

MR. KALYAN DEB

Physiotherapist

Qualification

M.P.T (Neurology)

Overview

Mr. Kalyan Deb is a physiotherapist based in Bangalore, specialising in the area of neuro-physical therapy. He is a Physical Therapist and Senior Officer at Manipal Hospital in Bangalore. He has won the reputed Manyata Award given by Manipal Hospitals for his clinical excellence. He has a Bachelor's degree in Physiotherapy, which he completed at the Tripura Institute of Paramedical Science. He also did his MPT (Master of Physiotherapy) in Adult Neurology from the ITS College in Muradnagar. He is an HCPC-registered physiotherapist (Health and Care Professions Council United Kingdom). He has worked at various hospitals in Bangalore and now has an experience of over 8 years. He has gained expertise in the field of hand rehabilitation, manual therapy, and soft tissue mobilisation. He is a foremost neuro physiotherapist in Bangalore. Mr. Kalyan Deb is a member of the renowned Indian Association of Physical Therapists. He is skilled in handling cases of neurological rehabilitation, geriatric rehabilitation, and vestibular rehabilitation. He also knows how to perform various therapies like dry needling, kinesio taping, and manual therapy. He performs Myofascial Trigger Point Release, a gentle massage method

for releasing tension in various muscle trigger points. He can converse fluently in languages like Bengali, English, Hindi, Kannada, and Tamil. He is a life member of the reputed Indian Association of Physiotherapists (IAP). He has expertise in orthopaedic rehabilitation of patients who have gone through major orthopaedic surgeries. Mr Kalyan Deb is an expert in dealing with pain management using various techniques. He advises many patients about post-operative spinal care and orthopaedic rehabilitation as well. He is a certified kinesiology taping practitioner. This technique is performed by placing several tapes on the body parts to reduce pain and swelling. He is also an expert in Ergonomics and conducts various sessions on this topic at IT companies in the city. He has experience in performing dry needling, a technique which uses needles for treating pain and movement issues. He has previously worked at Portea Medical and VJ Rehabsolutions for nearly two years. He has participated in a study of the effect of specific balance training exercises on elderly people. He has worked for the rehabilitation of patients with cerebral palsy and muscular dystrophy. He also guides patients about rehabilitation after going through a stroke. Dealing with post-head injury management is one of his key skills. He also has experience working with neural mobilisation, a technique used to activate mechanical and physiological responses in nervous tissues. Mr Kalyan Deb is considered one of the best physiotherapists in Bangalore.

Fellowship & Membership

- IAP Lifetime membership (L-54298)

Field of Expertise

- Neurological Rehabilitation
- Vestibular Rehabilitation

- Geriatric Rehabilitation
- Spine Cases(Post Operative)
- Orthopaedic Rehabilitation
- Pain Management
- Dry Needling
- Kinesio Tapping
- Manual Therapy
- Myofascial Trigger Point Release
- Cardiac And Pulmonary Rehabilitation.
- Critical Care/MICU And ITU Management.
- Acute Orthopaedic Injuries (conservative)
- Replacement And Ligament Reconstruction Rehabilitation.
- Fracture Rehabilitation.
- Dry Needling
- Ergonomic Specialist.

Languages Spoken

- Hindi
- English
- Bengali
- Kannada
- Tamil

Awards & Achievements

- Certified kinesiology taping practitioner
- Manyata award MHB

Talks & Publications

- Ergonomic Sessions For I T Companies