



MR. K HARINATH REDDY

Physiotherapist

Qualification

MPT (Orthopaedics)

Overview

Mr. Harinath Reddy is a medical practitioner at the Acharya Institutes Manipal Hospital, which is located on Old Airport Road in Bengaluru, Karnataka, India. Mr Reddy is a highly qualified and committed physical therapist who is certified with the HCPC and focuses on treating musculoskeletal conditions and sports injuries. He has a thorough knowledge of the human body's mechanics thanks to his Master's in Physical Therapy. During his professional career, Mr Harinath has evolved a speciality in treating sports musculoskeletal injuries. Many patients, ranging from sportsmen with related sports injuries to people with chronic pain brought on by musculoskeletal problems, have been effectively treated by him. To give his patients the best care possible, he uses evidence-based practices and the most recent developments in physical therapy. He is a foremost physiotherapy specialist in Bangalore. Mr. Harinath adheres to a holistic rehabilitation philosophy, personalising each patient's treatment to meet their unique needs and objectives. Incorporating manual therapy, therapeutic exercises, and patient education, he gives his patients the tools they need to take an active role in their recovery. The fact that Mr Harinath is associated

with the Acharya Institutes Manipal Hospital further strengthens his capacity to deliver first-rate care. Modern amenities and a comprehensive approach to healthcare are two of the hospital's most well-known features. Mr Harinath can blend different viewpoints and carry out thorough treatment strategies by working with a broad team of healthcare providers. No wonder he is known to be one of the best physical therapists in Bangalore. Mr. Harinath ensures that his patients receive the best possible care throughout their therapy by collaborating closely with orthopaedic surgeons, sports medicine experts, and other allied health professionals. In addition to his technical proficiency, Mr Harinath talks in English with ease, allowing him to interact with patients from various backgrounds. He knows how crucial effective communication is to forging strong therapeutic bonds and earning trust. Mr Harinath takes the time to hear his patients' worries, respond to their inquiries, and inform them about their illnesses and available treatments. He encourages open lines of communication so that his patients can take an active role in their healing, which results in greater outcomes and long-term success. In the end, Mr Harinath Reddy is a highly skilled physical therapist who is registered with the HCPC and specialises in treating sports injuries and musculoskeletal conditions. He assists his patients in restoring their strength, mobility, and general well-being using his in-depth knowledge, evidence-based approach, and dedication to patient-centred care. Mr Harinath ensures his patients access the newest medical innovations because of his association with Acharya Institutes Manipal Hospital. People in Bengaluru, Karnataka, India, who choose Mr Harinath as their physical therapist will anticipate excellent attention and individualised treatment regimens to support their recuperation and accomplish their health goals.

Field of Expertise

- Musculoskeletal Pain Management

- Replacement & Ligament Reconstruction Rehabilitation
- Fracture Rehabilitation
- Dry Needling
- Kinesiotaping
- TMD Management
- Sports Rehabilitation
- Manual Therapy
- Ergonomic Specialist

Languages Spoken

- English
- Tamil
- Kannada
- Telugu
- Hindi

Awards & Achievements

- CDNP (Certified Dry Needling Practitioner).
- COMT (Certified Manual therapist).
- Visceral manipulation.
- Manyata Pride Award 2018.