

DR. DRISHYA APPACHU B

Associate Consultant - Internal Medicine

Qualification

MBBS | MD - General Medicine

Overview

Dr. Drishya Appachu B is an experienced internal medicine specialist in Mysuru. She's currently practising as an Associate Consultant - Internal Medicine at Manipal Hospital Mysuru. With a solid foundation in general medicine and a deep interest in endocrinology, infectious diseases, and palliative care, Dr. Drishya delivers evidence-based, patient-centred care across a wide range of acute and chronic medical conditions. She completed her MBBS from K.S. Hegde Medical Academy under NITTE University, Mangalore, in 2020. She later pursued her MD in General Medicine at the prestigious JSS Academy of Higher Education and Research, Mysore, where she honed her clinical reasoning and diagnostic skills. She gained comprehensive exposure to inpatient care, emergency medicine, and complex case management during her postgraduate training. Dr. Drishya's clinical interests include diabetology, thyroid disorders, hypertension, dyslipidaemia, and managing infectious, gastrointestinal, and respiratory diseases. She is also committed to preventive care and patient education, aiming to empower individuals in managing lifestyle-related illnesses through long-term support and personalised medical guidance. An emerging

academician, Dr. Drishya has several publications and conference presentations to her credit. Her research includes a study on thyroid function abnormalities in patients with HIV infection, which she has presented at KAPICON and submitted to indexed journals. Her published case report titled "When the Bleeder Bleeds and the Breather Strives – A Rare Manifestation of an Unrare Disease" and her accepted paper on ophidian venom and vascular events in the D.Y. Patil Journal highlight her dedication to uncovering rare clinical presentations. Her scientific curiosity is reflected in her multiple participations in state-level conferences, including KAPICON 2023 and 2024, where she presented both oral papers and posters. Fluent in English, Kannada, Hindi, Kodava, Malayalam, Tamil, and Tulu, Dr. Drishya connects seamlessly with a diverse patient population. Her approachable manner, clinical vigilance, and multilingual proficiency make her a trusted physician among patients from various backgrounds.

Field of Expertise

- Diabetes
- Hypertension
- Thyroid Disorders
- Dyslipidemia
- Infectious Diseases
- Respiratory Infections
- Gastrointestinal Infections

Languages Spoken

- English
- Kannada
- Hindi

- Kodava
- Malayalam
- Tamil

Talks & Publications

- Research Work - Thyroid function test abnormalities in patients with HIV infection.
- Publications: Accepted and published at the D.Y. Patil Journal (Scopus index) - When The Bleeder Bleeds and Breather Strives - A Rare Manifestation of an Unrare Disease
- Accepted and to be published at D.Y. Patil Journal - Ophidian Venom and Occlusive Vascular Event: A Case Report.
- Submitted - Thyroid function test abnormalities in patients with HIV infection to D.Y. Patil Journal (Scopus index) under peer review Paper presentations at state - level conferences: KAPICON, Ballari, 2023 - To study the impact of hypomagnesaemia levels at the time of admission on the outcome of patients with sepsis, and at KAPICON, Mandya, 2024 - Thyroid function test abnormalities in patients with HIV infection.