

**DR. ABHISHEK PATIL**

HOD and Consultant - Rheumatology and Clinical Immunology

**Qualification**

MBBS from KIMS, Hubli | MD (Medicine) from UCMS & GTBH, New Delhi | DNB (Rheumatology) from IAH, New Delhi | PG Diploma MSK USG-UCAM, Spain

## Overview

Dr. Abhishek Patil is an exceptionally qualified and accomplished specialist in rheumatology With an extensive educational foundation and abundant experience, he has secured himself as a conspicuous figure in the medical community. Dr. Patil, currently the department's head and a consultant in rheumatology, has significantly improved the discipline via his knowledge and research. Dr. Patil's educational journey began with a Bachelor of Medicine and Bachelor of Surgery (MBBS) degree from KIMS in Hubli. He further pursued his specialisation in Medicine, obtaining an MD from UCMS & GTBH in New Delhi. Driven by his passion for Rheumatology, he pursued a Diplomate of National Board (DNB) in Rheumatology from IAH in New Delhi. To enhance his skills in musculoskeletal ultrasound, he completed a Postgraduate Diploma in MSK USG from UCAM in Spain. He is one of the best rheumatologists in Bangalore. Dr. Patil has been effectively associated with different partnerships and participations throughout his profession, fortifying his insight and mastery. He is a proud individual from the Indian Rheumatology Affiliation (IRA) and the Musculoskeletal

Ultrasound Society (MUS), featuring his obligation to proficient turn of events and staying up to date with the most recent progressions in his field. Dr. Patil's field of expertise encompasses various conditions, including arthritis and related diseases such as Rheumatoid Arthritis, Psoriatic Arthritis, Gout, Osteoarthritis, and Spondyloarthritis. He is also well-versed in systemic connective tissue diseases like SLE, Sjogren's, Scleroderma, and Myositis. His expertise extends to systemic vasculitis, including ANCA Vasculitis, Takayasu Arteritis, and Cutaneous Vasculitis.  Dr. Patil is keenly interested in studying the immunogenicity of biological agents and their influence on efficacy, as well as soft tissue rheumatism, fibromyalgia, chronic pain syndromes, and allergy-related diseases. Dr. Patil has gotten different honours and accomplishments throughout his career, demonstrating his commitment and contributions. He received several gold medals during his MBBS, demonstrating his academic excellence. Notably, he was awarded the President NBE gold medal for DNB Rheumatology in 2017. Dr Patil has authored numerous national and international publications, showcasing his commitment to advancing medical knowledge and sharing his research findings with the scientific community. Dr. Patil's ability is more comprehensive than his clinical practice and research. He is effectively taken part in instructive exercises, including preparing Rheumatology colleagues. By giving his insight and experience to people in the future of specialists, he assumes an urgent part in forming the eventual fate of Rheumatology and advancing the best patient care expectations. Conversant in numerous dialects, including Kannada, English, Hindi, Tamil, and Bengali, Dr. Patil guarantees powerful correspondence and understanding with patients from assorted semantic foundations. This linguistic capability permits him to lay out areas of strength for his patients, advancing patient-focused care and compelling doctor-patient communication. This reasons why he is widely popular as a leading rheumatologist in and around Bangalore.

## Fellowship & Membership

- Member of Indian Rheumatology Association (IRA).
- Member of Musculoskeletal Ultrasound Society (MUS).

## Field of Expertise

- Arthritis and related diseases such as Rheumatoid Arthritis, Psoriatic Arthritis, Gout, Osteoarthritis, Spondyloarthritis
- Systemic connective tissue diseases such as SLE, Sjogrens, Scleroderma, Myositis
- Systemic Vasculitis such as ANCA Vasculitis, Takayasu Arteritis, Cutaneous Vasculitis
- Immunogenicity of biological agents and their influence on the efficacy
- Soft Tissue Rheumatism
- Fibromyalgia and Chronic Pain Syndromes
- Allergy and related diseases
- Musculoskeletal Ultrasound
- Nailfold capillaroscopy
- Basic Immunology

## Languages Spoken

- Kannada
- English
- Hindi
- Tamil
- Bengali

## Awards & Achievements

- Received Multiple Gold Medals during MBBS.
- President NBE gold medal for DNB Rheumatology 2017.
- Authored several National and International publications.
- Worked as Sub-PI in the 14V-MC-JADY (e) A phase 3, Multicenter study to evaluate the long-term safety and efficacy of Baricitinib in Patients with Rheumatoid Arthritis.
- Received multiple academic rewards during his MD and DNB Rheumatology training.
- Has been involved in the training of Rheumatology fellows.

### Talks & Publications

- Patil A et al. An Unusual Case of Giant Cell Arteritis with Monoarthritis and Orchitis at Presentation. Arch Rheumatol. 2017 Apr 5; 32 (3):268-270. doi: 10.5606/ArchRheumatol.2017.6268.
- Patil A, et al. Anti-drug antibodies and low serum trough infliximab levels correlate with disease activity measures in spondyloarthritis patients on an as-needed infliximab treatment. Int J Rheum Dis. 2019 Jun 18. doi: 10.1111/1756-185X.13636.
- Patil A et al. Lepra reaction presenting with inflammatory polyarthritis. Apollo Medicine. 2017. DOI: 10.1016/j.apme.2017.01.002.
- Patil A et al. Hydroxychlorine-induced auditory toxicity. doi 10.4103/injr.injr_130_19.
- Patil A et al. Effect of cigarette smoking on renal function in healthy male subjects, a cross-sectional analytical study. GJRA. 2019; 4:6-8.
- MEDICAL COUNCIL OF INDIA (MCI) VALID PUBLICATION AS PER FEBRUARY 2020 GAZETTE. Click Here

- Talk on Hyperuricemia and gout.Click Here
- Dr. Abhishek Patil on What happens when uric acid increases in your body? Read on to find out | The Financial Express. Click Here
- Dr. Abhishek Patil on World Arthritis Day 2023: Can you live a normal life with arthritis? | Asianet Newsable. Click Here
- Dr. Abhishek Patil on Systemic Lupus Erythematosus: Advice for caregivers and SLE patients to lead a ‘near normal’ life. Click Here