

### **DR. NITIN S SHETTY**

HOD & Consultant â l Retina Services, Ophthalmology

# Qualification

MBBS from Byramjee Jeejeeboy Medical College, Pune | MS (Ophthalmology) from Sassoon General Hospital and Byramjee Jeejeeboy Medical College, Pune | Fellowship in Vitreo Retinal Surgery at Sankara Nethralaya, Medical Retina Foundation, Chennai

### **Overview**

Dr Nitin S. Shetty is a well-known and compassionate physician. He has influenced many eye problems that are diagnosable, treated, and managed today. He is also an expert on treating uveitis, retinopathy (ROP) and retinopathy. Dr Nitin S Shetty is a well-known and successful ophthalmologist. He is a consultant at Retina Services in Ophthalmology and HOD at Old Airport Road in Bangalore. He got his Vitreo-Retina fellowship at Chennai's Sankara Nethralaya Medical Research Foundation. Since then, he has worked with quite a few organisations. Some of these include the Vitreo Retina Society of India and the American Academy of Ophthalmology. Dr Shetty's key specialities include the medical retina, surgical retina, and uveitis. His expertise includes diagnosing, caring for, and treating retinal problems. These include diabetic retinopathy, age-related macular degeneration, retinal vein occlusions, and drug toxicity. Dr Shetty is a surgeon who performs vitreoretinal procedures for various retinal issues. This involves eye injuries, vitreous haemorrhage and retinal detachments. He also has the skills and knowledge necessary to analyse, identify and treat a variety of uveitis situations. This includes frontal, intermediate, and posterior uveitis. For comprehensive patient care, he works with pulmonologists and rheumatologists. No wonder is considered a highly acclaimed opthalmologist in Bangalore. Dr Nitin S. Shetty is fluent in English, Hindi, Kannada, Marathi, and Tulu. This allows him to connect with and communicate with various patients. The doctor has had extra training in screening, laser, and surgical treatment of retinopathy of prematurity (ROP). He also has a particular interest in hereditary retinal diseases. From 1994-2003, he served as Vitreo-retinal and uveitis consultant at his alma mater. He was awarded his college's VT Joshi Award for Best Outgoing Fellow. He also cleared his MBBS in Ophthalmology with distinction. He also published books on Fluorescein Angiography and contributed chapters in several publications. He is frequently invited as a guest speaker at various state, national, and international conferences. He was a visiting scholar at the Chinese University of Hong Kong from 1999-2000. Dr Shetty is an excellent medical professional. As a result, he has made remarkable contributions to the field. His extensive understanding of uveitis, ROP, surgical and medical retina, and ophthalmic surgery allows him to offer his patients the best possible care. Dr Nitin Shetty continues to have a tremendous impact on the lives of the individuals he treats by using a caring approach and a dedication to developing the field. His commitment allows him to provide excellent patient care because of his comprehensive experience and knowledge.

# Fellowship & Membership

- Vitreo-Retina Fellowship â 🔲 Sankara Nethralaya. Medical Research Foundation, Chennai.
- American Academy of Ophthalmology (AAO).

- American Society of Retina Surgeons (ASRS).
- Vitreo Retina Society of India (VRSI).
- Uveitis Society of India (USI).
- ROP (Retinopathy of Prematurity) Society of India.
- All India Ophthalmology Society (AIOS).
- Karnataka Ophthalmology Society.
- Bangalore Ophthalmology Society.

# **Field of Expertise**

- Medical Retina includes diagnosis, treatment, and management of diseases affecting the retina including diabetic retinopathy, age-related macular degeneration, retinal vein occlusions, retinal drug toxicity
- Surgical Retina â D Vitreo-Retinal surgeries for varied retinal problems like retinal detachment, diabetic retinopathy, vitreous hemorrhage, intraocular foreign bodies, and eye injuries
- Uveitis â la worked as a Uveitis Consultant at Sankara Nethralaya, Chennai, and trained in the assessment, diagnosis, and management of uveitis cases including anterior, intermediate, and posterior uveitis
- Works in close association with the pulmonologist and the rheumatologist for the management of these cases. ROP â□□ Retinopathy of Prematurity
- Includes a retinal examination of neonatal children usually in the neonatal ICU
- Trained in screening, laser, and surgical treatment of retinopathy of prematurity cases, special interest in Medical Retina Ocular Electrodiagnostics and Hereditary Retinal Diseases

### Languages Spoken

- English
- Kannada
- Hindi
- Marathi
- Tulu

# **Awards & Achievements**

- Worked as a Vitreo-Retina and Uveitis Consultant at Sankara Nethralaya, Chennai from 1994 2003.
- Distinction in Ophthalmology â 🔲 MBBS.
- VT Joshi Award for Best Outgoing Fellow â 🔲 Sankara Nethralaya, Chennai.
- Published books on Fluorescein Angiography (JAYPEE BROTHERS) and contributed to chapters in several publications.
- Invited guest speaker at several State, National, and International Conferences, Visiting Scholar at the Chinese University of Hong Kong â
  [] 1999-2000.