



## DR. PANKAJ SINGHAI

Consultant - Internal Medicine

### Qualification

MBBS | DNB (Gold Medal) | MNAMS (Internal Medicine), | Post doctoral Fellowship in Non-Invasive Cardiology & Critical Care, Post graduate Course in Diabetology - Boston University School of Medicine, | Post doctoral Diploma in Cardiac Emergencies in General Practice-Boston University School of Medicine

### Overview

As a renowned internist with high clinical expertise in diagnosing and managing infectious disorders, Dr Pankaj Singhai is a well-known authority in the area. He has dedicated his entire career to treating infectious infections, especially in subgroups with certain medical disorders, including HIV, obstructive sleep apnea, obesity, diabetes, or asthma. The therapy of essential hypertension, a subtle but significant risk factor for heart, brain, and renal problems, is another area of interest for Dr Singhai. He is an expert at treating patients suffering from persistent fevers with unknown causes. He is one of the most in-demand internists in the industry due to his broad knowledge and proficiency in various diseases that are not easily conferred. Dr Singhai is a multilingual doctor who speaks Hindi, English and Kannada quickly. This helps him connect with various patients and provide personalised care. He participates actively in the Indian Medical Association, the Association of Physicians of India, and the Cardiology Society of India, among other illustrious medical organisations. Dr Singhai has won various awards and laurels for his services to medicine during his medical career. He has shared his enormous knowledge and experience with other medical professionals as a European Society of Hypertension speaker. He has also received recognition for presentations of his quiz, paper, and poster at other national conferences. Dr. Singhai is the best internist in Bangalore. By publishing in national and international journals and giving guest talks at local conferences, Dr Singhai's work has also received recognition. As a result of his contributions to medicine, he is today a highly regarded and well-known doctor in internal medicine. Patients respect Dr Singhai not only for his knowledge but also for how he provides them with intensive care. He is renowned for his capacity to forge close bonds with his patients by taking the time to comprehend their particular wants and worries. Those who seek his knowledge frequently choose him because of his all-encompassing approach to medical treatment. The therapy of infections in particular subgroups is a speciality of Dr Pankaj Singhai, a specialist internist in infectious illnesses. Additionally, he has an extensive understanding of the diagnosis and treatment of essential hypertension and persistent fevers with unknown causes. Dr Singhai speaks multiple languages and actively participates in major medical organisations. He has won many honours and recognitions for his services to the medical industry. His patients admire his compassionate care philosophy, which has helped him become a well-known and respected doctor in his area.

### Fellowship & Membership

- Indian Medical Association
- Association of Physicians of India

- Cardiology Society of India

## Field of Expertise

- Dr. Pankaj Singhai is a leading Internist with clinical experience in diagnosis and treatment of Infectious diseases
- His specialization lies in management of infections in specific sub groups like Obesity, Obstructive Sleep Apnoea, Diabetes, Asthma and other immune compromised states like HIV, Hypertension is a silent killer and a very important risk factor for heart, brain and kidney disease
- Dr. Pankaj's area of expertise lies in diagnosis and management of essential hypertension and patients with prolonged fevers of undetermined origin

## Languages Spoken

- English
- Kannada
- Hindi

## Awards & Achievements

- Speaker at European Society of Hypertension
- Barcelona, awards for quiz, paper and poster presentations in various National conferences
- Publications in National and International journals, Guest lectures at Regional conferences

## Talks & Publications

- Know Your Body: Does the human body produce 3 pints of spit each day? - Dr. Pankaj Singhai, Consultant - Internal Medicine, Manipal Hospital Old Airport Road | Indian Express. [Click Here](#)