



DR. HARISH NAYAK

Consultant Ophthalmology

Qualification

MBBS | DOMS | MS (Bombay University) | CCT Ophthalmology UK | FRCS Ophthalmology (Glasgow) | MRCPsych (London) | FRCOphth (London)

Overview

An acknowledged authority in the field of orthopaedics is Dr. Harish Nayak. He has spent more than ten years actively engaged in the medical field. Dr. Nayak received his MBBS degree from Manipal's esteemed Kasturba Medical College. He subsequently continued to the KEM Hospital and Seth GS Medical College in Mumbai to earn his MS in Orthopaedics. He also finished his fellowship in joint replacement surgery at the Canadian University of Toronto, Paediatric Ophthalmology Strabismus, Vancouver, Canada's University of British Columbia and Alder Hey Children's Hospital, Liverpool, United Kingdom, Paediatric Ophthalmology, Strabismus, Cornea and Hyderabad's India's LV Prasad Eye Institute. The Indian Orthopaedic Association, the Bombay Orthopaedic Society, and the Maharashtra Orthopaedic Association are just a few of the professional organisations that Dr. Nayak is associated with. The International Society of Arthroscopy and Orthopaedic Sports Medicine, Knee Surgery (ISAKOS) has also honoured him as a fellow. Sports injuries, arthroscopy, and joint replacement surgery are the areas of specialisation for Dr. Nayak. He has efficiently and accurately completed many operations, including shoulder arthroscopies, ACL reconstructions, and knee and hip replacements. Moreover, he has participated in various research projects and published various publications in popular medical journals. Dr. Harsh is the best ophthalmologist in Bangalore. Paediatric Ophthalmology: Squints, cataracts, wet eyes, and diseases of the lids, such as droopy lids, etc. He is fluent in many languages, like English, Hindi, Kannada, and Tulu Konkani. Dr Nayak is well-known for his patient-friendly demeanour and is always prepared to go above and beyond to ensure his patients receive the best care. Orthopaedics has benefited from Dr Nayak's achievements, which have also been acknowledged. He received the renowned International Travelling Fellowship from the ISAKOS, allowing him to go to and explore top orthopaedic surgical facilities in the US and Europe. Additionally, Dr. Harish Nayak has won awards for quiz, paper, and poster presentations at numerous international conferences, as well as the Dr TMA Pai Gold Medal for Best Exiting Student at the MBBS, Mangalore University, and the Best Paper Award at the Indian Annual Conference. Dr Nayak is frequently requested to speak at conferences and seminars. He has given presentations on various subjects, such as arthroscopy, sports injuries, and joint replacement surgery. He has also written chapters for several orthopaedic textbooks. He has articles published in both domestic and foreign periodicals, as well as guest speeches at conferences. Dr Harish Nayak is an orthopaedic surgeon with extensive training and expertise, passionate about giving his patients the finest care possible. His significant education and experience have enabled him to complete complex surgeries efficiently. Dr Nayak is well-known and regarded in the medical world for his patient-centred approach and dedication to staying at the forefront of his speciality.

Fellowship & Membership

- Paediatric Ophthalmology Strabismus, University of British Columbia, Vancouver, Canada.
- Paediatric Ophthalmology and Strabismus, Alder Hey Children's Hospital, Liverpool UK, Cornea.
- LV Prasad Eye Institute, Hyderabad, India.

Field of Expertise

- Paediatric Ophthalmology & Refractive errors, squint, cataract, watery eyes, lid disorders including droopy lids etc.
- Adult squints

Languages Spoken

- English
- Kannada
- Hindi
- Tulu
- Konkani

Awards & Achievements

- Dr TMA Pai Gold Medal for Best outgoing student at MBBS, Mangalore University, Awards for quiz, paper and poster presentations in various International conferences.

Talks & Publications

- Publications in National and International journals, Guest lectures at conferences.