



## **DR. RICHA SINGH**

Consultant - Neurology

### **Qualification**

MBBS | M.D (Medicine) | DM (Neurology)

### **Overview**

Dr. Richa Singh is an experienced neurologist in Bangalore, currently practising as a Consultant - Neurology at Manipal Hospital Old Airport Road. With specialised training in neurology, she is dedicated to providing evidence-based care tailored to each patient's unique needs, covering acute and chronic disorders of the brain, spinal cord, peripheral nerves, and muscles. Dr. Richa brings deep clinical knowledge and a patient-focused approach to diagnosing and managing neurological conditions like headache, dementia, stroke, movement disorders, epilepsy, and neuromuscular disorders. Dr. Richa completed her MBBS, followed by an MD in General Medicine, and then pursued DM in Neurology, acquiring advanced skills in evaluating and treating complex neurological diseases. She has a keen academic interest and has presented her work at national neurology conferences. Her research contributions include poster presentations on intracerebral haemorrhage and cranio-vertebral junction tuberculosis and a published article on cardiac arrhythmias in Wilson's disease in a peer-reviewed journal. Her clinical strengths include the diagnosis and management of headache disorders, including migraines and cluster

headaches, as well as dementia, Alzheimer's disease and vascular cognitive impairment. She is also highly skilled in treating strokes, from acute ischaemic events to long-term rehabilitation planning, ensuring optimal recovery and prevention of future episodes. Dr. Richa also specialises in movement disorders, offering comprehensive care for conditions such as Parkinson's disease, essential tremor, and dystonia. Her interest in neuromuscular disorders spans myasthenia gravis, peripheral neuropathy, and muscular dystrophies. She is proficient in conducting and interpreting neurophysiological tests like nerve conduction studies and electromyography, which are essential for accurate diagnosis and treatment planning. She uses a multidisciplinary approach to improve quality of life through medications, lifestyle guidance, and coordinated therapy. Her management of epilepsy includes seizure classification, medication optimisation, and patient education, with a goal of achieving long-term seizure control and safety. Dr. Richa's consultation style is empathetic, thorough, and personalised. She ensures that patients and caregivers clearly understand the diagnosis, prognosis, and treatment options, empowering them to manage their health actively. At Manipal Hospitals, she follows a protocol-driven and holistic treatment methodology, integrating the latest medical advancements and clinical guidelines to provide optimal neurological care. Dr. Richa speaks English, Hindi, Marathi, and Bangla. Her ability to communicate effectively in multiple languages allows her to reach a wider patient base with clarity and compassion.

### **Field of Expertise**

- Headache
- Dementia
- Stroke
- Movement Disorders
- Epilepsy

- Neuromuscular Disorders

### **Languages Spoken**

- English
- Hindi
- Marathi
- Bangla

### **Awards & Achievements**

- Predictor of severity and 30-days outcome in patients admitted with spontaneous intracerebral Haemorrhage: A hospital based study. : poster presented in APICON 2016
- Cranio-Vertebral junction tuberculosis: a rare presentation of tuberculosis revisited. B.K. Bajaj, Richa Singh, and Saurabh Gupta's poster presentation at INTROPICON 2017.
- Cardiac arrhythmia in Wilson's disease: An oversighted and overlooked entity! B.K. Bajaj, Richa Singh, Saurabh Gupt JNRP  
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