

DR. ABHILASH N

Associate Consultant - General Medicine

Qualification

MBBS | MD (General Medicine)

Overview

Dr. Abhilash N is a highly skilled physician in Mysuru with comprehensive expertise in internal medicine and acute care management. He is currently practising as an Associate Consultant – General Medicine at Manipal Hospitals Mysore, bringing over 5 years of clinical experience in managing a wide spectrum of adult medical conditions across outpatient, inpatient, and emergency settings. Dr. Abhilash N completed his MBBS from Adichunchanagiri Institute of Medical Sciences, Mandya, followed by an MD in General Medicine from Mysore Medical College and Research Institute, where he developed strong clinical foundations in internal medicine. He further pursued a DNB in General Medicine, along with additional training through the EULAR Online Course in Rheumatology and IAPC training in palliative care, reflecting his continued focus on both specialised and holistic patient care. In clinical practice, Dr. Abhilash N manages a broad range of general medical conditions, including infections, metabolic disorders, hypertension, diabetes, and multi-system illnesses. His approach is centred on detailed clinical evaluation, careful interpretation of investigations, and structured treatment planning.

This allows him to address both acute presentations and long-term disease management effectively, contributing to his recognition as one of the best general physicians in Mysuru for comprehensive medical care. A key area of his work involves chronic disease management, where he supports patients with conditions such as diabetes, cardiovascular risk factors, and lifestyle-related illnesses. He places emphasis on preventive strategies, patient education, and continuity of care, helping individuals maintain stable health and avoid complications over time. His consultations often integrate lifestyle guidance with medical therapy, ensuring a balanced and sustainable approach to treatment. Dr. Abhilash N is also experienced in emergency and acute care management, handling conditions that require prompt clinical decision-making and stabilisation. His procedural training includes central line placement, endotracheal intubation, paracentesis, pleurocentesis, and basic ultrasonography, enabling him to manage critically ill patients with efficiency and clinical precision. His training in palliative care further strengthens his ability to provide supportive and compassionate care for patients with chronic and advanced illnesses. He focuses on symptom relief, quality of life, and clear communication with patients and families, ensuring that care remains aligned with individual needs and clinical realities. This aspect of his practice adds depth to his role as one of the best general physicians in Mysuru for both curative and supportive care. Fluent in English, Kannada, and Hindi, he ensures that consultations are clear, accessible, and patient-focused. At Manipal Hospitals Mysore, Dr. Abhilash N offers structured, evidence-based medical care, combining clinical insight with practical decision-making to support patients across all stages of health and illness.

Fellowship & Membership

- EULAR Online Course in Rheumatology
- IAPC (Palliative Care Training)

Field of Expertise

- General Medicine
- Internal Medicine
- Chronic Disease Management
- Preventive Healthcare
- Critical Care Procedures
- Palliative Care
- Basic Ultrasonography
- Emergency & Acute Care Management

Languages Spoken

- English
- Kannada
- Hindi