

DR. ANUDEEP TALAGAVADI CHANNAIAH

Consultant - Plastic Reconstructive And Cosmetic Surgery

Qualification

MBBS | M.S | M.Ch | DrNB

Overview

Dr. Anudeep T Channaiah is a highly respected and accomplished board-certified plastic and reconstructive surgeon, currently practising in the enchanting city of Mysuru. With a deep passion for his field, Dr. Anudeep is the founder of À La Mode Esthétique Studio in Mysore, where he offers a comprehensive range of aesthetic treatments and procedures. Dr. Anudeep serves as a Plastic, reconstructive and cosmetic surgery consultant at Manipal hospitals, further expanding his reach and impact on patient care in Mysore. His expertise and keen eye for detail have earned him the esteemed role of reviewer for the renowned Indian Journal of Plastic Surgery (IJPS), where he contributes his insights to the advancement of the field. He is one of the best plastic surgeons in Mysore. One of Dr. Anudeep's most notable contributions to the medical community is the development of the internationally recognized 'A La Mode Classification.' This ground-breaking classification system encompasses regenerative therapies and is a testament to his innovative thinking and commitment to pushing the boundaries of plastic and reconstructive surgery. With over a decade of teaching experience following his MBBS, Dr Anudeep

has honed his skills as an educator, sharing his vast knowledge and expertise with aspiring medical professionals. His specialisation lies in various transformative procedures, including Rhinoplasty, body contouring (Gynecomastia, liposuction), Cosmetic gynaecology, hair restoration, and a wide range of facial plastic surgeries. Dr. Anudeep's educational journey began at Mysore Medical College, where he completed his MBBS and MS in General Surgery. Driven by a thirst for knowledge and a desire to further his expertise, he pursued his doctorate (MCh) in plastic and reconstructive surgery in the bustling city of Mumbai. After completing his MCh, he further enhanced his skills by undertaking a DrNB program and a fellowship in stem cells, cosmetic gynaecology, and regenerative medicine in Delhi, broadening his understanding of the field. During his career, Dr. Anudeep has had the privilege of working at prestigious high-volume rhinoplasty and cosmetic surgery centres in Mumbai. These experiences provided him with invaluable opportunities to refine his techniques and enhance his surgical abilities, further solidifying his position as a leading expert in the field. Driven by a passion for research and innovation, Dr. Anudeep is currently pursuing a PhD in Hair Restoration and Adipose-Derived Stem Cells. His specific area of research focuses on the autologous use of fat for grafting, exploring new possibilities and advancements in the field of hair restoration. Dr. Anudeep T. Channaiah's unwavering dedication, exceptional skills, and commitment to patient care have earned him a well-deserved reputation as a leading plastic and reconstructive surgeon. With his extensive experience, profound knowledge, and relentless pursuit of excellence, Dr. Anudeep continues to shape the field of plastic surgery, transforming lives and instilling confidence in his patients.

Fellowship & Membership

- Fellowship in Regenerative Medicine

Field of Expertise

- Rhinoplasty
- Fat Grafting
- BOTOX, Fillers and Threads
- Body contouring (Gynecomastia, Liposuction, Abdominoplasty)
- Facial Aesthetic Surgeries
- Non- Surgical Facial Rejuvenation
- Hair Restoration
- Cosmetic Breast Surgeries (Breast augmentation and reduction)
- Cosmetic Gynecology
- Diabetic Foot Care

Languages Spoken

- Kannada
- English
- Hindi
- Marathi

Awards & Achievements

- Dr. Anudeep T Channaiah has been the recipient of numerous prestigious awards and accolades throughout his illustrious career, highlighting his exceptional contributions to the medical field. One of his most notable achievements is the creation of the groundbreaking 'A La Mode Classification.' This international classification of regenerative therapies bears his trademark 'A La Mode' and has garnered widespread recognition and acclaim for its innovative approach.

- In recognition of his outstanding skills and dedication, Dr. Anudeep was bestowed with the esteemed title of 'The Best Resident (Super Specialty)' at Topiwala National Medical College, Mumbai, on the momentous occasion of the institution's 102nd foundation day. This award serves as a testament to his exemplary performance and expertise in his field.
- Furthermore, Dr. Anudeep's commitment to excellence was exemplified by his remarkable accomplishment of securing a silver medal in the Maharashtra University of Health Sciences MCh (Plastic and Reconstructive Surgery) exams. This recognition not only showcases his academic prowess but also highlights his dedication to the pursuit of knowledge and mastery of his craft.
- The accolades bestowed upon Dr. Anudeep extend beyond his academic achievements. At the 33rd Annual State Conference, Karnataka State Chapter ASICON 2015, he was honoured with the prestigious 'The Best Poster' award. His exceptional ability to present and communicate complex concepts and research findings was recognized and celebrated at this prominent gathering of medical professionals.
- In addition, Dr. Anudeep's passion for research and contributions to the scientific community was acknowledged at the 4th International Conference of Medical Students' Research, MEDICON-2011, held in Mumbai. His paper was distinguished with the 'The Best Paper' award, signifying the high calibre of his research and the impact it had on the field.
- Furthermore, his unwavering commitment to serving the community during challenging times was recognized with the 'Lexicon COVID Star award. This esteemed accolade was presented to him for his exceptional contributions and dedication to providing care and support during the COVID-19 pandemic in Mumbai.

- Dr. Anudeep T Channaiah's impressive collection of awards reflects not only his remarkable accomplishments but also his unwavering commitment to excellence, research, and patient care. These accolades serve as a testament to his exceptional skills, passion, and significant contributions to the medical field.

Talks & Publications

- Advancing Regenerative Cellular Therapies in Non-Scarring Alopecia. Pharmaceutics 2022
- Surgical Management Of Gynecomastia By Four-Plane Tumescent Subcutaneous Mastectomy (TSM)". International Journal Of Medical Reviews And Case Reports
- Considerations in Choosing the Right Device for Intraoperative Video Recording in Plastic Surgery. Plast Reconstr Surg. 2022 Jan 1
- Fostering mesenchymal stem cell therapy to halt cytokine storm in COVID-19. Biochim Biophys Acta Mol Basis Dis. 2021 Feb 1
- Placenta-derived mesenchymal stem cells (P-MSCs) for COVID-19 pneumonia-a regenerative dogma. Stem Cell Investig. 2021 Feb
- Platelet lysate for COVID-19 pneumonia-a newer adjunctive therapeutic avenue. Stem Cell Investig. 2021 Jun 8
- A Step Toward Optimizing Regenerative Medicine Principle to Combat COVID-19. Annals Of The National Academy Of Medical Sciences
- Bracing NK cell-based therapy to relegate pulmonary inflammation in COVID-19. Heliyon. 2021 Jul
- BCG Vaccination: A Beacon Of Hope With A Word Of Caution – An Overview On The Current Consensus In nCOVID-19. International Journal of Medical Science and Clinical Invention

- A Wonder Drug in the Arsenal against COVID-19: Medication Evidence from Ivermectin. Journal of Advances in Medicine and Medical Research.
- Current Consensus on Drugs and Biologics against nCOVID-19 – A Systematic Review. International Journal Of Current Research And Review
- Vitamin-D an Immune Shield Against nCOVID-19. International Journal Of Current Research And Review.
- Mesenchymal Stem Cells (MSCs) as a Novel Therapeutic Option for nCOVID-19—A Review. Open Journal Of Regenerative Medicine
- Convalescent Plasma as a Plausible Therapeutic Option in nCOVID-19 – A Review". J Clin Trials
- Contributed Cadaveric dissection images for an online chapter by RL Thatte "The anatomical basis of treatment for the effects of total injuries to brachial plexus which appear for treatment more than one year after the original injury
- GUEST LECTURES
- Fat is the Future" in 'TMOA CME on Orthobiologics' held at Madras Medical College, Chennai.
- Plastic surgery- A problem-solving science" in 'LEXIMEET-Medical students empowerment summit' held at Kokilaben Dhirubhai Ambani Hospital and research institute, Navi Mumbai
- Clinical Photography and Illustrations" in 'KSC-ASICON 2022'- A state-level conference held at Vighnana Bhavan, Mysore
- "Clinical anatomy of facial nerve" in "Instructional course in plastic surgery: Module 1 – Head and Neck", a national level teaching program held at Mumbai
- PRESENTATIONS
- Presented a Video (Co-authored with Dr Ravin L Thatte) titled "Poets and Potters- The Evolution of Flaps" in the Plenary session of the 56th annual conference of the Association of plastic surgeons of India APSICON 2022 at Amritsar.

- “Postage stamp technique of dorsal hump reduction” at APSICON 2022, Amritsar.
- “Versatility of Free MSAP in reconstruction” at APSICON 2022, Amritsar.
- [An innovative technique of dorsal hump reduction” in the Bimonthly Plastic Surgery meeting held at TNMC and BYL Nair Charitable Hospital, Mumbai.
- “Free MSAP in reconstruction” in the Bimonthly Plastic Surgery meeting held at TNMC and BYL Nair Charitable Hospital, Mumbai.
- “Pattern of In-patient referral” in the 4th International Conference of medical students’ Research MEDICON-2011 at Mumbai.
- “Laparoscopy Simulator is no more a costly affair- An affordable lap. Sim” at KSC- ASICON 2015, Mysore.
- Can ultrasound of thyroid be used as a tool to predict malignancy?” at ASICON 2016, Mysore.
- “Clinical and Bacteriological Profile of Abdominal Surgical Site Infections” at ASICON 2016, Mysore.
- “Laparoscopy Simulator- Do it yourself” at KSC ASICON 2015, Mysore.