

DR. FIRDOS SABA

Consultant - Histopathology

Qualification

MBBS | MD | DNB | FRCPath

Overview

Dr. Firdos Saba is a highly accomplished pathologist in Bangalore. She is currently practising as a Consultant – Histopathology at Manipal Hospitals Old Airport Road, Bangalore, bringing over 15 years of academic, diagnostic, and international clinical expertise in pathology to the service of patients and medical teams. With an exceptional educational foundation that spans from India to the United Kingdom and extensive experience across premier medical institutions, Dr. Saba has established herself as a trusted specialist in histopathology, oncopathology, and diagnostic pathology, playing a vital role in patient care through accurate and timely diagnostic reporting. Her journey began with her MBBS at Dr. B.R. Ambedkar Medical College, Bangalore, where she developed an early passion for pathology and diagnostic sciences. She pursued her MD in Pathology from JSS Medical College, Mysore, and further honed her expertise by completing the Diplomate of National Board (DNB) in Pathology in New Delhi. Committed to international standards of excellence, she went on to achieve the Fellowship of the Royal College of Pathologists (FRCPath, UK), an accomplishment that reflects her dedication to clinical precision and

continuous advancement in the field. This global recognition is complemented by her specialised training in neuropathology, haematology, histopathology, immunohistochemistry, and advanced molecular techniques like PCR, which have positioned her at the forefront of diagnostic medicine. Professionally, Dr. Saba has worked across several esteemed institutions, both in India and abroad. In India, she served as a Consultant Pathologist at SRL, Dr. Deshpande's Laboratory in Bangalore, where she was responsible for histopathology, cytology, haematology, and fine needle aspiration procedures, while also contributing to laboratory accreditation processes. She also held academic positions as Assistant Professor at Dr. B.R. Ambedkar Medical College and Lecturer at KLE Dental College, where she combined her clinical work with teaching, training undergraduate and postgraduate students in pathology. Her dedication to academics is evident in her active involvement in seminars, journal clubs, and conferences throughout her career. Her most notable international experience came as an Assistant Consultant at King Abdullah Medical City, Makkah, Saudi Arabia, where she worked from 2018 to 2025. Here, she gained extensive exposure to complex histopathology and cytology cases, frozen sections, and immunohistochemistry reporting. She played a key leadership role in departmental operations, including preparing Standard Operating Procedures (SOPs), conducting staff interviews, overseeing laboratory accreditation, and representing the institution at national and international conferences. Her contributions to quality assurance helped the department achieve successful CAP accreditation. This experience not only enhanced her clinical expertise but also strengthened her administrative and organisational skills. Dr. Saba has an extensive academic portfolio with multiple research papers and case reports published in reputed journals, covering diverse subjects such as lymphoepithelioma-like carcinoma of the cervix, primary mucinous carcinoma of the skin, rare gastric and hepatic tumours, and pediatric haematology. Her research interests also extend to oncopathology, breast and gynaecological pathology,

and gastrointestinal pathology, fields in which she has presented papers and posters at several national and international conferences. Beyond publications, she has been a regular speaker at professional platforms, including international diagnostic and laboratory medicine conferences, underscoring her active role in knowledge dissemination and academic growth. Her core expertise lies in histopathology, oncopathology, breast pathology, and gynaecological pathology, with additional interest in teaching and training. She is proficient in advanced diagnostic methodologies such as immunohistochemistry and molecular techniques, which form the backbone of precision oncology and modern histopathology. Patients and clinicians alike rely on her accuracy in diagnosis, her eye for detail, and her ability to approach each case with scientific rigour and clinical sensitivity. Fluent in Kannada, English, Hindi, and Urdu, Dr. Saba communicates with patients, families, and medical colleagues across diverse backgrounds, ensuring clarity and trust in every interaction. At Manipal Hospitals, Old Airport Road, she continues her commitment to advancing diagnostic medicine and contributing to the multidisciplinary care of patients with a wide range of medical conditions, particularly in oncology and histopathology. With her blend of rich academic training, international exposure, and compassionate professionalism, Dr. Firdos Saba stands as a respected and reliable figure in the field of pathology.

Fellowship & Membership

- Fellow of the Royal College of Pathology.

Field of Expertise

- Histopathology.
- Cytopathology.
- Oncopathology.

- GI pathology.

Languages Spoken

- English
- Hindi
- Kannada
- Urdu

Talks & Publications

- Lymphoepithelioma-like Carcinoma of the Cervix – Indian Journal of Gynaecological Oncology, November 2008.
- Primary Mucinous Carcinoma of the Skin – Indian Journal of Pathology and Microbiology, June 2009.
- Anemia Among Hospitalized Children – Journal of Family Medicine and Primary Care, Jan–Mar 2014; 3(1): 48–53.
- Retroperitoneal lipoblastoma with cord compression in an adult patient: A case report: Cureus14(9):e29292.DOI 10.7759/cureus.. 29292.
- Primary Synovial sarcoma in gastric fundus: A case report: Cureus 14(4):e24407.DOI 10.7759/cureus.24407.
- Mature teratoma of liver in an adult male patient: IJPM 2022, IP:254.204.6.59.
- Calcifying fibrous tumour of the stomach – a case report: Journal of Medical and Clinical Case Reports 1(1). https://doi.org/10.61615/JMCCR/2024/FEB027140208.
- Plasma cell granuloma of the gingiva – a case report: Journal of Medical and Clinical Case Reports 1(1). https://doi.org/10.61615/JMCCR/2024/FEB027140228.
- Gastrointestinal Basidiobolomycosis: A Case Series. Cureus 16(2): e55008. DOI 10.7759/cureus.55008.

- Malignant collision tumours of thyroid: Two case reports, December 2024, Bulletin of Stomatology and Maxillofacial Surgery DOI:10.58240/1829006X-2025.1-5.