

DR. ANITHA KUMARI A M

Consultant - Ear Nose & Throat Surgery

Qualification

MBBS | DLO | DNB (ENT)

Overview

Dr. Anitha Kumari A M is an experienced Consultant in the Ear, Nose & Throat Surgery field, practising at Manipal Hospitals Old Airport Road, Bangalore. Her special interest and expertise lie in paediatric ENT & surgeries such as tonsillectomy, adenoidectomy, and myringotomy, as well as microscopic ear surgeries such as tympanoplasty, mastoid surgery, and stapedectomy. She is also proficient in endoscopic nasal, sinus, and skull-base surgeries, such as septoplasty, FESS, turbinoplasty, and lacrimal sac surgery. Additionally, Dr. Anitha Kumari evaluates and manages patients with snoring and sleep apnoea, voice disorders and laser-assisted microscopic surgery, airway and swallowing disorders in children and elderly, ENT emergencies such as foreign bodies, airway obstruction, nasal bleeding, and neck trauma, head, tinnitus, neck masses, and vertigo and nasal allergy. She has trained in expert ENT areas such as laser-assisted phono surgery, reconstructive airway surgery and sleep apnoea, paediatric airway and swallowing disorders, and coblation-assisted tonsillectomy and adenoidectomy. Dr. Anitha Kumari A M is is a member of the Association of Otolaryngologists of India, the Indian Society of Otology,

and the Association of Surgeons for Sleep Apnoea. She has published eight scientific papers in peer-reviewed Indian and International journals on topics such as Neurofibrosarcoma of the Subglottis, Carotid Space Infection, Management of Smoke Inhalational Laryngotracheal Injury, and a rare cause of delayed onset Post-extubation Stridor. She is currently researching the impact of vitamin deficiency on Allergic Rhinitis.

Fellowship & Membership

- Member of Association of Otolaryngologists of India
- Member of Indian Society of Otology
- Member of Association of Surgeons for Sleep Apnoea

Field of Expertise

- Paediatric ENT & Surgeries - Tonsillectomy, Adenoidectomy, Myringotomy
- Microscopic Ear surgeries - Tympanoplasty, Mastoid surgery, Stapedectomy
- Endoscopic Nasal, Sinus & Skull-base surgeries - Septoplasty, Fess, Turbinoplasty, Lacrimal sac Surgery
- Evaluation of Snoring & Sleep apnoea and corrective surgery
- Voice disorders & Laser-assisted Microscopic surgery - Vocal Polyps, Nodules, Cysts, Vocal Strain
- Airway & Swallowing disorders in children & elderly
- ENT emergencies – foreign bodies, airway obstruction, nasal bleed, neck trauma
- Evaluation & management of Vertigo, Tinnitus, Nasal Allergy and Head & Neck masses (Thyroid, Salivary Glands, Lymph Nodes)
- Airway reconstructive procedures

Languages Spoken

- English
- Malayalam
- Hindi
- Kannada
- Tamil

Awards & Achievements

- Undergone training in advanced ENT areas such as: Laser-assisted Phonosurgery, Reconstructive airway surgery, Surgery for snoring & sleep apnoea, Paediatric airway & swallowing disorders, Coblation assisted Tonsillectomy, Adenoidectomy, Airway procedures

Talks & Publications

- Published 8 scientific papers in ENT and related topics in peer reviewed Indian and International journals
- Researching on the impact of vitamin deficiency on allergic rhinitis.
- Neurofibrosarcoma of the Subglottis Click Here
- Carotid space infection Click Here
- Management of Smoke Inhalational Laryngotracheal Injury: A Modest ExperienceClick Here
- A rare cause of delayed onset postextubation stridor Click Here