

DR. SHAHEEN AKHTAR

Consultant - Obstetrics And Gynecology

Qualification

MBBS | MS (Obstetrics and Gynaecology) | DNB (Obstetrics and Gynaecology) | MRCOG (UK) | Member of Royal College of Obstetricians and Gynecologist

Overview

Dr. Shaheen Akhtar is a highly skilled OBG specialist in Mysuru. She is currently practicing as a Consultant - Obstetrics & Gynaecology at Manipal Hospital, Mysuru. Dr. Akhtar holds extensive expertise in managing high-risk pregnancies, providing infertility treatments, and performing minimally invasive laparoscopic surgeries. Dr. Akhtar completed her MBBS at Jawaharlal Nehru Medical College in Belgaum, Karnataka, followed by an M.S. in Obstetrics & Gynaecology from Bangalore Medical College & Research Institute, Bangalore. She is also a Diplomate of the National Board (DNB) in Obstetrics & Gynaecology, awarded by the National Board of Examinations in New Delhi. Her education reflects her strong foundation in reproductive health, making her well-equipped to address complex obstetric and gynecological issues. Additionally, Dr. Akhtar is a member of the prestigious Royal College of Obstetricians and Gynaecologists (MRCOG), demonstrating her commitment to maintaining global standards of care. With over a decade of experience, Dr. Akhtar is proficient in managing a wide array of gynecological and obstetric conditions. She specializes in treating

infertility, counseling on preconception care, managing adolescent health issues, and providing comprehensive care for menopausal women. Her surgical expertise includes performing laparoscopic day-care surgeries and cancer screenings, making her a versatile provider in her field. Dr. Akhtar's commitment to quality care extends beyond direct treatment. She is actively involved in patient counseling, especially for high-risk pregnancies, and offers guidance on contraception options tailored to each patient's health and family planning goals. Her work in adolescent health emphasizes early intervention and preventive care to support young women's reproductive health. Dr. Akhtar's approach is deeply patient-centric, focusing on personalized care strategies for each individual she treats. Dr. Akhtar's dedication to professional growth is evident from her participation in specialized courses and workshops, such as her training in laparoscopy at Paul's Hospital, Kochi, and in clinical reproductive medicine and infertility at Baby Science Hospital, Bangalore. She continuously updates her skills to stay aligned with advancements in reproductive health. Dr. Akhtar communicates fluently in English, Kannada, and Hindi, enabling her to provide accessible and compassionate care to a broad patient population. Her ability to engage with patients in their preferred language fosters trust and enhances the overall treatment experience for families.

Fellowship & Membership

- Clinical reproductive medicine and infertility - Baby Science Hospital, Bangalore-2021.
- Laparoscopy course at Paul's Hospital, Kochi 2021.

Field of Expertise

- Master in Obstetrics & Gynecology with 12 years of experience

- Member of Royal College of Obstetricians and Gynecologists
- Obstetrician
- High Risk Pregnancies
- Infertility specialist
- Laparoscopic surgeon
- Preconception counselling
- Adolescent health
- High risk pregnancy care
- Infertility treatment
- Contraception counselling
- Laparoscopic day care surgery
- Cancer screening
- Menopausal health care

Languages Spoken

- Kannada
- English
- Hindi

Awards & Achievements

- Distinction in II MBBS in exams conducted by Rajiv Gandhi University of Health Sciences, Bangalore.
- Gold Medal in Surgery in MBBS final exams conducted by Rajiv Gandhi University of Health Sciences, Bangalore.
- Attended Laparoscopy workshop by IAGE at Bangalore - Sep 2022.

Talks & Publications

- A correlative study of association of ovarian changes assessed by Transvaginal Sonography with clinical & endocrine changes of PCOS – Dissertation done under guidance of Dr. Indukala - M.S (OBG). RGUHS-2010.