



## **DR. HARSHA HEGDE**

Associate Consultant - Neurosurgery

### **Qualification**

MBBS | MS | MCh neurosurgery

### **Overview**

Dr. Harsha Hegde is an experienced neurosurgeon in Old Airport Road. He is currently practising as an Associate Consultant - Neurosurgery at Manipal Hospital Old Airport Road, Bengaluru, with focused expertise in minimally invasive and endoscopic spine surgery. With a strong academic background, advanced fellowship training, and over five years of post-MCh clinical experience, he is dedicated to delivering precise, patient-centred neurosurgical care using modern, tissue-preserving techniques that support faster recovery and improved surgical outcomes. Dr. Hegde completed his MBBS from Karnataka Institute of Medical Sciences, followed by an MS in General Surgery from Bangalore Medical College, Bengaluru. He went on to earn his MCh in Neurosurgery from the Bombay Hospital Institute of Medical Sciences, Mumbai, where he developed a comprehensive foundation in cranial and spinal neurosurgery. To further specialise, he pursued a MISSAB-accredited fellowship in Minimally Invasive and Endoscopic Spine Surgery at Venus Hospital, Vadodara, and later completed an advanced fellowship in Endoscopic Spine Surgery in South Korea. These international and national fellowships have equipped him with

advanced operative skills and exposure to the latest developments in spine surgery. At Manipal Hospital Old Airport Road, Dr. Hegde's clinical practice primarily centres on the management of degenerative spine conditions through minimally invasive and endoscopic approaches. He routinely performs minimally invasive spinal fixation procedures, endoscopic discectomies, and targeted decompression surgeries aimed at reducing tissue trauma, postoperative pain, and hospital stay. His expertise includes the management of disc herniation, spinal canal stenosis, spondylolisthesis, and other degenerative spinal disorders. In addition to his specialised spine work, Dr. Hegde is trained in the management of brain and spinal trauma, emergency neurosurgical conditions, and brain and spine tumours. He actively participates in multidisciplinary treatment planning, preoperative counselling, intraoperative precision techniques, and structured postoperative rehabilitation, ensuring continuity of care throughout the patient journey. Dr. Hegde maintains a strong interest in academic neurosurgery and professional development. He has presented multiple papers and posters at national scientific meetings and was awarded the Best Poster Award at NSICON 2019 for his presentation on a rare embryonal tumour of the brainstem. His academic contributions reflect his engagement with rare neurosurgical pathologies, clinical research, and evidence-based surgical practice. He is a Life Member of leading professional organisations, including the Neurological Society of India, the Minimally Invasive Spine Surgeons Association of Bharat, and the Neurospinal Surgeons Association of India. His multilingual proficiency in English, Hindi, Kannada, Marathi, Gujarati, and Bengali enables effective communication with a diverse patient population and supports strong doctor-patient rapport. Dr. Harsha Hegde is known for his methodical surgical approach, clear patient communication, and commitment to continual skill enhancement. At Manipal Hospital Old Airport Road, he strives to combine advanced technology with compassionate care, aiming to minimise surgical morbidity while restoring function and quality of life

for patients with neurological and spinal disorders.

### **Fellowship & Membership**

- NSI (NEUROLOGICAL SOCIETY OF INDIA)

### **Field of Expertise**

- Neurotrauma
- Neuro-oncology
- Minimally invasive spinal surgeries

### **Languages Spoken**

- Hindi
- English
- Kannada

### **Awards & Achievements**

- Poster- A rare case of embryonal tumour of brainstem | NSI national conference Mumbai 2019.
- Paper- Case of brainstem non-medulloblastoma.

### **Talks & Publications**

- A comparative study between single Vs double layered bowel anastomosis in tertiary care hospital, Published in International Journal of current research and academic review, ISSN: 23472-3215, Volume 3, Number 5 (May 2015) pp 355-360.
- A clinical study on intestinal stomas at a tertiary care hospital,

Published in International Journal of current research and academic review, ISSN: 23472-3215, Volume 3, Number 5 (May 2015) pp 361-364.

- A comparative study of Tzanakis' score Vs Alvarado's score in effective diagnosis of acute appendicitis, Published in International journal of biomedical and advanced research, ISSN: 2229 -3809, 2016: 7(9): 418-420.
- A rare case of embryonal tumor of brainstem | NSI national conference Mumbai 2019.
- Case of brainstem non-medulloblastoma embryonal tumour, rare occurrence | BNA KEM Feb 2019.
- Case of posterior fossa solitary RCC metastasis, rare occurrence | BNA Bombay hospital March 2019.
- A rare case of parathyroid adenoma presenting with respiratory distress | ASICON December 2015 - Gurgaon.
- A comparative study of Tzanakis' score Vs Alvarado score in effective diagnosis of acute appendicitis | ASICON December 2015 - Gurgaon.