



## **DR. SHIVANI S R**

Consultant - Dermatology

### **Qualification**

MBBS | MD (Dermatology, Venereology & Leprosy)

### **Overview**

Dr. Shivani S R is a refined and technically accomplished dermatologist in Mysuru with advanced expertise in aesthetic dermatology and dermatosurgical procedures. She is currently practising as a Consultant – Dermatology at Manipal Hospitals Mysore, bringing over 4 years of specialised dermatology experience spanning clinical dermatology, aesthetic medicine, and advanced skin procedures. Dr. Shivani completed her MBBS from JSS Medical College, followed by an MD in Dermatology, Venereology & Leprosy from Mysore Medical College and Research Institute, where she secured a position among the top ranks in the state. She further pursued a DNB in Dermatology, along with a Fellowship in Aesthetic Dermatology (FRGUHS), and advanced fellowships in facial aesthetics (Sweden), hair transplant surgery, and dermatosurgery with lasers and body contouring. Her academic journey reflects both depth and precision, strengthened by achievements such as State Rank 10 in MD Dermatology. In clinical practice, Dr. Shivani S R manages a broad range of skin, hair, and nail disorders, including acne, pigmentation, psoriasis, hair loss, and autoimmune dermatological conditions. Her diagnostic approach is

rooted in careful clinical assessment and dermoscopic evaluation, allowing her to deliver structured and individualised treatment plans. Her expertise in managing both routine and complex dermatological conditions contributes to her recognition as one of the best dermatologists in Mysuru for comprehensive skin care. Her work in aesthetic and cosmetic dermatology is particularly extensive. She performs advanced procedures including dermal fillers, botulinum toxin injections, thread lifts, and non-surgical facial contouring, combining anatomical precision with an aesthetic eye for natural outcomes. She is also proficient in energy-based technologies such as HIFU, radiofrequency, and laser systems, including Q-switched, fractional CO<sub>2</sub>, and diode lasers, used for skin rejuvenation, scar revision, pigmentation correction, and hair reduction. Dr. Shivani S R has considerable experience in combination therapies, integrating injectables with laser and biostimulator treatments such as exosomes and PDRN to achieve balanced and long-lasting results. Her approach is methodical, focusing on safety, proportion, and skin health rather than overt correction. This depth in aesthetic procedures further positions her among the best dermatologists in Mysuru for advanced cosmetic dermatology. In addition, she is trained in hair transplant surgery and trichoscopy, enabling her to evaluate and manage alopecia through both medical and surgical pathways. She has also performed vitiligo surgeries and dermatosurgical procedures, including biopsies, excisions, and scar revision techniques. Her academic contributions include published research in journals such as Clinical Dermatology Review and Journal of Cosmetic Dermatology, along with authored textbook chapters on skin anatomy and laser applications in hair disorders. She has actively presented award-winning papers and posters at national dermatology conferences, reflecting her engagement in evidence-based practice and continued learning. Fluent in English, Kannada, and Hindi, Dr. Shivani S R ensures clear, patient-focused communication during consultations, particularly when discussing aesthetic goals and treatment expectations. At Manipal

Hospital Mysore, she offers structured, detail-oriented dermatological care, combining clinical accuracy with advanced procedural expertise to deliver consistent and well-balanced outcomes.

### **Fellowship & Membership**

- Fellowship in Facial Aesthetics (Sweden)
- Fellowship in Hair Transplant Surgery
- Fellowship in Advanced Lasers, Body Contouring & Dermatosurgery
- FRGUHS (Aesthetic Dermatology)

### **Field of Expertise**

- Aesthetic Dermatology
- Cosmetic Dermatology
- Dermal Fillers & Botulinum Toxin (medical & cosmetic)
- Thread Lifts & Non-surgical Facial Contouring
- Laser Treatments (Ablative & Non-ablative)
- Hair Transplant Surgery & Trichoscopy
- Vitiligo Surgery
- Energy-Based Devices (HIFU, RF, Ultherapy)
- Skin Rejuvenation & Biostimulators
- General Dermatology (Skin, Hair & Nail disorders)

### **Languages Spoken**

- English
- Kannada
- Hindi

## Awards & Achievements

- Dr. D.S. Shivappa Gold Medal (Pharmacology – MBBS)
- AIR 160 – NEET PG 2019
- State Rank 10 – MD Dermatology (RGUHS)
- ICMR Short Term Studentship Award
- IADVL National Scholarship
- IADVL Scholarship Observership (2025)
- PG Appreciation Award
- Mysore Medical College Topper (MD Dermatology)

## Talks & Publications

- Lipoid Proteinosis case report - Clinical Dermatology Review (2024)
- Physics of Fractional MNRF - Journal of Cutaneous & Aesthetic Surgery
- SOP for Energy-Based Devices - Journal of Cosmetic Dermatology
- Anatomy, Physiology & Biochemistry of Skin
- Lasers in Androgenetic Alopecia
- MID DERMACON (Award Paper & Free Paper)
- CUTICON Karnataka (Free Paper & Posters)