

DR. UMA KARJIGI

Consultant - Rheumatology

Qualification

MBBS | MRCP (RCP UK) | MRCP- CCT (Rheumatology) UK

Overview

Dr. Uma Karjigi is a distinguished rheumatologist, currently practising as a Consultant - Rheumatology at Manipal Hospital Old Airport Road, Bangalore. With a robust educational background and extensive research experience, Dr. Karjigi has dedicated her career to advancing the field of rheumatology and improving patient outcomes. Her expertise in rheumatology extends to managing Autoimmune Rheumatic Conditions in Pregnancy, Reproductive Medicine, Recurrent Pregnancy Loss, and Connective Tissue Disease-Related Interstitial Lung Disease. She has a special interest in innovative approaches to rheumatology, as evidenced by her numerous presentations at international conferences, including EULAR and IRACON. Her technical skills include performing and interpreting musculoskeletal ultrasound, managing acute rheumatologic conditions, and leading quality improvement projects. She is a Good Rheumatologist in Bangalore. A top rheumatologist in Bangalore, Dr. Uma Karjigi is deeply committed to continuing her research and presentations to stay abreast of current practices in rheumatology. She completed her MBBS in January 2002 from M.R. Medical College in Gulbarga. To practice evidence-based

medicine and incorporate future developments to benefit her patients, Dr. Uma went on to earn an MRCP (UK) diploma in November 2009 and an MRCP - Rheumatology in June 2013 – both from the Royal College of Physicians, UK. In her research career, Dr. Karjigi has made significant contributions. She led a notable project on the Disease Activity Score (DAS) Calculation in Patients with Rheumatoid Arthritis (RA), comparing tablet and paper methods. The project successfully introduced tablet-based assessments into clinical setups, enhancing follow-up efficiency. Dr. Karjigi has an impressive list of publications in esteemed journals. Her work includes a detailed study on “Interstitial Pneumonia with Autoimmune Features” published in the Indian Journal of Rheumatology, 2021 and a diagnostic case study titled “Wolf in sheep's skin...Is it AOSD? A diagnostic dilemma!!!” in the APIK Journal of Internal Medicine in 2017. Some of her other published works include - “Assessing Osteoporosis Risk in Patients with RA – Role of Annual Review”, “Unusual Cause of Hip Pain”, “Polyarticular Pain in Patients with Rheumatoid Arthritis”, and more. Moreover, Dr. Uma Karjigi is multilingual and fluent in Kannada, Hindi, and English, allowing her to communicate effectively with a diverse patient populace. In addition to her clinical and research achievements, Dr. Karjigi has been actively involved in teaching and mentoring, contributing significantly to the academic community. She has attended and presented at various workshops and conferences, sharing her knowledge and insights on complex rheumatologic conditions. Her commitment to her field, combined with her extensive research, and dedication to patient care, makes her a top rheumatology doctor in Bangalore. Her work continues to impact and improve the lives of many patients dealing with rheumatic diseases.

Fellowship & Membership

- Royal College of Physicians, UK

Field of Expertise

- Reproductive Medicine
- Managing Auto Immune Rheumatic Conditions in Pregnancy
- Recurrent Pregnancy Los
- Management of CTD-related Interstitial Lung disease.

Languages Spoken

- Kannada
- Hindi
- English

Talks & Publications

- Interstitial Pneumonia with Autoimmune Features
- Uma Karjigi, B G Dharmanand, Indian J Rheumatol 2021;16:S39-46.
- Wolf in sheep's skin...Is it AOSD ? A diagnostic dilemma!!! U.Karjigi, C.Dharmapalaiah, S.Chakravarthy, APIK Journal of Internal Medicine 5(2):p41-45,Apr-Jun 2017.DOI:10.4103/268905
- Prescribing patterns and safety of biologics in immune-mediated rheumatic diseases: Karnataka biologics cohort study group experience, V Shibha, A Desai, U Karjgi et al January 2018, Journal of Indian Rheumatology Association 14(1) DOI:10.4103/injr.injr_79_18
- Polyarticular pain in patient with Rheumatoid Arthritis C Page, U Karjigi, K Laverick Foundation year Journal, 2015
- Uncommon Side Effects of D-Pencillamine - 2 case reports
- U.Karjigi, D Ashok. Case Reports in Clinical Medicine, 2014, 3,

167-169

- Unusual cause of hip pain. U Karjigi, S Pathare, BMC Musculoskeletal Disorders 2013, 14 (Suppl 1)
- Acute Polymyositis associated with hemophagocytic lymphohistiocytosis
- syndrome, U Karjigi, M Plant, BMC Musculoskeletal Disorders 2013, 14 (Suppl 1)
- Refractory multisystem sarcoidosis involving pelvic bone responding to
- Infliximab,U Karjigi, A Paul. BMC Musculoskeletal Disorders 2013,14 (Suppl 1)
- Assessing Osteoporosis risk in Patients with RA – Role of Annual review clinic. Abstract publication, U Karjigi, V Patil et al Ann Rheum Dis 2012;71(Suppl3):697