

DR. PREETI MANMOHAN GALAGALI

Consultant - Pediatrics and Adolescent Medicine

Qualification

MBBS | MD | PGDAP | FIAP

Overview

Dr. Preeti Manmohan Galagali has been a strong advocate of child and adolescent health for over three decades. She believes in enhancing health in all its dimensions- physical, psychological, emotional, social, spiritual and digital. She is the foremost Paediatrician Bangalore. Dr. Preeti Manmohan Galagali is a trailblazer in the field of adolescent health in India. She belongs to the first cohort of paediatricians to be formally trained in adolescent medicine in 2005 and provides exclusive comprehensive teen health services in the private sector. She has impacted the education and training of healthcare providers, community workers, parents, teachers and adolescents, living in both rural and urban India. She has conducted over 500 community online and offline programs and has propagated several health-promoting messages through print, visual and digital media. Dr. Preeti Manmohan Galagali is currently the Co-Chair, Education Committee International Association for Adolescent Health (IAAH), Co-Chair, Nutrition Committee, Society of Adolescent Health and Medicine (SAHM), Secretary, International Chapter SAHM, and member, Adolescent Health Program Group, International Pediatric Association. She is the

past Chairperson of the Adolescent Health Academy-Indian Academy of Pediatrics (IAP) and a central executive board member of IAP. She is the recipient of many international and national awards for her outstanding contributions to adolescent medicine.

Fellowship & Membership

- Advanced Course in Adolescent Counselling at Child Development Centre, Trivandrum
- The International Transactional Analysis Course TA 101 at Bengaluru
- Training Program on Dealing with Juveniles with Sexual Behavior Problems by the International Society for Prevention of Child Abuse and Neglect at Chennai
- Training Course in Solution-Focused Therapy by Mukta Mental Health Association, Bengaluru
- Training in Trauma-Informed Approach to Psychological Interventions by Mukta Foundation, Bengaluru
- Training Course in Essential Interventions and Skills for Working with Child Sexual Abuse, NIMHANS, Bengaluru
- Training Course in Working with Children with Disability, NIMHANS, Bengaluru
- Membership of the Society for Adolescent Health and Medicine, USA, International Association of Adolescent Health, Canada and International Pediatric Association.
- Life membership of the Indian Academy of Pediatrics, Adolescent Health Academy, Growth Development and Behavioral Pediatrics Chapter, Non-Communicable Diseases Prevention Academy, Child Abuse and Child Labor Neglect Group and Environment and Child Health Chapter

Field of Expertise

- Adolescent Counselling
- Parental Counselling
- Adolescent Mental Healthcare and Wellness
- Life Skills Education

Languages Spoken

- Hindi
- English
- Kananda
- Punjabi

Awards & Achievements

- Excellence in Adolescent Medicine, Society for Adolescent Health Medicine, USA, International Chapter, Northern Hemisphere Award 2024.
- Excellence in Medical Field, Karnataka Women Achievers Award 2023.
- IAP Adolescent Health Academy 1st Prize for exceptional contribution to International Adolescent Health Week Celebrations 2022.
- Special IAP Award for outstanding contribution to adolescent health and well-being 2019.
- Fellow of the Indian Academy of Pediatrics for exceptional services to child and adolescent health 2018.
- International Travel Scholarship Award, Society for Adolescent Health and Medicine, USA 2017.
- Orations Awarded: Dr Dilip Patgiri Indian Academy of Pediatrics (IAP) Assam 2022, Dr J Dubal IAP Kutch 2018 and Dr MKC Nair Adolescent Health Academy Kerala 2017.

Talks & Publications

- Talks
- Consequences of Pressure Cooker Environment for Adolescents- Critical thinking on killing fields of coaching centres in India. Pediatric Conclave. 26 January, Pedicon 2024, Kochi.
- Effective communication strategies between parents and adolescents. 25 January, Pedicon 2024, Kochi
- Non-communicable Diseases- the rising demon- origin in Adolescence 24 January, Pedicon 2024, Kochi
- Basics of Adolescent Counselling. 17 January 2024, Adolescent Health Academy IAP Webinar
- Strengthening Competencies in Teaching Adolescent Health- a workshop. 15 November 2023. Online International symposium on Innovations and Updates in Education and Training in Adolescent Health, International Association for Adolescent Health.
- Introduction to Adolescent Health and Adolescent Nutrition. 9 November 2023, State level CME on Adolescent Health, Kolar.
- Management of Suicidal Behaviour in Clinical Practice. 4 November 2023, Chattisgarh Pedicon 2023, Bhilai.
- Effects of Climate Change on Adolescents. 11 October 2023.Session on Our Planet, our well-being, our say: Youth-led action and the climate crisis, Online Global Forum for Adolescents, PMNCH, World Health Organisation.
- Legal Issues in Adolescent Pediatrics Practice. 8 October 2023. Adolescon 2023, Amritsar.
- Social Media- the Influencer. 7 May 2023. TEDx talk. The International School Bangalore, Bengaluru.
- Publications
- Turetsky R, Galagali PM, Churchill RD, Jansen DDEMC, Sawyer SM, Klein JD. Answering the Call: International Policy Statement

Provides the Framework for Adolescent Health Care Professional Education Globally. J Adolesc Health. 2024;74(3):400-401. doi:10.1016/j.jadohealth.2023.11.017

- Lewin ML, Galagali PM, Hendricks MR, Ravindran GD, Lewin S. Ethics of Managing an Adolescent Living with Disability. Indian Pediatr. 2024;61(2):175-178.
- Kanbur N, Harrison A, Galagali P, Di Meglio G. International Perspective on Abortion Access for Improving Reproductive Rights and Freedom of Adolescents and Young Adults. J Adolesc Health. 2023;73(1):12-14. doi:10.1016/j.jadohealth.2023.03.014
- Galagali PM, Dinakar C, Bala P, et al. Indian Academy of Pediatrics Consensus Guidelines on Prevention and Management of Suicidal Behavior in Adolescents. Indian Pediatr. 2022;59(7):553-562.
- Galagali PM, Rao C, Dinakar C, et al. Indian Academy of Pediatrics Consensus Guidelines for Adolescent Friendly Health Services. Indian Pediatr. 2022;59(6):477-484. doi:10.1007/s13312-022-2539-9
- Gupta P, Shah D, Bedi N, Galagali P, et al. Indian Academy of Pediatrics Guidelines on Screen Time and Digital Wellness in Infants, Children and Adolescents. Indian Pediatr. 2022;59(3):235-244.
- Galagali PM, Kinikar AA, Kumar VS. Vaccine Hesitancy: Obstacles and Challenges. Curr Pediatr Rep. 2022;10(4):241-248. doi:10.1007/s40124-022-00278-9
- Galagali PM, Ghosh S, Bhargav H. The Role of Telemedicine in Child and Adolescent Healthcare in India. Curr Pediatr Rep. 2021;9(4):154-161. doi:10.1007/s40124-021-00253-w
- Galagali PM, Brooks MJ. Psychological care in low-resource settings for adolescents. Clin Child Psychol Psychiatry. 2020;25(3):698-711. doi:10.1177/1359104520929741