

DR. SATHEESH RAO A K

Senior Consultant - Medical Gastroenterology & Hepatology

Qualification

DM (Medical Gastroenterology) | MD (General Medicine) | MBBS

Overview

Dr. Satheesh Rao A K is a highly skilled medical gastroenterologist in Mysuru. He is currently practising as a Consultant - Medical Gastroenterology & Hepatology at Manipal Hospitals Mysore, bringing over 18 years of extensive clinical expertise to the diagnosis, treatment, and long-term management of complex gastrointestinal, pancreatic, and liver disorders across both adult and paediatric populations. With a career built on strong academic training, advanced procedural competence, and a deeply patient-focused philosophy, Dr. Satheesh Rao is widely regarded as one of the best gastroenterologists in Mysuru for comprehensive and evidence-based digestive care. His practice reflects a rare blend of depth and versatility, spanning routine gastroenterology, advanced endoscopic interventions, chronic disease management, and specialised care for children with liver and gastrointestinal conditions. Dr. Rao’s academic journey has been marked by training at some of India’s most respected medical institutions. He completed his MBBS at Bellary, followed by an MD in General Medicine from Karnataka, Hubli. His super-speciality training in DM (Medical Gastroenterology) was undertaken at a Medical College

and a General Hospital, in Mumbai, one of the country's busiest tertiary referral centres. This rigorous training laid a strong foundation in managing complex gastroenterology cases, including high-risk hepatobiliary and pancreatic disorders. Further enhancing his subspecialty expertise, Dr. Satheesh Rao underwent focused training in GI manometry at the Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGI), Lucknow, under the mentorship of Dr. Uday Ghoshal, a nationally recognised authority in gastrointestinal motility disorders. This advanced exposure enables him to evaluate and manage complex functional GI conditions with a high degree of precision, particularly in patients with chronic abdominal pain, reflux disorders, and unexplained motility-related symptoms. At Manipal Hospitals Mysore, Dr. Rao's clinical practice encompasses the full spectrum of medical gastroenterology. He has a particular interest and expertise in pancreatic disorders, including acute and chronic pancreatitis, pancreatic insufficiency, and pancreato-biliary diseases. His work in inflammatory bowel disease (IBD), both Ulcerative Colitis and Crohn's Disease, focuses on long-term disease control, prevention of complications, and improving quality of life through individualised treatment strategies. A distinguishing aspect of Dr. Rao's practice is his focused involvement in paediatric gastroenterology within a medical gastroenterology framework. He is one of the few specialists in the region with significant experience in managing paediatric liver diseases and gastrointestinal disorders, providing continuity of care for children with chronic liver conditions, malabsorption syndromes, and inflammatory bowel disease. This makes him a trusted referral choice for families seeking the best gastroenterologist in Mysuru for both adult and child digestive health concerns. Dr. Satheesh Rao is also highly accomplished in advanced and interventional endoscopy. Over the course of his career, he has performed more than 3,000 diagnostic and therapeutic upper GI endoscopies and colonoscopies, demonstrating exceptional procedural expertise. His advanced endoscopic skill set includes diagnostic and therapeutic ERCP, capsule

endoscopy, and assisted procedures such as double balloon enteroscopy and endoscopic ultrasound (EUS). These capabilities allow for early diagnosis, minimally invasive intervention, and accurate staging of complex gastrointestinal conditions. In addition to procedural excellence, Dr. Rao places strong emphasis on preventive gastroenterology and long-term disease management. His approach prioritises accurate diagnosis through appropriate investigations, clear communication with patients and families, and structured follow-up plans that focus on sustained outcomes rather than short-term symptom relief. He works closely with multidisciplinary teams within Manipal Hospitals Mysore to manage complex cases, including patients requiring coordinated care before and after liver transplantation. Academically inclined, Dr. Rao has contributed to medical literature, including his publication “Approach to Jaundice” in the Karnataka Medical Journal. He remains committed to integrating current clinical guidelines, emerging research, and evolving gastroenterology protocols into everyday practice, ensuring patients benefit from up-to-date and scientifically sound care. Known for his calm demeanour, detailed consultations, and transparent counselling style, Dr. Satheesh Rao ensures patients fully understand their diagnosis, treatment options, and long-term care plans. His compassionate yet methodical approach has earned him the trust of patients seeking the best gastroenterologist in Mysuru for complex digestive, liver, and pancreatic disorders. Through his work at Manipal Hospitals Mysore, Dr. Satheesh Rao A K continues to set high standards in medical gastroenterology, combining advanced clinical expertise with thoughtful, personalised care aimed at improving both clinical outcomes and overall quality of life.

Field of Expertise

- Medical Gastroenterology
- Pancreatic disorders (acute and chronic pancreatitis, pancreatic

insufficiency)
- Inflammatory Bowel Disease (Ulcerative Colitis and Crohn's Disease)
- Liver diseases - viral hepatitis, fatty liver disease, cirrhosis
- Pediatric liver disorders
- Gastrointestinal bleeding
- Chronic abdominal pain, malabsorption syndromes
- Functional GI disorders
- Advanced & Interventional Endoscopy
- Dr. Rao has performed and assisted in a wide range of advanced endoscopic procedures, including:
- 3,000+ diagnostic and therapeutic Upper GI endoscopies and colonoscopies
- Diagnostic and therapeutic ERCP
- Capsule endoscopy
- Assisted Double Balloon Enteroscopy
- Assisted Endoscopic Ultrasound (EUS)
- Advanced interventional endoscopic procedures for complex GI conditions

Languages Spoken

- English
- Hindi
- Kannada

Awards & Achievements

- Recipient of the Best Thesis Award from the National Board of Examinations (NBE) for outstanding contribution to clinical research through postgraduate thesis work
- Best Paper Presentation Award at IOSICON, Jaipur

- Best Paper Presentation Award at the Real-World Evidence Conference, Vydehi, recognising practical impact in oncology research.

Talks & Publications

- Approach to Jaundice - Karnataka Medical Journal, July 2010
- Presented a paper at the Asian Pacific Digestive Week-2018 (APDW-2018) held recently at Seoul, South Korea.