



## **DR. J G AISHWARYA**

Consultant - ENT

### **Qualification**

MBBS | DLO | DNB (ENT)

### **Overview**

Dr. J G Aishwarya is a skilled ENT specialist in Bangalore, currently practising as an Associate Consultant - ENT at Manipal Hospitals, Old Airport Road. Her experience spans advanced treatments and surgeries across the full spectrum of ENT cases, including endoscopic ear surgeries, endoscopic sinus surgeries, and adenoid and tonsil surgeries (adenotonsillectomy). Her skills extend to thyroidectomy, rigid bronchoscopy, parotidectomy, tracheostomy, snoring and sleep apnea surgeries, and treatments for ear infections, vertigo, throat pain, sinusitis, and headache evaluation. As a top ENT specialist in Bangalore, Dr. J G Aishwarya routinely performs audiometry, tympanometry, and advanced hearing loss treatments. She is proficient in voice disorder treatments, head and neck swelling evaluations, and nasal, oral, oropharyngeal, laryngeal, and lymph node excision biopsies, demonstrating a holistic approach to ENT care. Dr. Aishwarya has also assisted in Head and Neck oncological procedures like partial glossectomy, wide local excision of oral lesions, hemi-mandibulectomy, total laryngectomy, maxillectomy, and neck dissections. Dr. Aishwarya's academic journey began with an MBBS

degree from Government Vellore Medical College, Tamil Nadu, followed by a Postgraduate Diploma in Otorhinolaryngology (DLO) from Madras Medical College, Chennai. She further pursued a Diplomate of National Board (DNB) in ENT. Her robust educational background laid a strong foundation in ENT care, complemented by rigorous postgraduate training and extensive hands-on experience. Dr. Aishwarya's career includes substantial research, with projects focusing on innovative approaches to ENT treatment. Her published works appear in prestigious journals such as the Indian Journal of Otolaryngology and Head & Neck Surgery, covering ear surgery and ENT oncology. Her expertise in endoscopic surgeries and her contributions to ENT research underscores her commitment to advancing ENT care standards. An active member of the Association of Otolaryngologists of India, Dr. Aishwarya stays current with the latest ENT practices, regularly attending workshops and conferences nationwide. Her participation in workshops, such as the Endoscopic Base of Skull Surgery and Head and Neck cadaveric dissection sessions, reflects her commitment to ongoing professional development. Dr. Aishwarya's expertise is complemented by her proficiency in multiple languages, including English, Kannada, Hindi, Tamil, and Malayalam - this allows her to effectively communicate with diverse patient populations, enhancing patient understanding and care quality.

### **Fellowship & Membership**

- Indian Academy of Otolaryngologists & Head and Neck Surgery
- Association of Otolaryngologist in India

### **Field of Expertise**

- Endoscopic Ear Surgeries
- Endoscopic Sinus Surgery

- Adenoid and Tonsil Surgeries
- Snoring and Sleep Apnea Surgery Thyroidectomy
- Treatment for Ear Infections Vertigo and Giddiness Evaluation Throat Pain
- Sinusitis
- Headache Evaluation
- Head and Neck Swelling Evaluation
- Hearing Loss Treatment
- Voice Disorders
- Adenoid and Tonsil Treatment Snoring and Sleep Apnea Evaluation and Treatment.

### **Languages Spoken**

- English
- Kannada
- Hindi
- Tamil
- Malayalam

### **Awards & Achievements**

- Distinction in ENT and General Medicine in MBBS.
- Winner in Quiz conducted by Indian Academics of Paediatricians - Tamilnadu Branch - 2010.
- Gold Medal in A.K.S Gold Medal Examination for D.L.O candidates of Tamilnadu - 2016.
- 2nd place in DLO final examination - TN Dr. MGR medical University.
- Second Price in Poster Presentation - CANCON 2019.
- 3rd place in DNB final examination.

## Talks & Publications

- Aishwarya, J.G., Nair, S., Patil, C.N. et al. Peripheral T Cell Lymphoma of Parotid Gland: A Diagnostic Challenge. Indian J Otolaryngol Head Neck Surg 71, 533-536 (2019). <https://doi.org/10.1007/s12070-018-1382-8>.
- Aishwarya J G, Nair S, Anoop P, Shivakumar S, Patil AR, Babu S. Otologic presentation of multiple myeloma with isolated temporal bone involvement: Diagnostic and therapeutic implications. Ann Indian Acad Otorhinolaryngol Head Neck Surg. 2019;3:45-8.
- Aishwarya J G, Shah AS, Nair S, Kumar S, Kumar S, Brijith KVR, Srivastava N, Ibrahim A. Safe surgical zone during TORS radical tonsillectomy: An anatomical and radiological study. LERS. 2020;3(2):34-38. <https://doi.org/10.1016/j.lers.2020.04.002>.
- Nair, S., Aishwarya, J.G. Endoscopic Ear Surgery: Our Experience. Indian J Otolaryngol Head Neck Surg (2020). <https://doi.org/10.1007/s12070-020-02042-1>.
- Ibrahim, A., Kumar, S., Patil, A.R., Aishwarya J.G., Shah A.S., Nair S. Radiological and cadaveric study of anatomical safe zone for the transoral base of tongue surgery. J Robotic Surg (2020). <https://doi.org/10.1007/s11701-020-01164-6>.
- Brijith, K.V.R., Aishwarya, J.G., Shah, A.S., Nair S. Modified CT Scan Scoring System for Evaluating Symptom Severity of Chronic Rhinosinusitis. Indian J Otolaryngol Head Neck Surg (2020). <https://doi.org/10.1007/s12070-020-02259-07>.
- Nair S, Brijith KVR, Aishwarya J.G, Pavithra V. Transcanal endoscopic excision of tympanic paraganglioma: A three-case series. Laparoscopic, Endoscopic and Robotic Surgery. 2020. <https://doi.org/10.1016/j.lers.2020.10.001>.
- Shah, A.S., Nair, S., Pavithra, V. et al. Anatomical and Surgical Study to Evaluate the Accuracy of “C-M-S” Technique in Facial

Nerve Identification During Parotid Surgery. Indian J Otolaryngol Head Neck Surg 73, 188-192 (2021).

<https://doi.org/10.1007/s12070-020-02329-3>.

- Nair, Satish & JG, Aishwarya & Warriar, Nagamani & V, Pavithra & Jain, Aditya & Shamim, Mehrin & Ramanathan, Krishna & Vasu, Pooja. (2021). Endoscopic ear surgery in middle ear cholesteatoma. Laparoscopic, Endoscopic and Robotic Surgery. 4. 10.1016/j.lers.2021.01.004.
- Nair, S., Aishwarya, J.G., Vasu, P.K. et al. Outcomes of Totally Endoscopic Versus Microscopic Techniques in Middle Ear Cholesteatoma: A Systematic Review and Meta-Analysis. Indian J Otolaryngol Head Neck Surg (2021). <https://doi.org/10.1007/s12070-021-02869-2>.
- Nair, S., Aishwarya, J.G., Jain, A. et al. Mini-Incision Parotidectomy-Our Technique. Indian J Otolaryngol Head Neck Surg (2021). <https://doi.org/10.1007/s12070-021-02882-5>.
- Nair, S., Srivastava, N., Brijith, K.V.R. et al. Surgical Landmarks for Parapharyngeal Internal Carotid Artery During Extended Endoscopic Surgery of Nasopharynx: A Cadaveric and Radiological Study. Indian J Otolaryngol Head Neck Surg (2021). <https://doi.org/10.1007/s12070-021-02508-w>.
- Endoscopic excision of petrous apex cholesteatoma - A therapeutic Challenge - Aishwarya J G, Muthukumar. : E-journal - Tamilnadu Dr MGR University website.
- Vasu PK, Nair S, Aishwarya JG, Sameema VV, Geethu KP. Cog - A Radiological Indicator in Identifying Dysventilation Syndrome. Indian J Otolaryngol Head Neck Surg. 2023 Apr;75(Suppl 1):419-423.