

DR. ADITI CHOPRA

HOD and Consultant - Diabetes and Endocrinology

Qualification

MBBS | MD (Medicine) | DM Endocrinology

Overview

Dr. Aditi Chopra, an accomplished medical professional in endocrinology as well as diabetes, boasts an extensive experience of over 13 years. She is a valued medical staff member at Manipal Hospital Old Airport Road in Bangalore. With a specialised focus on thyroid & diabetes-related ailments across all age groups, she possesses exceptional skills in diagnosing and treating endocrine disorders in both adult and pediatric patients. Renowned for her meticulous attention to detail, accurate diagnoses, and empathetic approach towards patient care, Dr. Chopra has consistently demonstrated her expertise in managing numerous challenging medical scenarios. Dr. Chopra exhibits a broad range of proficiency, encompassing various critical conditions and a diverse range of subjects within her field. She is the foremost endocrinologist in Old Airport Road, Bangalore. Dr. Chopra possesses a wealth of expertise and a comprehensive comprehension of various disciplines within her field, enabling her to provide comprehensive and effective treatment alternatives to her patients. Her areas of focus encompass osteoporosis, metabolic disorders affecting the bones, disorders

related to growth and puberty, polycystic ovary syndrome (PCOS), ailments affecting the pituitary and adrenal glands, as well as thyroid disorders. Juvenile diabetes is a specific area of attention for her. With such a wide range of knowledge, she can create comprehensive and effective treatment plans for those seeking her care. Having obtained her MBBS degree, Dr. Chopra pursued her academic endeavours, obtaining an MD degree followed by a DM in Endocrinology. No wonder she is a foremost endocrinologist in Old Airport Road, Bangalore. These successes demonstrate her dedication to lifelong learning and keeping up with the most recent developments in her area, ensuring that her patients receive the most current and research-based care possible. Dr. Chopra has received several important accolades in honour of her unrelenting commitment and accomplishments in the medical field. Her ground-breaking project, "Clinical Characteristics, Localisation, and Following up with the Patients of Tumor-induced Osteomalacia (TIO)," earned a research grant from the Endocrine Society of India. Additionally, she was granted a travel allowance to participate in the Endocrine Fellows Foundation/ASBMR 2016 event held in Atlanta, USA, further showcasing her commitment to academic excellence and professional development. Dr. Chopra has authored many articles and academic works that have received praise from critics. Her discoveries and contributions to medical knowledge have improved patient treatment and increased knowledge of endocrine problems. Patients who seek the expertise of Dr. Aditi Chopra can expect to receive comprehensive and compassionate care from a highly skilled and dedicated professional. With her exceptional knowledge, meticulous approach, and esteemed reputation, she continues to make a significant difference in the lives of individuals grappling with endocrine and diabetes-related challenges.

Fellowship & Membership

- ESI (Encrin Society of India) member.

Field of Expertise

- Diabetes with a special interest in Juvenile diabetes
- Thyroid disorders
- Pituitary
- Adrenal
- Growth and puberty-related disorders
- PCOD
- Osteoporosis
- Metabolic bone diseases

Languages Spoken

- English
- Hindi
- Kannada

Awards & Achievements

- Awarded Research grant from the Endocrine Society of India towards research project on “Clinical characteristics, localization and follow up of patients with Tumour-induced osteomalacia (TIO).
- Awarded travel grant to attend the Endocrine Fellows Foundation/ ASBMR 2016 held in Atlanta, USA.

Talks & Publications

- Chopra A. Parathyroid Adenoma within the Carotid Sheath. Acta Endo (Buc) 2020;16:497–500. https://doi.org/10.4183/aeb.2020.497.

- Singh D, Chopra A, Ravina M, et al. Oncogenic osteomalacia: role of Ga-68 DOTANOC PET/CT scan in identifying the culprit lesion and its management. Br J Radiol. 2017;90(1072):20160811.
- Chopra A, Sudhanshu S, Chen Y, et al. The impact of free medical supplies and regular telephonic contact on glycemic control in Indian children and adolescents with type 1 diabetes. Pediatr Diabetes. 2019;20(4):444-449.
- Mangla P, Chopra A, Sudhanshu S, et al. Validation of a diabetes knowledge test for Indian children, adolescents and young adults with type 1 diabetes mellitus. Prim Care Diabetes. 2019;13(3):283-287.
- Kulshreshtha B. Thyroiditis developing post initiation of octreotide in a case of TSH-secreting tumour. Acta Endo (Buc). 2020;16(1):90-94.
- Mangla P, Gupta S, Chopra A, Bhatia V, Vishwakarma R, Asthana P. Influence of socio-economic and cultural factors on type-1 diabetes management: report from a tertiary care multidisciplinary diabetes management centre in India. Indian J Pediatr. 2020;87(7):520-525.
- Punnose J, Malhotra RK, Sukhija K, et al. Bimodal distribution of fasting, one and two-hour post-load plasma glucose in Asian Indian pregnant women without pre-gestational diabetes: Gestational age-related changes. J ClinTranslEndocrinol. 2019;16:100195.
- Chopra A, Singh Y, Kaushal M, Taneja A, Kulshreshtha B. Simultaneous Occurrence of Thyroiditis in Ectopic and Eutopic Thyroid Masquerading as Thyroglossal Cyst. J ClinDiagn Res. 2017;11(5):OD17-OD19.
- Sarkar J, Chopra A, Katageri B, Raj H, Goel A. Leptospirosis: a re-emerging infection. Asian Pac J Trop Med. 2012;5(6):500-2.