



DR. HARISH NAYAK

Consultant – Paediatric Ophthalmology

Qualification

MBBS | DOMS | MS (Bombay University) | CCT Ophthalmology UK |
FRCS Ophthalmology (Glasgow) | MRCOphth (London) | FRCOphth
(London)

Overview

Dr. Harish Nayak is an experienced paediatric ophthalmologist in Bengaluru. He is currently practising as a Consultant – Paediatric Ophthalmology at Manipal Hospital Old Airport Road, Bengaluru, bringing extensive international training and clinical expertise in the diagnosis and management of eye disorders in children and adults. Dr. Nayak completed his MBBS from Kasturba Medical College, Manipal, followed by postgraduate training in ophthalmology through DOMS and MS from Bombay University. He later pursued advanced specialist training in ophthalmology in the United Kingdom, where he obtained the Certificate of Completion of Training (CCT) in Ophthalmology. His academic achievements also include prestigious international fellowships and memberships such as FRCS Ophthalmology (Glasgow), MRCOphth (London), and FRCOphth (London), reflecting his extensive training and recognition within global ophthalmology institutions. Dr. Nayak provides specialised ophthalmology services focused on paediatric eye disorders. His expertise includes the evaluation and management of refractive errors, squint (strabismus), paediatric

cataracts, watery eyes, and eyelid conditions such as drooping eyelids. Early diagnosis and treatment of these conditions are essential in children to ensure proper visual development and prevent long-term visual impairment. His work also includes the management of adult squint conditions and other complex ocular alignment disorders. Dr. Nayak's clinical practice integrates careful diagnostic evaluation with appropriate medical or surgical treatment strategies. Paediatric ophthalmology requires specialised assessment techniques and a careful understanding of visual development in infants and children. His experience across international centres has equipped him with the ability to evaluate subtle eye alignment issues, congenital ocular conditions, and developmental visual problems in young patients. Through structured clinical evaluation and targeted treatment approaches, he focuses on preserving vision and supporting healthy visual development. His clinical expertise and international training place him among the best paediatric ophthalmologists in Old Airport Road for specialised evaluation and treatment of paediatric eye conditions. Dr. Nayak has also been recognised for his academic achievements and contributions to ophthalmology. During his medical training, he received the Dr. TMA Pai Gold Medal for Best Outgoing Student in MBBS from Mangalore University. He has also received awards for quiz, paper, and poster presentations at international conferences. His academic engagement includes publications in national and international journals as well as guest lectures at professional conferences, where he shares insights on paediatric ophthalmology and related clinical topics. Dr. Nayak communicates fluently in English, Kannada, Hindi, Tulu, and Konkani, enabling clear communication with patients and families from diverse linguistic backgrounds. His expertise in paediatric ophthalmology and strabismus management, combined with international training and academic involvement, has established him as one of the best paediatric ophthalmologists in Old Airport Road for comprehensive paediatric eye care.

Fellowship & Membership

- Paediatric Ophthalmology Strabismus, University of British Columbia, Vancouver, Canada.
- Paediatric Ophthalmology and Strabismus, Alder Hey Children's Hospital, Liverpool UK, Cornea.
- LV Prasad Eye Institute, Hyderabad, India.

Field of Expertise

- Paediatric Ophthalmology – Refractive errors, squint, cataract, watery eyes, lid disorders including droopy lids etc.
- Adult squints

Languages Spoken

- English
- Kannada
- Hindi
- Tulu
- Konkani

Awards & Achievements

- Dr TMA Pai Gold Medal for Best outgoing student at MBBS, Mangalore University, Awards for quiz, paper and poster presentations in various International conferences.

Talks & Publications

- Publications in National and International journals, Guest lectures at conferences.