



## Dr. Anitha Kumari A M

CONSULTANT - ENT Nose and Throat

### Qualification

MBBS | DLO | DNB (ENT)

### Fellowship & Membership

- Member of Association of Otolaryngologists of India
- Member of Indian Society of Otology
- Member of Association of Surgeons for Sleep Apnoea

### Field of Expertise

- Paediatric ENT & Surgeries - Tonsillectomy, Adenoidectomy, Myringotomy
- Microscopic Ear surgeries - Tympanoplasty, Mastoid surgery, Stapedectomy
- Endoscopic Nasal, Sinus & Skull-base surgeries - Septoplasty, Fess, Turbinoplasty, Lacrimal sac Surgery
- Evaluation of Snoring & Sleep apnoea and corrective surgery
- Voice disorders & Laser-assisted Microscopic surgery - Vocal Polyps, Nodules, Cysts, Vocal Strain
- Airway & Swallowing disorders in children & elderly
- ENT emergencies - foreign bodies, airway obstruction, nasal bleed, neck trauma
- Evaluation & management of Vertigo, Tinnitus, Nasal Allergy and Head & Neck masses (Thyroid, Salivary Glands, Lymph Nodes)
- Airway reconstructive procedures

### Languages Spoken

- English
- Malayalam
- Hindi
- Kannada
- Tamil

### Awards & Achievements

- Undergone training in advanced ENT areas such as: Laser-assisted Phonosurgery, Reconstructive airway surgery, Surgery for snoring & sleep apnoea, Paediatric airway & swallowing disorders, Coblation assisted Tonsillectomy, Adenoidectomy, Airway procedures

## Talks & Publications

- Published 8 scientific papers in ENT and related topics in peer reviewed Indian and International journals
- Researching on the impact of vitamin deficiency on allergic rhinitis.
- Neurofibrosarcoma of the Subglottis [Click Here](#)
- Carotid space infection [Click Here](#)
- Management of Smoke Inhalational Laryngotracheal Injury: A Modest Experience [Click Here](#)
- A rare cause of delayed onset postextubation stridor [Click Here](#)