

DR. UMA ESWARA

Consultant - Pedodontist - Dental Medicine

Qualification

BDS (NTR University of Health Sciences, Vijayawada) | MDS (PGIMER, FAIMER (CMCL)

Overview

Dr. Uma Eswara is a highly experienced paediatric dentist in Bangalore. She is currently practising as a Consultant - Pedodontist at Manipal Hospital Old Airport Road. Dr. Uma brings over 27 years of diverse experience across academia, clinical practice, and healthcare leadership in national and international settings. She graduated with a BDS from NTR University of Health Sciences, Hyderabad, and earned her MDS in Pedodontics and Preventive Dentistry from Post Graduate Institute of Medical Education and Research, Chandigarh. She was the topper of her class during undergraduate studies and was awarded a Silver Medal in her Post-graduation. She also did her Fellowship in Medical Education (FAIMER) at the prestigious CMCL, Ludhiana. As an academician, Dr. Uma served as Professor and HOD for Paediatric Dentistry at Manipal University College Malaysia, where she also chaired the Postgraduate Program Committee. She has mentored countless postgraduate students, overseen high-impact, cross-cultural research collaborations, and published widely cited clinical studies in pediatric dentistry. A recognized reviewer and section editor for leading dental journals (including BDJ Open and BMC Medical

Education), she has been invited to present award-winning research and lead workshops at national and international conferences. Dr. Uma Eswara has practiced not only in Bangalore but also in Oman, Dubai, and Malaysia. Dr. Uma's forte lies in attending to the dental treatment needs of children with special healthcare needs, infants, and preschool children through adolescents. Dr. Uma believes in customizing the principles of behavior management for each child's treatment needs so that each child is comfortable when the treatment is performed, and dental treatment is no longer scary! Dr. Uma performs a repertoire of dental treatments for children, such as preventive therapies, fillings, treatment of infected milk teeth, crowns, dental trauma, correction of misaligned teeth, and full mouth rehabilitation in children with early childhood caries using the latest techniques and materials. Dr. Uma Eswara has a very patient approach when providing dental treatment to very young children, as it sets the lifelong belief about dentistry. Her main focus is on the prevention of dental decay in premature babies. Dr. Uma is passionate about debunking the myth that "baby teeth need no treatment as they will fall off" and providing a good quality of life for these children whose baby teeth are affected by tooth decay due to various causes. She is regarded as one of the best pediatric dental medicine doctors in Bangalore. Dr. Uma is fluent in English, Hindi, Punjabi, Telugu, and Kannada, enabling her to connect with families from diverse backgrounds. A life member of the Indian Society of Pedodontics & Preventive Dentistry (ISPPD) and the Indian Dental Association (IDA), she has received multiple accolades, including Best Poster awards at the Melaka Research Day and IMU conferences. Her collaborative, empathetic approach and strategic focus on patient-centered care continue to inspire her teams and ensure the highest standards in pediatric dental health at Manipal Hospitals.

Fellowship & Membership

- Fellowship in Medical Education and Research.

- FAIMER.
- Life member ISPPD.
- Member IDA.

Field of Expertise

- Pediatric Dentistry.
- Managing and treating children with special health care needs.

Languages Spoken

- English
- Hindi
- Punjabi
- Telugu
- Kannada

Awards & Achievements

- Silver medal - MDS.
- Best Poster award - Melaka Research Day, IMU.
- Best Poster Award - IMU conference, Kuala Lumpur.

Talks & Publications

- Webinar - Malaysian Association of Pediatric Dentistry; Paper presentation at Malaysian Association of Pediatric Dentistry Conference.