



## Dr. Shalina Ray

CONSULTANT - ENT Nose and Throat

### Qualification

MBBS | DLO | MS (ENT) | MRCS (UK) | DOHNS (UK)

### Fellowship & Membership

- Member of Royal College of Surgeons (England).
- General Medical Council UK.
- Karnataka Medical Council.

### Field of Expertise

- Endoscopic Advanced Sinus Surgery including treatment of Orbital and Skull Base Lesions
- Coblation Tonsillectomy and Adenoidectomy
- Microscopic Reconstructive Ear Surgery
- Laser-Assisted Laryngeal Surgery for Voice Disorders
- Surgeries for Snoring and Sleep Apnoea Coblation and Radiofrequency assisted
- Thyroid and Head and Neck Surgeries
- Special Interest in Paediatric ENT Surgeries
- Evaluation and Management of Vertigo, Tinnitus, Hearing Loss and Nasal Allergies
- ENT Emergencies: Removal of Foreign Bodies In ENT, Nasal Bleed Management, Airway Obstruction Management

### Languages Spoken

- English
- Hindi
- Bengali
- Gujarati

### Awards & Achievements

## Talks & Publications

- Training in Laser and Laryngeal Voice Surgery KEM Hospital Mumbai.
- Trained in advanced Otolaryngology at House Ear Institute, LA California.
- Trained in advanced Endoscopic Sinus Surgeries, Singapore General Hospital.
- Special training in Coblation Surgeries for Tonsillectomy, Adenoidectomy & Snoring and Sleep Apnoea, England.
- A randomised controlled trial comparing Triamcinolone with 10% glycerine-ichthammol in the initial treatment of severe acute otitis externa. European Archives of Oto-Rhino-Laryngology.
- Head & Neck Fellowship at Tata Memorial Hospital, Mumbai.
- The 'Parents' Kiss': An Effective Way to Remove Paediatric Nasal Foreign Bodies. Annals of Royal College of Surgeons of England 2008
- Intranasal myopericytoma: A rare tumour with perivascular myoid differentiation; the changing nomenclature of haemangiopericytoma. JLO 2007
- Severe laryngitis following chronic anabolic steroid abuse. JLO 2007
- An unusual case of Epistaxis. JLO 2007
- The Relative Sensitivity of Barium Swallow. Indian Journal of Otolaryngology and Head & Neck Surgery. 2002
- Case Report of Chylous Cyst: Presenting as Supraclavicular Mass. Indian Journal of Anatomy and Surgery of Head, Neck and Brain. 2019