

DR. UPENDRA SHENOY

Consultant - Cardiothoracic and Vascular Surgery

Qualification

MS JNMC Belgaum | DNB DNB Board New Delhi | MCh SJIC Bangalore

Overview

Dr. Upendra Shenoy is an experienced cardiovascular surgeon in Mysuru. He is currently practising as a Consultant - Cardiothoracic and Vascular Surgery at Manipal Hospital Mysuru. With over 20 years of expertise in advanced cardiac and vascular surgeries, Dr. Shenoy is highly regarded for his commitment to excellence in cardiovascular care. Dr. Shenoy's educational background is extensive. He completed his MBBS at Madras Medical College, Chennai, followed by an MS in General Surgery from JN Medical College, Belgaum, Karnataka. Additionally, he holds a DNB in General Surgery from the National Board, New Delhi, and an MCh in Cardio-Thoracic and Vascular Surgery from Sri Jayadeva Institute of Cardiology, Bangalore. His expertise was further honed through a fellowship at the prestigious Royal Prince Alfred Hospital in Sydney, Australia. Dr. Shenoy specializes in a wide range of cardiac procedures, including coronary artery bypass surgery, valve repairs and replacements, and treatment for congenital heart diseases in adults and children. His extensive experience in coronary artery bypass surgery has led him to adopt advanced techniques, particularly in off-pump coronary artery bypass grafting (OPCAB),

which minimizes the risks associated with traditional open-heart procedures. In addition to his surgical skills, Dr. Shenoy is committed to preventive care in cardiovascular health. He actively educates patients on managing risk factors such as hypertension, diabetes, and lifestyle choices that impact heart health. He emphasizes early intervention to prevent cardiovascular complications, which reflects his patient-centric approach to long-term care. Dr. Shenoy's dedication to preventive care helps him instill confidence in his patients, providing them with the knowledge to take proactive steps toward better health. Dr. Shenoy is actively involved in research and professional development within his field. He has presented numerous papers, including studies on coronary artery bypass surgery outcomes in diabetic and non-diabetic patients, mitral valve repair, and carotid artery endarterectomy. His academic contributions have earned him recognition, including two best paper awards at state conferences in Karnataka. As a member of the Indian Association of Cardiac Surgeons and other professional organizations, Dr. Shenoy stays updated on the latest advancements in cardiac and vascular surgery. He is fluent in English, Kannada, and Hindi, which allows him to connect effectively with a diverse patient population. His linguistic skills enhance his ability to communicate complex medical information clearly and build trusting relationships with patients and their families.

Field of Expertise

- 20 Years

Languages Spoken

- English
- Kannada
- Hindi

Talks & Publications

- 31 PMRS characteristics of intracranial tuberculomas and their resolution. Paper presented in 9th annual conference of Indian Society of Neuro Radiology in Guwahati Nov 2006.
- Mysuru Organ Donation Day.Click Here
- Cardiovascular diseases are one of the leading causes for premature deaths.Click Here