellowship & Membership**

- IAP Lifetime membership (L-27358).

### **Field of Expertise**

- Cardiac and Pulmonary rehabilitation.
- Critical care/MICU and ITU Management.
- Acute Orthopaedic Injuries (Conservative)
- Replacement and Ligament Reconstruction Rehabilitation.
- Fracture Rehabilitation.
- Dry Needling.
- Ergonomic Specialist.

### **Languages Spoken**

- English
- Tamil
- Telugu
- Kannada
- Hindi
- Malayalam

### **Awards & Achievements**

- Team Physiotherapist for the 7th Youth National Athletic Championship - 2010.
- Manyata Award Finalist in Clinical Excellence 2017 & 2018 (Half-Yearly).
- CDNP (Certified Dry Needling Practitioner).